



Practicum Seminar II

Week 10 for SOWK 591

Agenda

Plan for week 10

SLED: Critical Thinking

Mindfulness Activity

Practice Learning

Reflection Group

Learning Objectives

- Students consider critical thinking and its application to practice.
- Students will actively practice a mindfulness activity.
- Students will recognize peers' shared experiences in their practicum and use the group as a method for sharing and problem-solving.

Critical Thinking

Student **LEd** Discussion

YOGA ed.

embody • empower • educate

Chair Yoga For Slowing Down | 10 Minute Kids Yoga Class with Yoga Ed. | Ages 3-12 - YouTube

<https://youtu.be/Pbhr0TMmg9I?si=6s6vIQ2Mpjj7VE6b>

Midterm Feedback

SOWK 591

Did Not Submit

5



Only 2 for SOWK 596,
so no report available

Submitted Feedback

7

Things You Are All Learning

Positive

- Student-led discussions
- Opportunities to share about experiences
- Hearing other experiences
- Mindfulness activities

Constructive

“More of an open-discussion/investigation on how we can assist our clients with a dilemma at their practicum. Similar to a brainstorming meeting, where we just throw out ideas on how to assist our classmates.”

- “I’m able to learn about myself”
- “I can advocate for myself when needed.”
- “That I can get through this lol.”
- “I’ve learned that I like to participate in discussions.”
- “To be more open and sociable with my classmates. Ask important questions and be more intentional about what I want to know or get help with.”

Practice Learning Reflection Group

Group Check-in Question:

Share briefly about a positive/negative interaction with a client.

Practicum Discussion:

- Discuss things going on at your practicums.
- Explore client needs and group problem-solving.
- Share about the work you are doing with your clients.

Group Norms

- We will be respectful of each other
- We will approach our dialog with an open mind
- We will engage and fully participate
- We will keep our client's information confidential