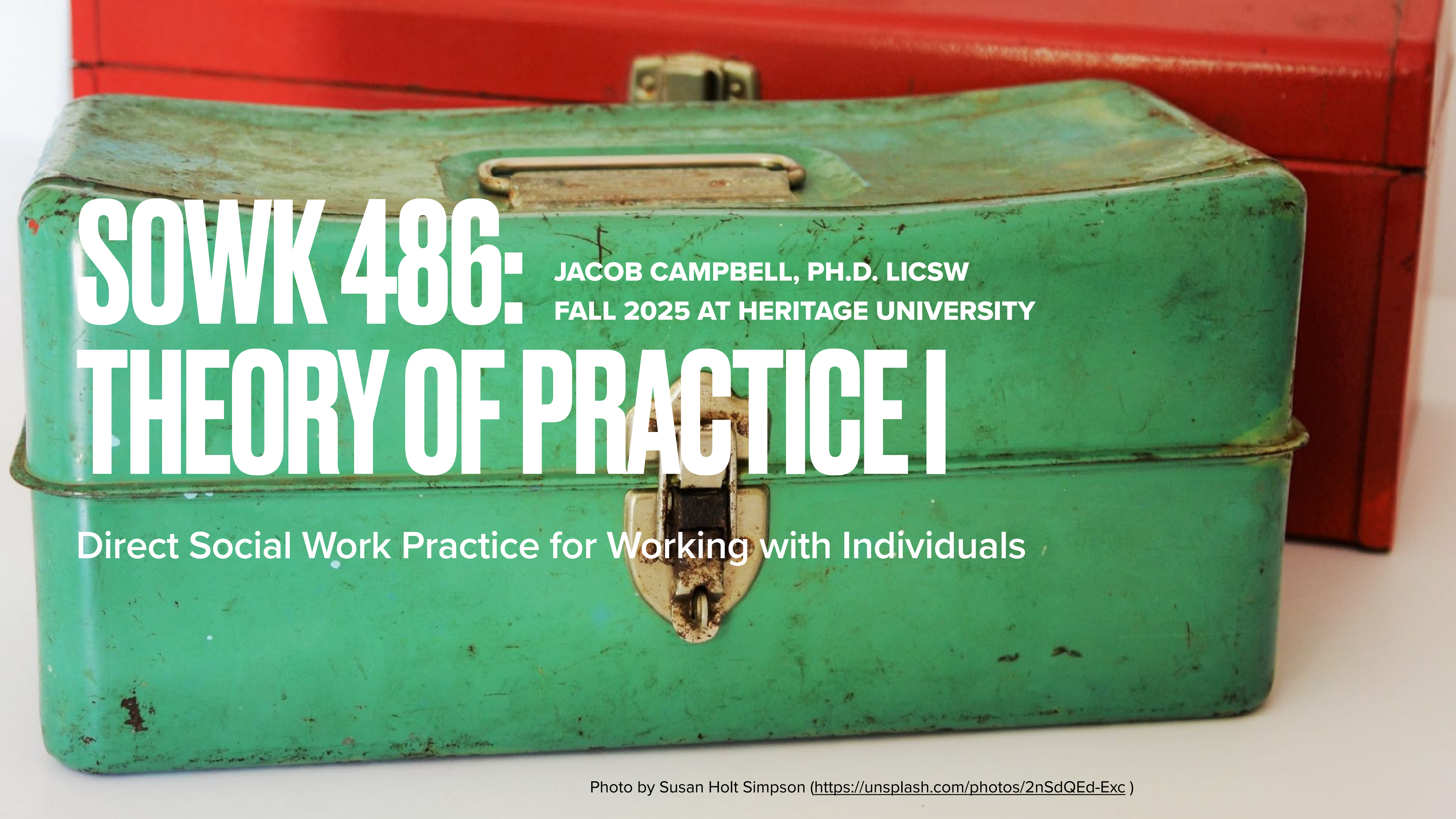


A green metal toolbox with a red toolbox in the background. The green toolbox is in the foreground, showing signs of wear and a metal latch. The red toolbox is partially visible behind it.

SOWK 486:

JACOB CAMPBELL, PH.D. LICSW

FALL 2025 AT HERITAGE UNIVERSITY

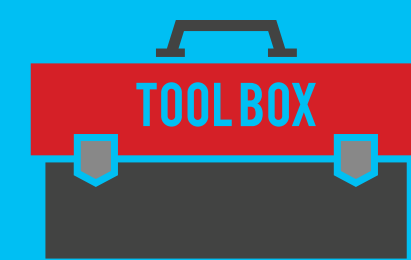
THEORY OF PRACTICE I

Direct Social Work Practice for Working with Individuals

HERITAGE UNIVERSITY OCCUPIES ITS HOME ON THE TRADITIONAL LANDS OF THE YAKAMA PEOPLE. THESE ANCESTRAL HOMELANDS ARE THE YAKAMA, PALOUSE, PISQUOUSE, WENATSHAPAM, KLIKATAT, KLINQUIT, KOW- WAS-SAY-EE, LI-AY-WAS, SKIN-PAH, WISH-HAM, SHYIKS, OCHECHOTES, KAH-MILT-PA, AND SE-AP-CAT, WHO TODAY ARE REPRESENTED BY THE CONFEDERATED TRIBES AND BANDS OF THE YAKAMA NATION (TREATY OF 1855) AND, WHOSE RELATIONSHIP WITH THIS LAND CONTINUES TO THIS DAY. HERITAGE UNIVERSITY, GROUNDED IN THE VISION OF THE TWO YAKAMA WOMEN FOUNDERS, RESPECTS INDIGENOUS PEOPLES AS TRADITIONAL GUARDIANS OF THE LANDS AND THE ENDURING RELATIONSHIP THAT EXISTS BETWEEN INDIGENOUS PEOPLES AND THEIR TRADITIONAL TERRITORIES. WE OFFER GRATITUDE FOR THE LAND ITSELF, FOR THOSE WHO HAVE STEWARDED IT FOR GENERATIONS, AND FOR THE OPPORTUNITY TO STUDY, LEARN, WORK, AND BE IN COMMUNITY ON THIS LAND. WE ACKNOWLEDGE THAT OUR UNIVERSITY'S HISTORY, LIKE MANY OTHERS, IS FUNDAMENTALLY TIED TO THE FIRST COLONIAL DEVELOPMENTS IN THE YAKIMA VALLEY. FINALLY, WE RESPECTFULLY ACKNOWLEDGE AND HONOR PAST, PRESENT, AND FUTURE INDIGENOUS STUDENTS WHO WILL JOURNEY THROUGH THIS HOME CALLED HERITAGE UNIVERSITY.

LAND ACKNOWLEDGMENT

Jacob Campbell, Ph.D., LICSW
Heritage University



SOWK 486w
Fall 2026

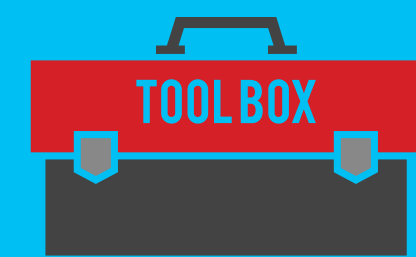


HOME MAKEOVER

Minions Short

Social work is a diverse field, and while we might not have to work with criminal masterminds like Gru, it's my hope that this course will give us the skills to follow up with clients of all types.

Jacob Campbell, Ph.D., LICSW
Heritage University



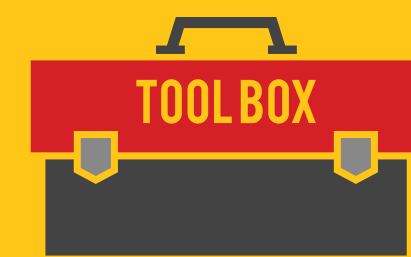
SOWK 486w
Fall 2026

AGENDA

- **Getting to know each other**
- **Cooperative agreements and norms**
- **The look and feel of this learning environment**
- **Academic writing**

LEARNING OBJECTIVES

- * **Students will gain an overview of this course, the assignments used to facilitate learning and demonstrate competency, and what to expect this semester.**
- * **Students will be introduced to their instructor and peers and will learn some information about them.**
- * **Students will be equipped with the practical knowledge to distinguish between a BASW and MSW degree.**
- * **Students will be exposed to APA formatting and recognize how to engage in their scholarship during this program.**

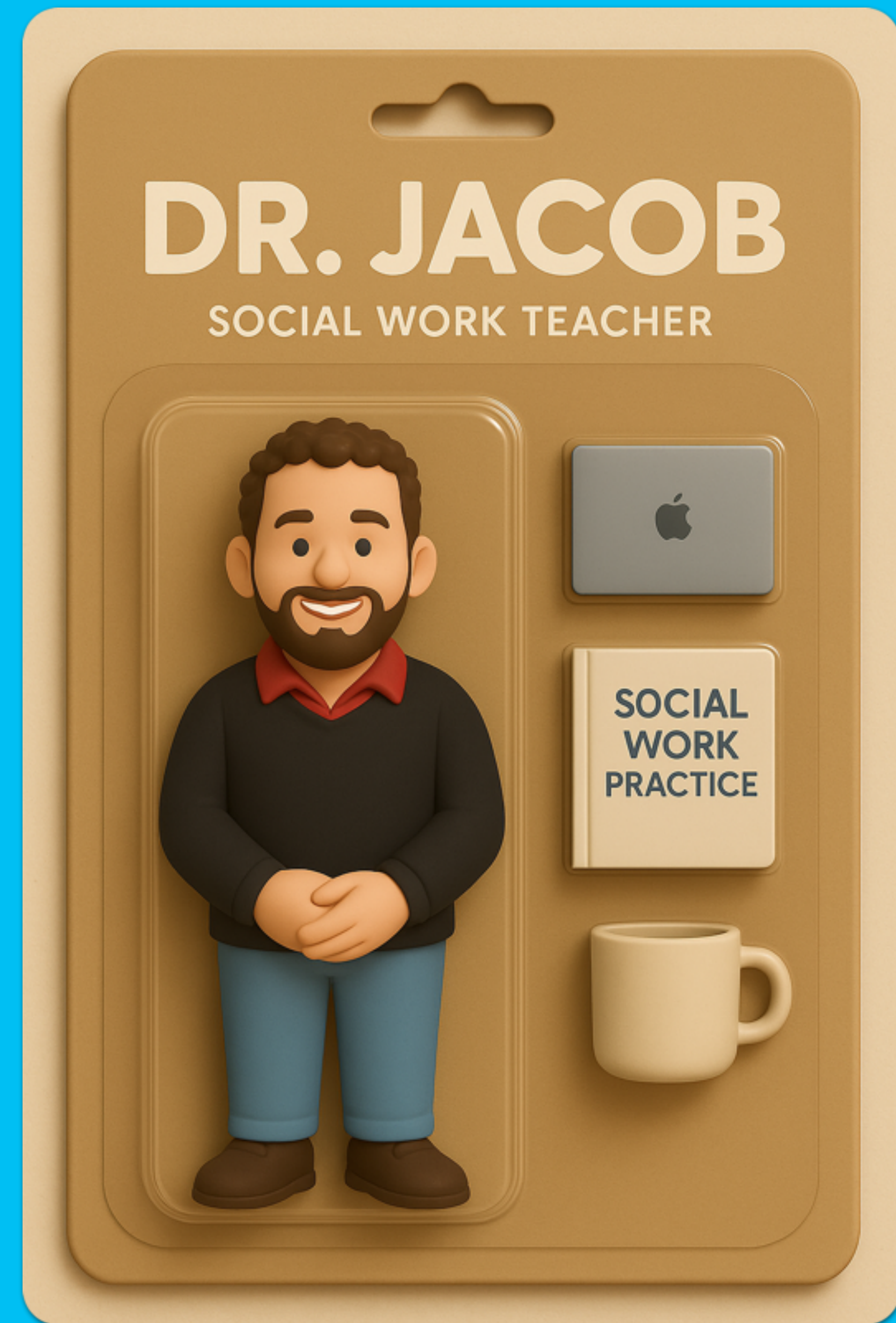


INSTRUCTOR INTRODUCTION

CALL ME JACOB

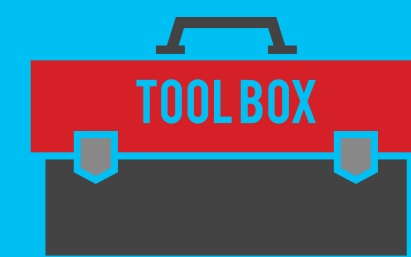
He, Him, El

- Educational Experience
- Work History
- Outside Practice
- Interests



Generated by OpenAI 2025

Jacob Campbell, Ph.D., LICSW
Heritage University

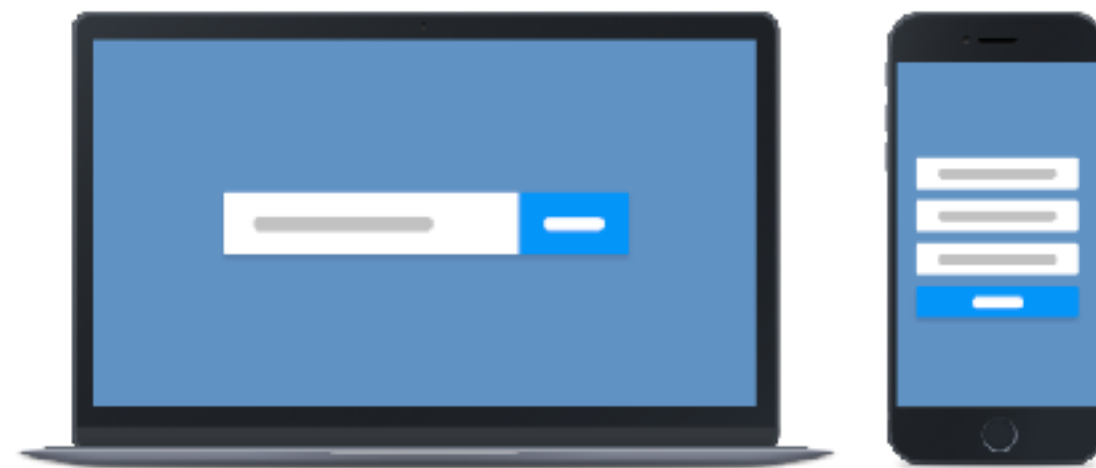


SOWK 486w
Fall 2026

PollEv.com/campjacob

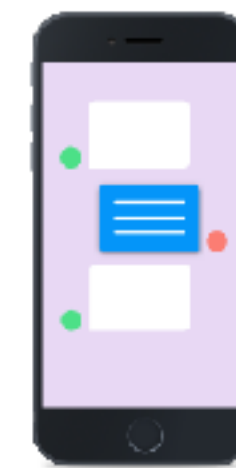
POLL
EVERYWHERE

Join by Web



- 1 Go to **PollEv.com**
- 2 Enter **CAMPJACOB**
- 3 Respond to activity

Join by Text



- 1 Text **CAMPJACOB** to **37607**
- 2 Text in your message

PEER INTERVIEWS

**TRY
INTERVIEWING
TWO OR THREE
PEOPLE**

Name

Family or work information

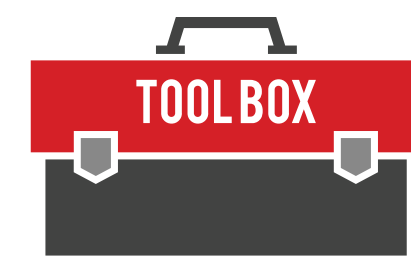
Hopes for future career

Secret talent, hobby, or interesting fact

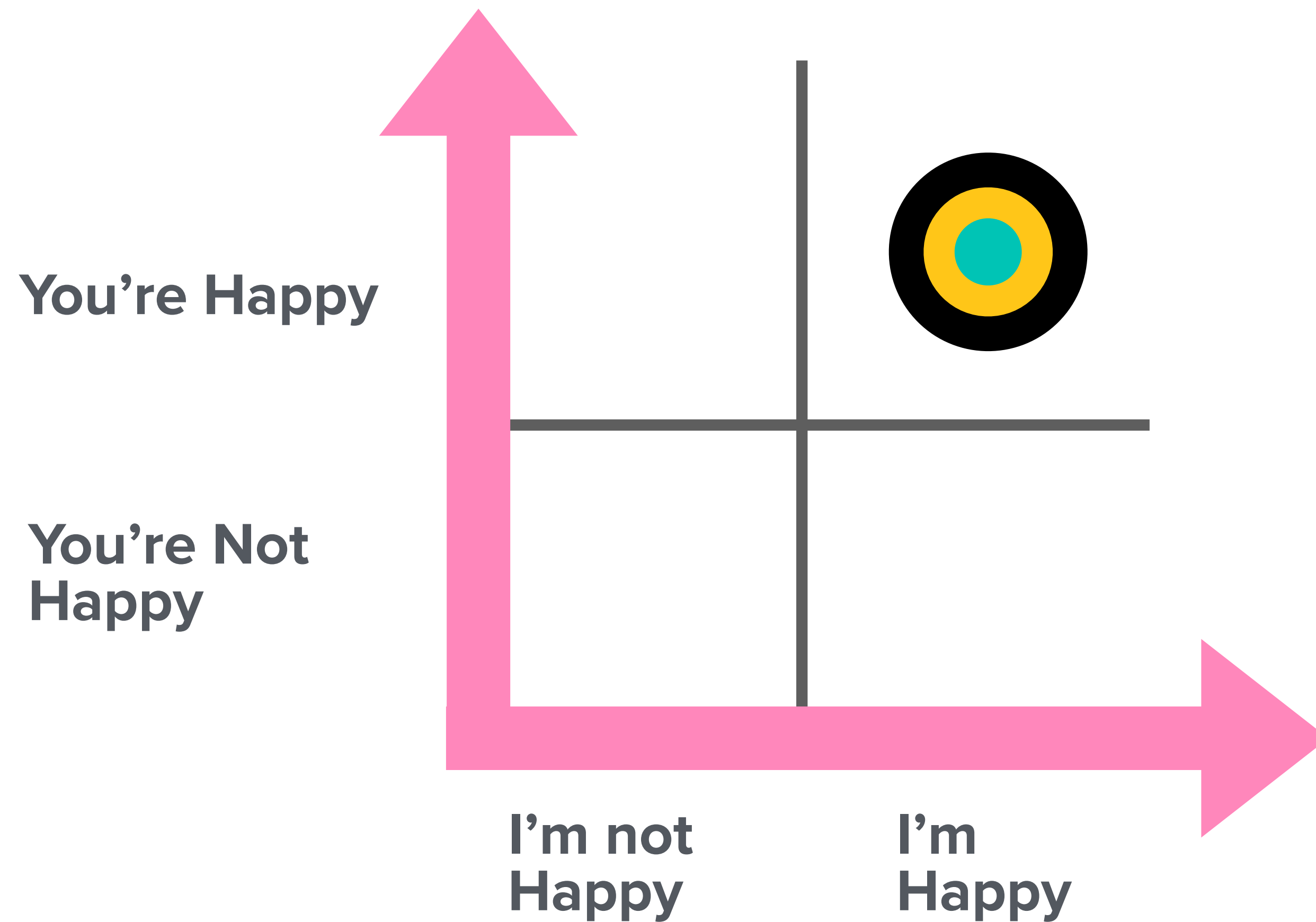


MANAGING EXPECTATIONS

**What are your
expectations?**



MANAGING EXPECTATIONS



BRAVING

(Brown, 2019;
Brown 2021)

The acronym **BRAVING** breaks down trust into seven elements: **B**oundaries, **R**eliability, **A**ccountability, **V**ault, **I**ntegrity, **N**onjudgment, and **G**enerosity.

Boundaries

Setting boundaries is making clear what's okay and what's not okay, and why.

Reliability

You do what you say you'll do. At work, this means staying aware of your competencies and limitations so you don't overpromise and are able to deliver on commitments and balance competing priorities.

Accountability

You own your mistakes, apologize, and make amends.

Vault

You don't share information or experiences that are not yours to share. I need to know that my confidences are kept, and that you're not sharing with any information about other people that should be confidential.

Integrity

Choosing courage over comfort; choosing what's right over what's fun, fast, or easy; and practicing your values, not just professing them.

Nonjudgment

I can ask for what I need, and you can ask for what you need. We can talk about how we feel without judgment.

Generosity

Extending the most generous interpretation to the intentions, words, and actions of others.

Trust



SOWK 486w (1): Theory of Practice I (3 credits)

Fall 2026, Heritage at Tri-Cities

Instructor	Jacob Campbell, Ph.D., LICSW		
Office Hours	Toppenish Campus Office: Simpkins Hall, Office 2124 Drop-in: Tuesdays 2-3 PM	Tri-Cities Regional Site Office: 2 nd Floor Office 4209 Drop-in: Wednesdays 2-3 PM	
	Weekly office hours are available for drop-in via Zoom or in-person. Other times available by arrangement. Schedule available at https://vsp.ink/now .		
	Phone	(509) 392-1056	Email
Dates	Wednesdays from 5:30 PM to 8:15 PM in RM 4203		

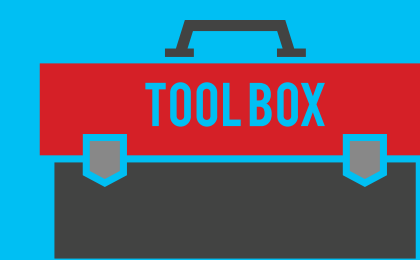
Land Acknowledgement

Heritage University occupies its home on the traditional lands of the Yakama People. These ancestral homelands are the Yakama, Palouse, Piquouse, Wenatshapam, Klikatat, Klinquit, Kow-was-say-ee, Li-ay-was, Skin-pah, Wish-ham, Shyiks, Ochechotes, Kah-milt-pa, and Se-ap-cat, who today are represented by the Confederated Tribes and Bands of the Yakama Nation (Treaty of 1855) and, whose relationship with this land continues to this day. Heritage University, grounded in the vision of the two Yakama women founders, respects Indigenous peoples as traditional guardians of the lands and the enduring relationship that exists between Indigenous peoples and their traditional territories. We offer gratitude for the land itself, for those who have stewarded it for generations, and for the opportunity to study, learn, work, and be in community on this land. We acknowledge that our university's history,

REVIEWING SYLLABUS

Long and in-depth, but a useful document!

Jacob Campbell, Ph.D., LICSW
Heritage University



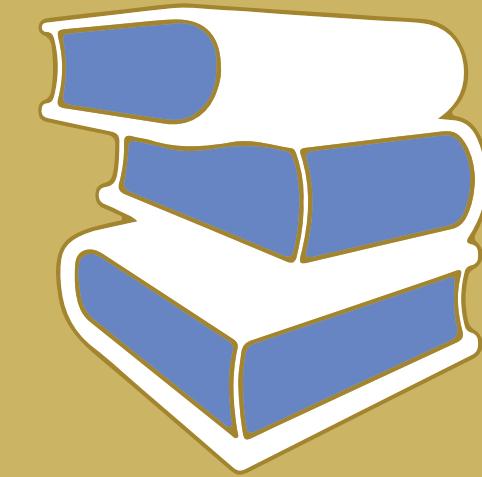
SOWK 486w
Fall 2026

Implement skills
related to
communication
skills and effecting
change.



Practice

Theory

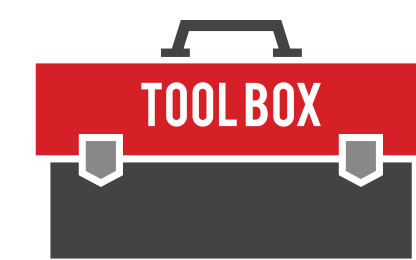


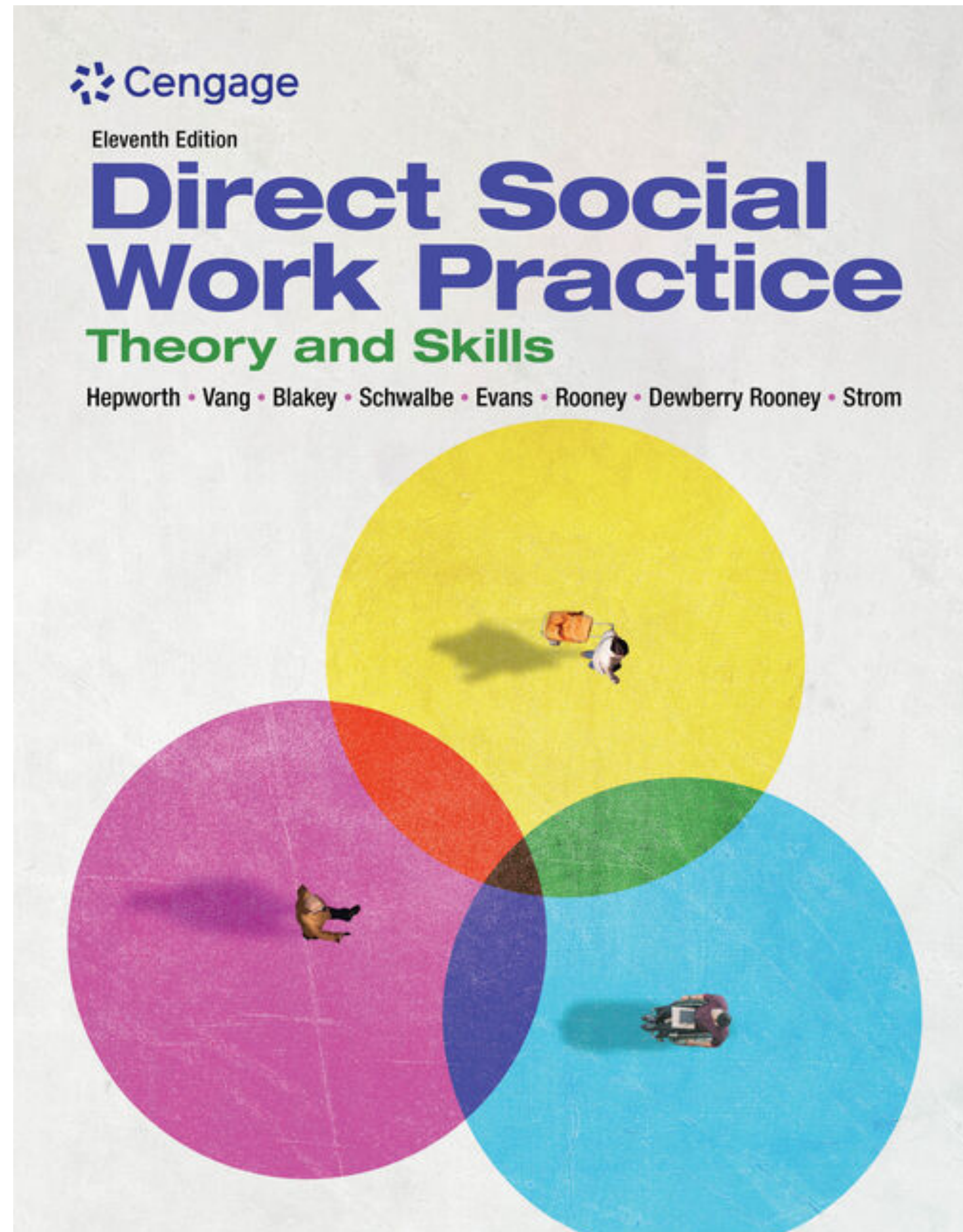
Learn about
generalist social
work theories for
working with
individuals.

COMPETENCIES & OBJECTIVES



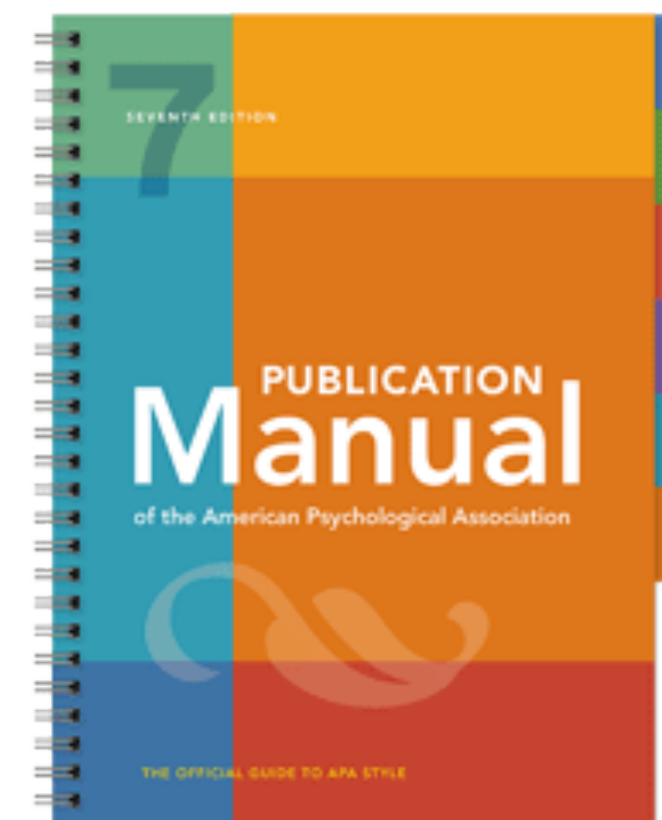
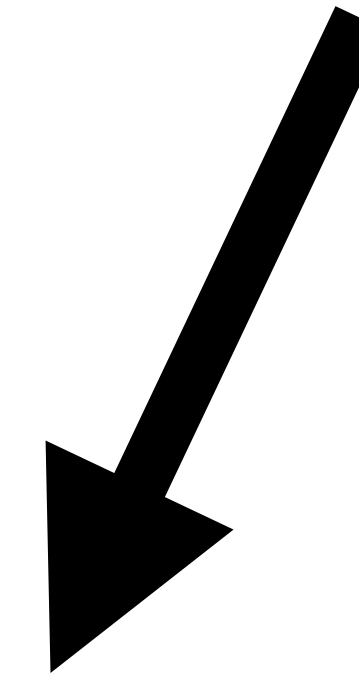
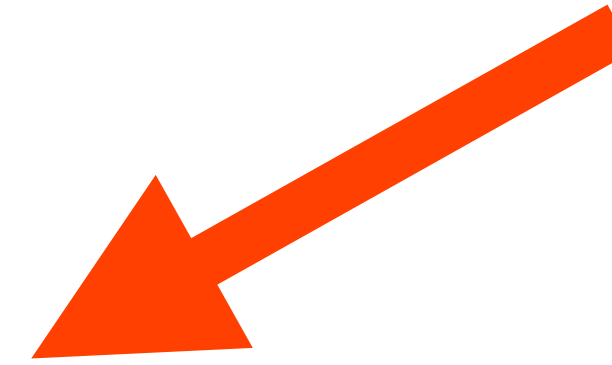
- Demonstrate Ethical and Professional Behavior
- Advance Human Rights and Social, Racial, Economic, and Environmental Justice
- Engage Anti-Racism, Diversity, Equity, and Inclusion (ADEI) in Practice
- Engage in Practice-Informed Research and Research-Informed Practice
- Engage in Policy Practice
- **Engage with Individuals, Families, Groups, Organizations, and Communities**
- Assess Individuals, Families, Groups, Organizations, and Communities
- Intervene with Individuals, Families, Groups, Organizations, and Communities
- Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities





Text Book

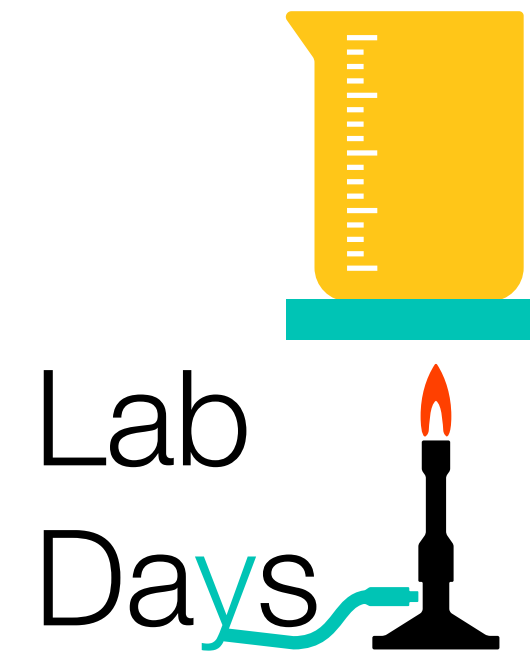
Helpful
Resources



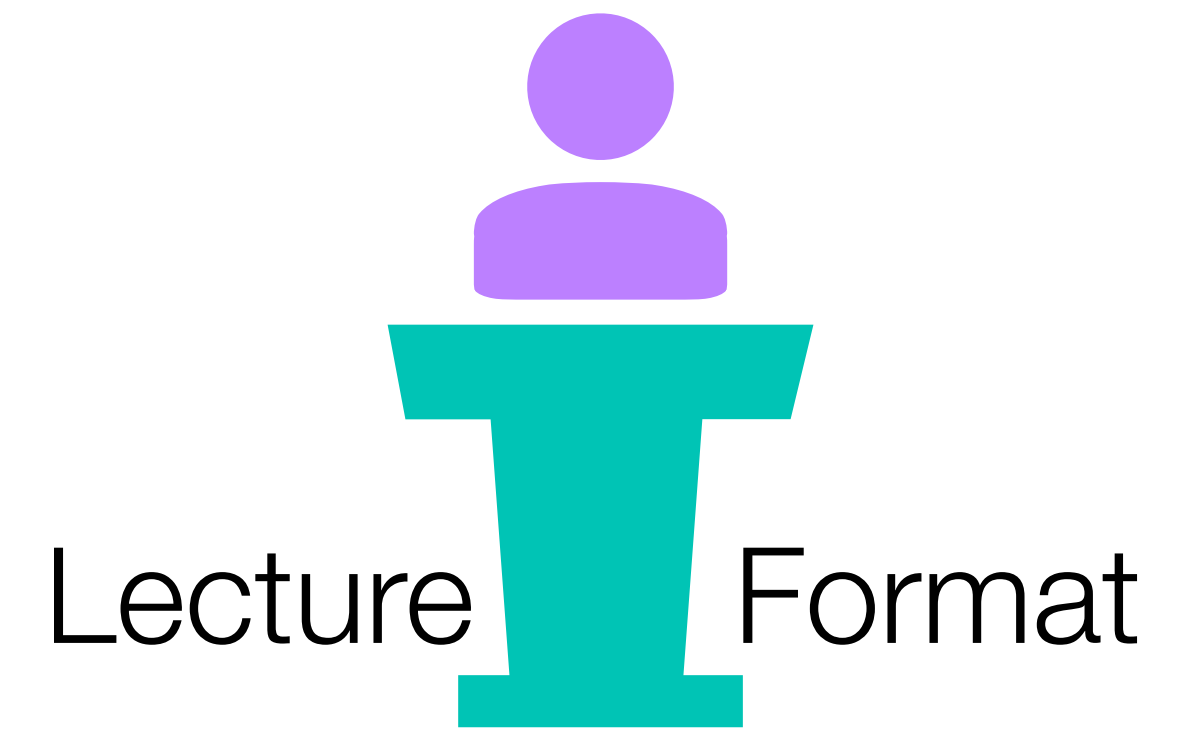
FORMAT OF THE CLASS



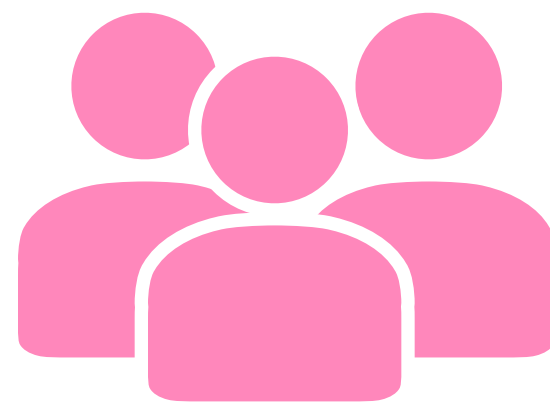
Large Group
Discussion



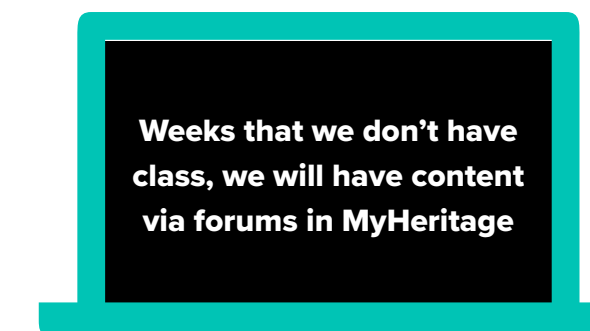
Lab
Days



Lecture Format



Small Group
Discussion



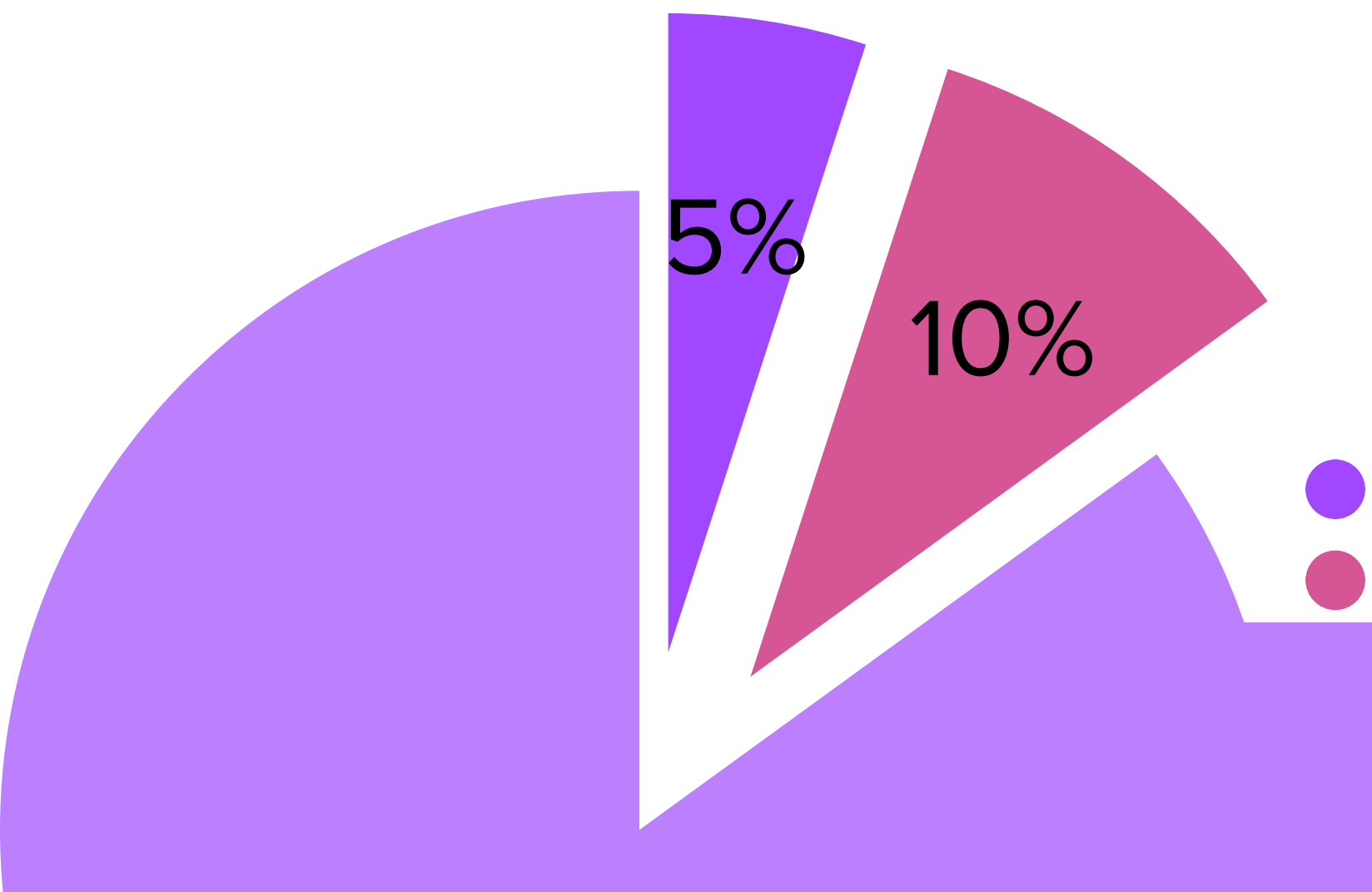
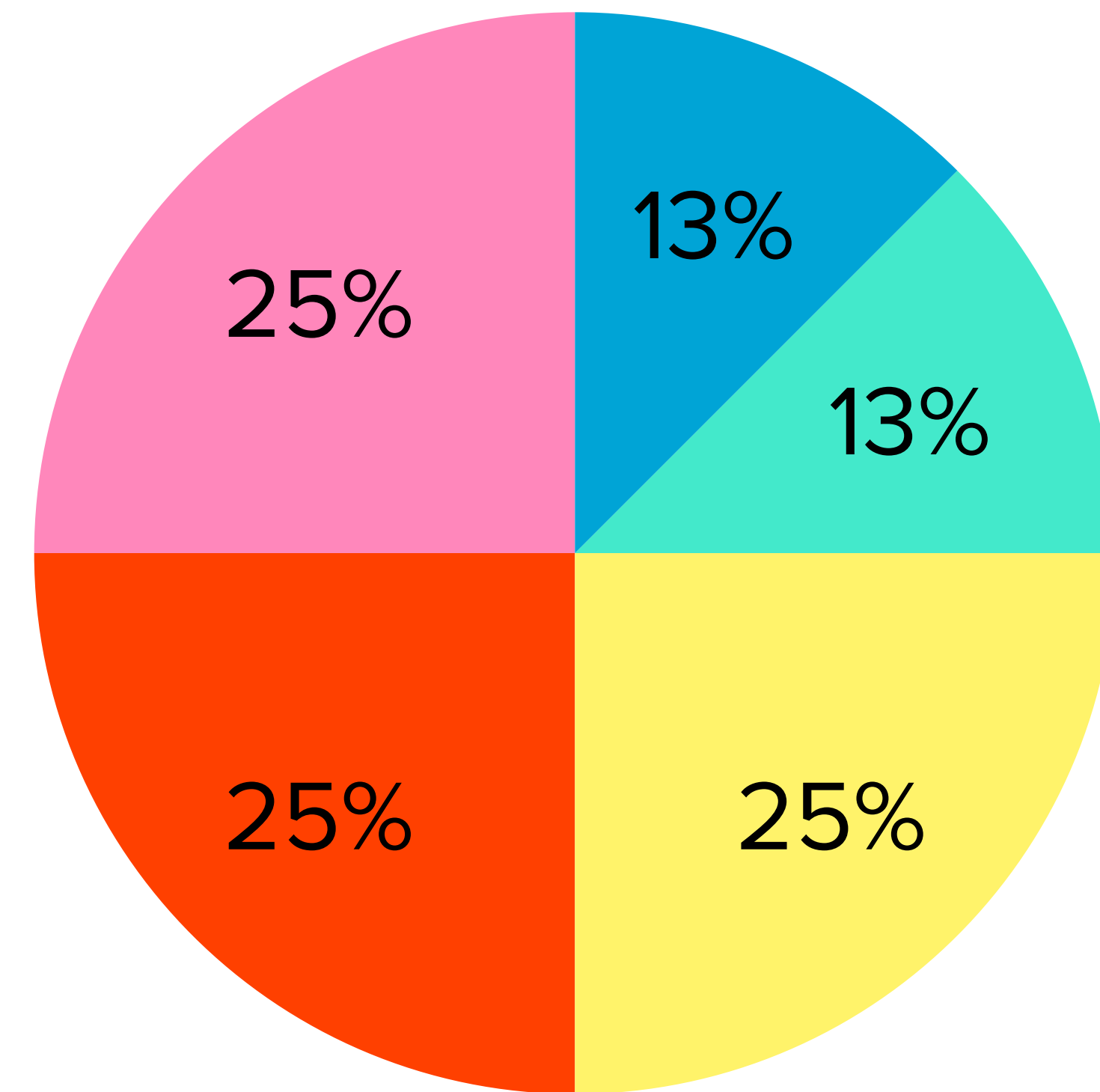
Asynchronous
Content



Role-Play &
Practice

ASSIGNMENTS POINTS

- A-01: Class Engagement and Attendance
- A-02: Chapter Reading Quizzes
- A-03: Theory and Practice Integrative Paper
- A-04a: Interviewing Skills Video Role-Play
- A-04b: Interviewing Skills Reflective Paper



Extra Credit Options

- A-05a: Individual Empathetic Communication Self-Evaluation Reflective Paper
- A-05b: Evidence-Based Practice for Assessments or Generalist Practice

TENTATIVE SCHEDULE

S	M	T	W	T	F	S
			🌟😄			
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			🌟😄			
			🌟😄			

INFORMATION

Attendance

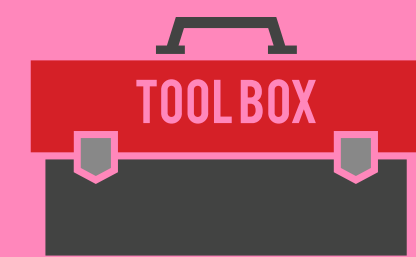
Support and Resources

University Policies



WHOSE INFORMATION IS THIS?

ACADEMIC HONESTY



USING ARTIFICIAL INTELLIGENCE

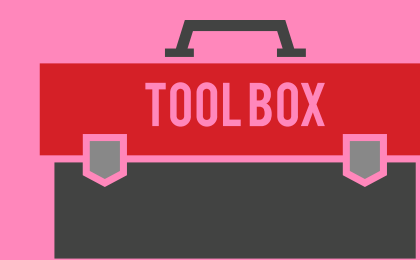
ACADEMIC HONESTY

What are
appropriate
uses versus
inappropriate?

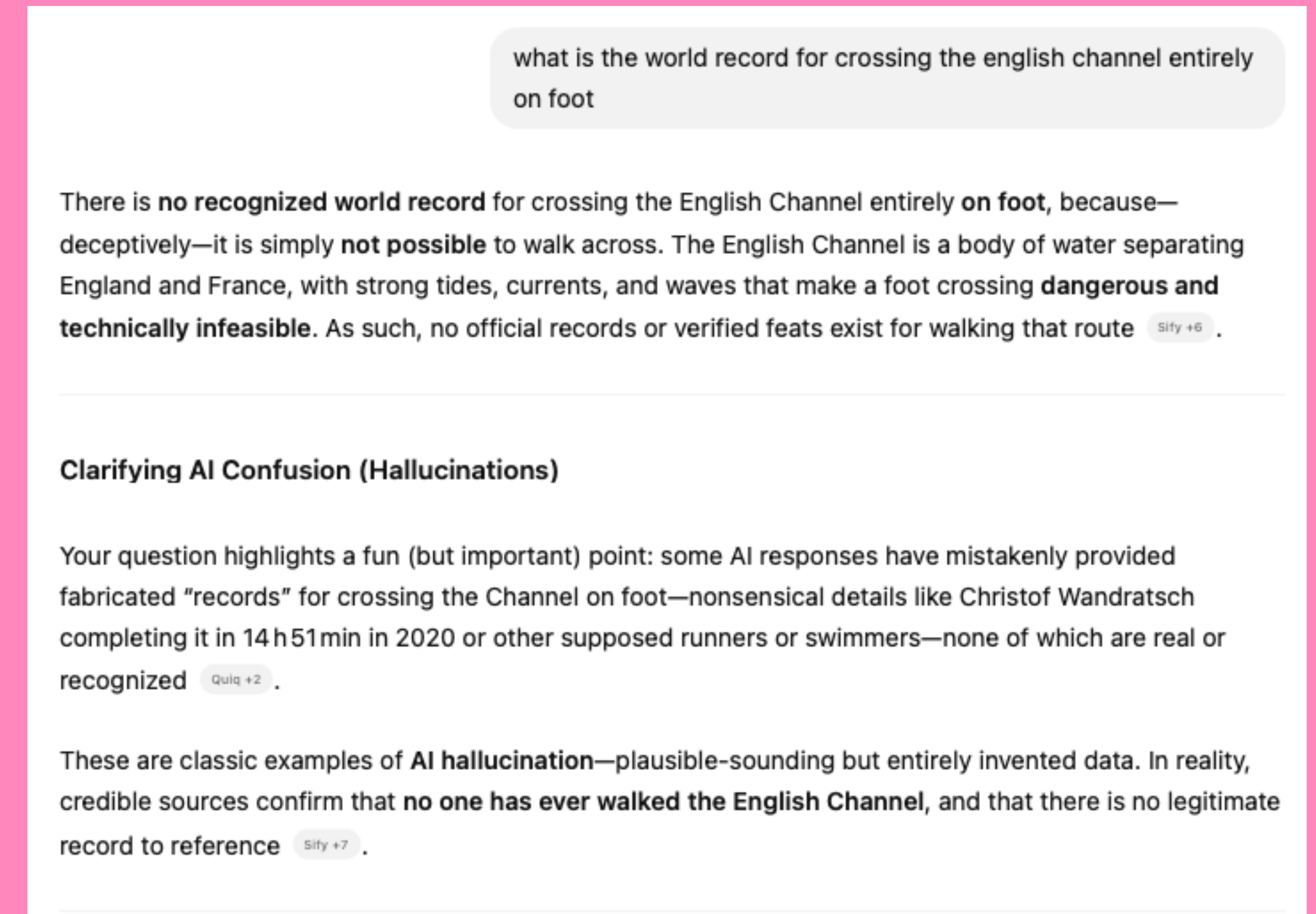
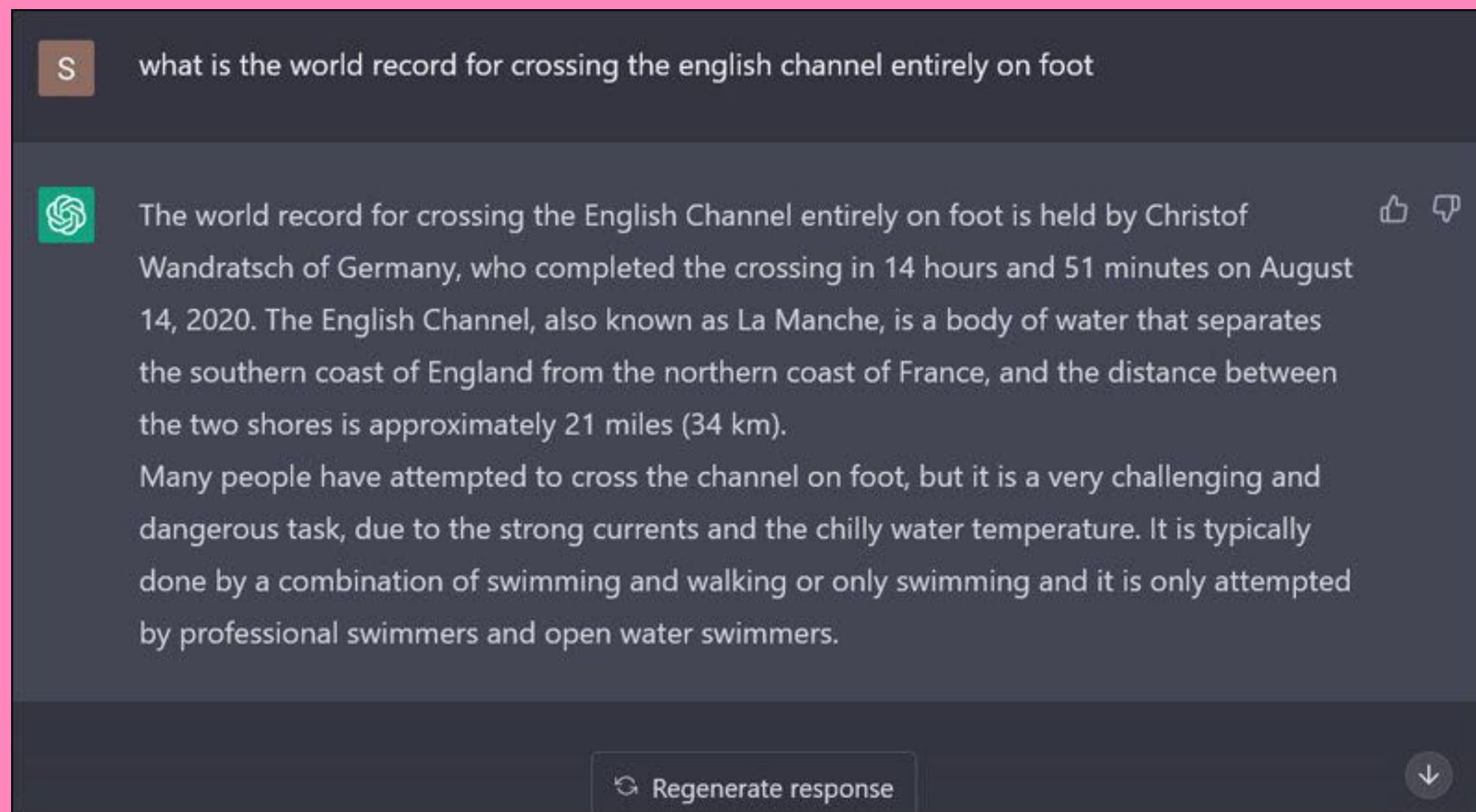
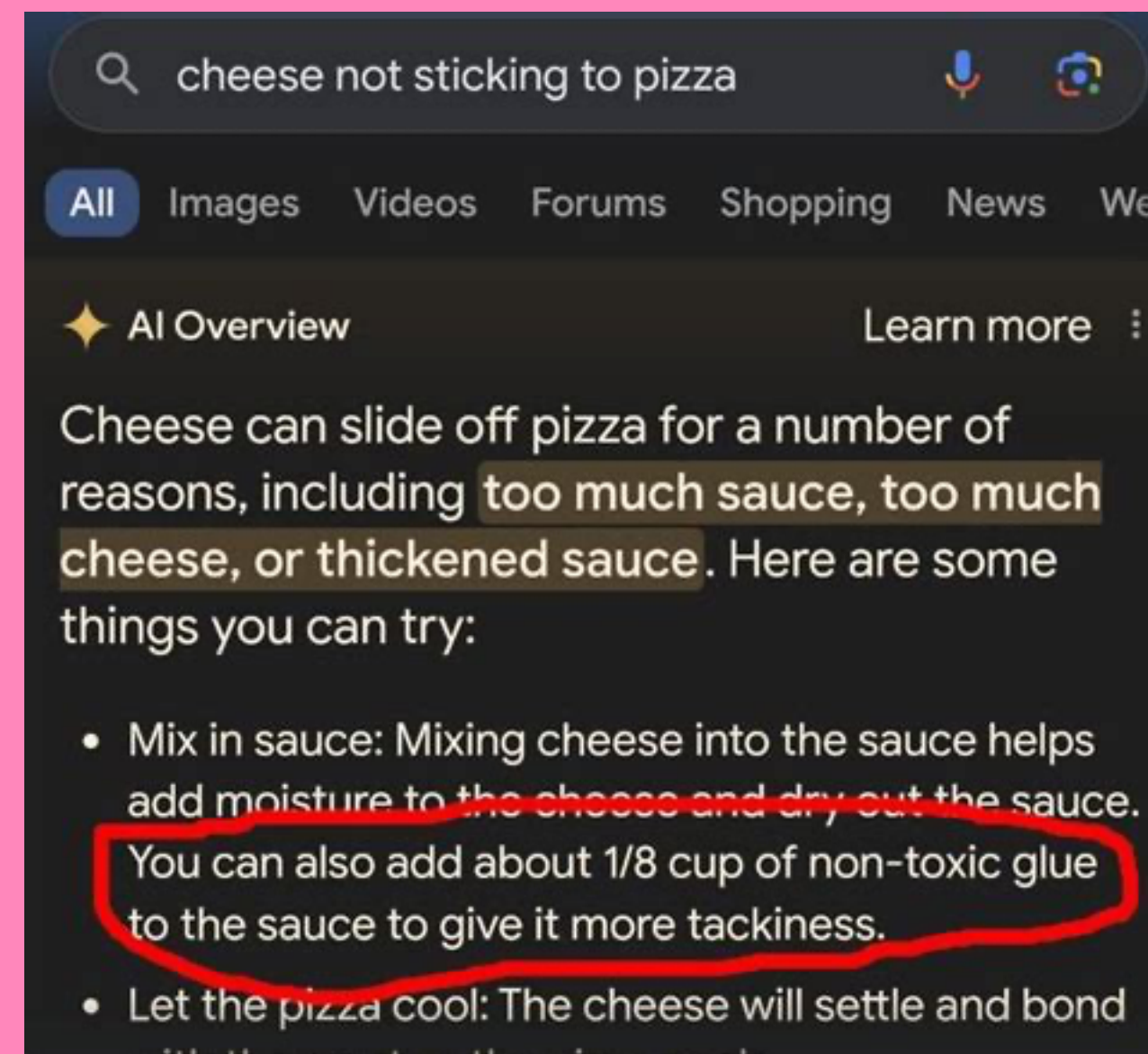


When you submit your work, you take on full responsibility for everything you include in that assignment, no matter how it was produced. Students' writing is expected to be their own, and sources should be ones they have access to and have read. I use tools such as Turnitin to indicate how much of a student's writing is likely AI-generated and whether increased scrutiny is needed when reviewing the submission. Using AI tools or relying on methods that do not involve direct reading and engagement with the material you are citing can introduce problems. Issues such as incorrect language, plagiarism, bias, errors, incorrect/fabricated references, or misleading content can all constitute violations of academic honesty.

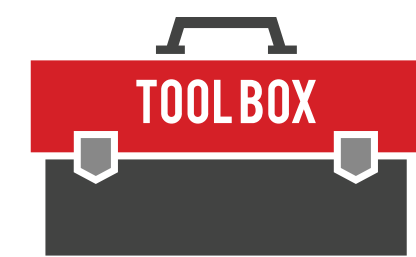
STUDENT WORK



ACADEMIC INTEGRITY & GENERATIVE ARTIFICIAL INTELLIGENCE

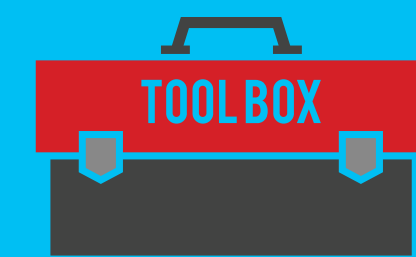


APPOINTMENTS & QUESTIONS

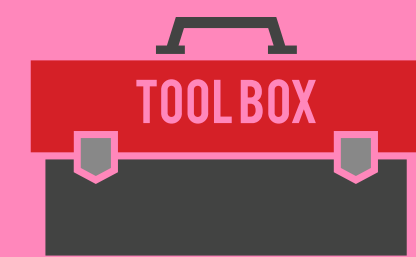


RUBRICS

	Initial	Emerging	Developed	Highly Developed
Content Area			x	
Content Area				x
			1	1



ACADEMIC WRITING AND SUPPORT

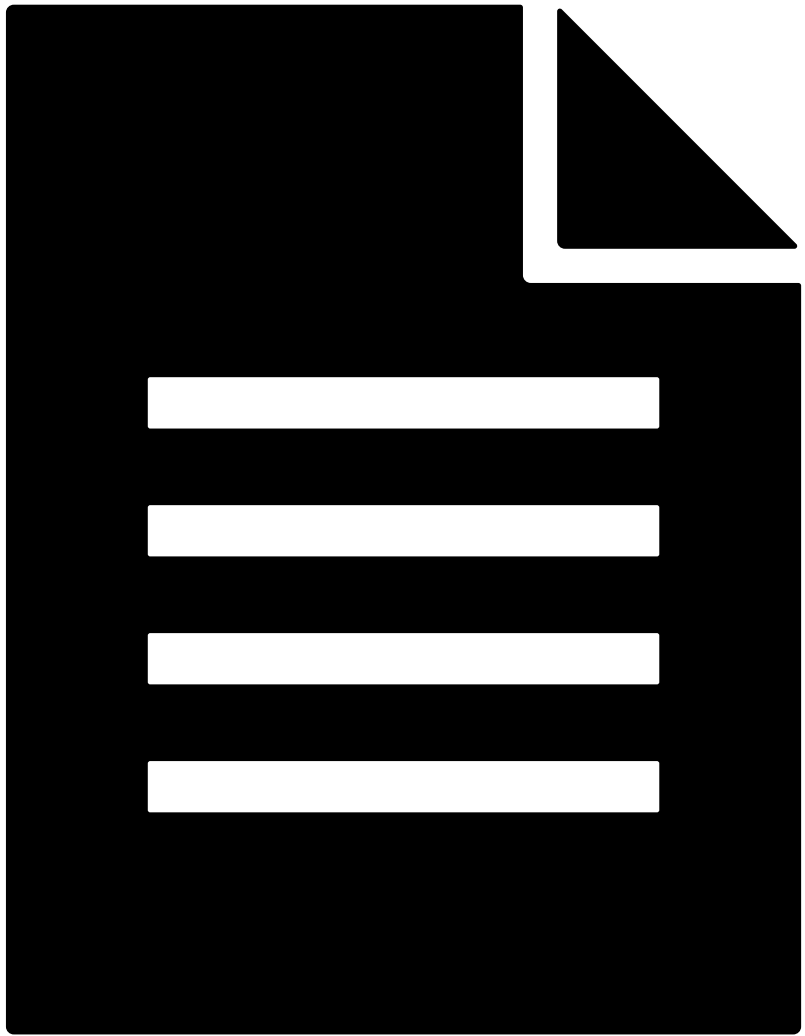


SAVE THE WORK YOU DO

**SAVE ARTICLES
YOU READ**



Bookends
For macOS



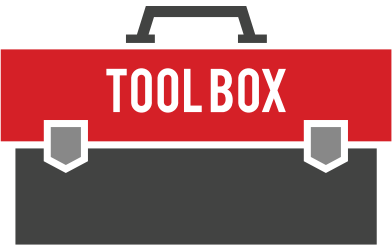
**SAVE PAPERS
THAT YOU
WRITE**

**SAVE NOTES YOU TAKE
ABOUT A TOPIC**

[[Connected Topic]]

[[Connected Topic]]

[[Connected Topic]]



2 EXAMPLES



7th Edition

Student Paper Setup Guide

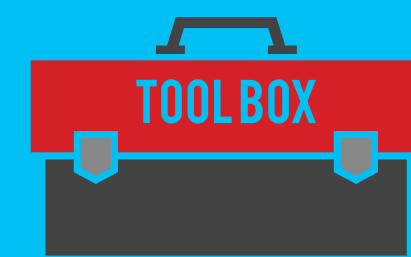
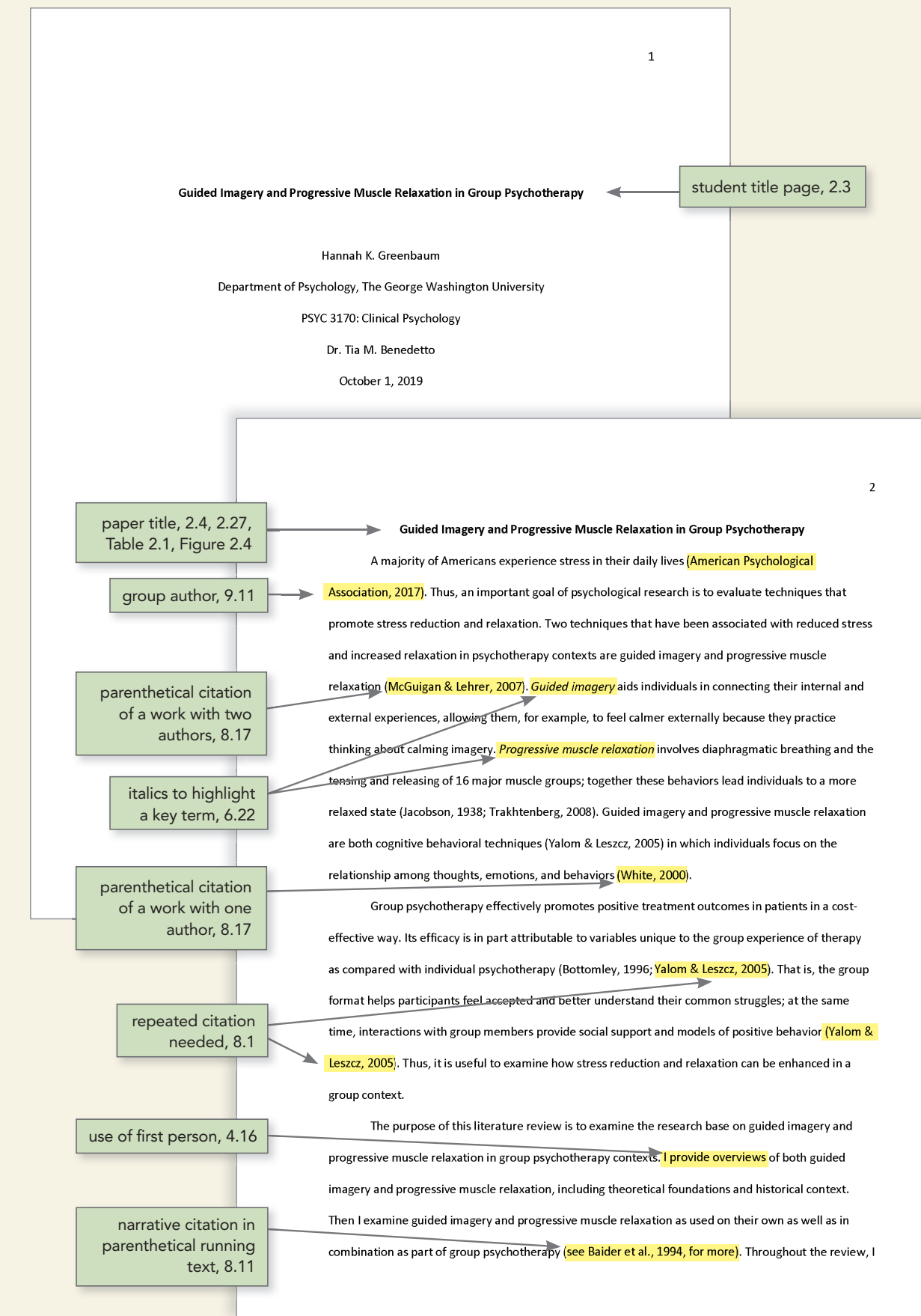
This guide will help you set up an APA Style student paper. The basic setup directions apply to the entire paper. Annotated diagrams illustrate how to set up the major sections of a student paper: the title page or cover page, the text, tables and figures, and the reference list.

Basic Setup

Seventh edition APA Style was designed with modern word-processing programs in mind. Most default settings in programs such as Academic Writer, Microsoft Word, and Google Docs already comply with APA Style. However, you may need to make a few adjustments before you begin writing.

- **Margins:** Use 1-in. margins on all sides of the page (top, bottom, left, and right).
- **Font:** Use a legible font. Many fonts are acceptable, including 11-point Calibri, 11-point Arial, 12-point Times New Roman, and 11-point Georgia. The default font of your word-processing program is acceptable.
- **Line spacing:** Use double-spacing for the entire paper (including block quotations and the reference list). Do not add blank lines before or after headings. Do not add extra spacing between paragraphs.
- **Paragraph alignment and indentation:** Align paragraphs of text to the left margin. Leave the right margin ragged. Do not use full justification. Indent the first line of every paragraph of text 0.5 in. using the tab key or the paragraph-formatting function of your word-processing program.
- **Page numbers:** Put a page number in the top right corner of every page, including the title page or cover page, which is page 1. Student papers do not require a running head on any page.

Sample Student Paper





STYLE AND GRAMMAR GUIDELINES ▾

PRODUCTS ▾

INSTRUCTIONAL AIDS

BLOG



[Home](#) > [Style and Grammar Guidelines](#)

Style and Grammar Guidelines

APA Style provides a foundation for effective scholarly communication because it helps writers present their ideas in a clear, concise, and inclusive manner. When style works best, ideas flow logically, sources are credited appropriately, and papers are organized predictably. People are described using language that affirms their worth and dignity. Authors plan for ethical compliance and report critical details of their research protocol to allow readers to evaluate findings and other researchers to potentially replicate the studies. Tables and figures present information in an engaging, readable manner.

The style and grammar guidelines pages present information about APA Style as described in the [Publication Manual of the American Psychological Association, Seventh Edition](#) and the [Concise Guide to APA Style, Seventh Edition](#). Any updates to APA Style are noted on the applicable topic pages. If you are still using the sixth edition, helpful resources are available in the [sixth edition archive](#).

Looking for more style?



Get the 7th edition [Publication Manual](#) or [Concise Guide](#) for access to much more about APA Style.

**DON'T FORGET TO READ AND
SEND ME YOUR CONTACT INFO**

