

# Further Practice for Engaging with Families

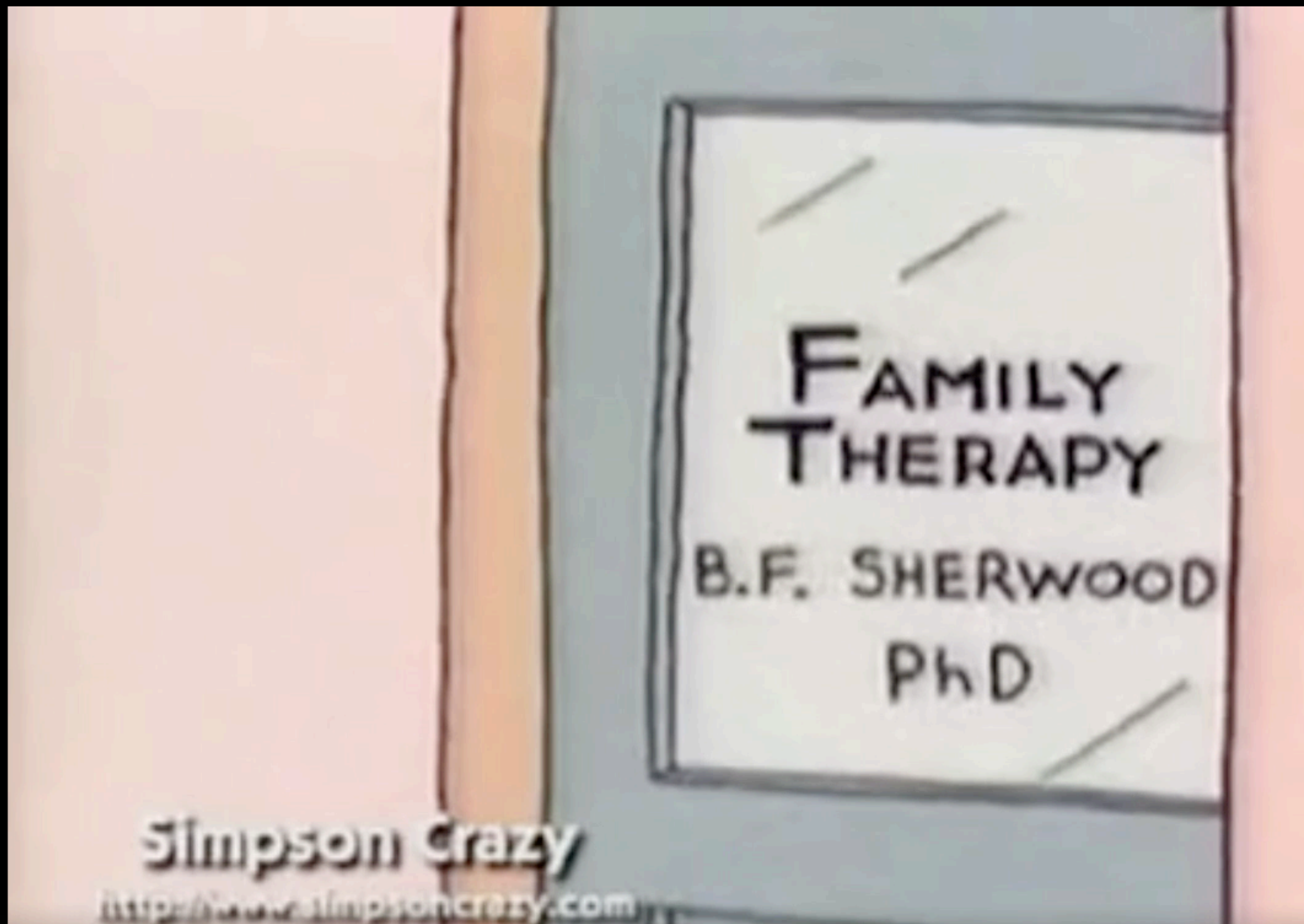
Week 04 of SOWK 487w in Spring 2025

Jacob Campbell, Ph.D. LICSW at Heritage University



# Family Therapy

Season 3  
Shorts for  
the Simpsons



00:01 / 01:21



# Agenda

Specific tools for working with families

Dysfunctional family roles

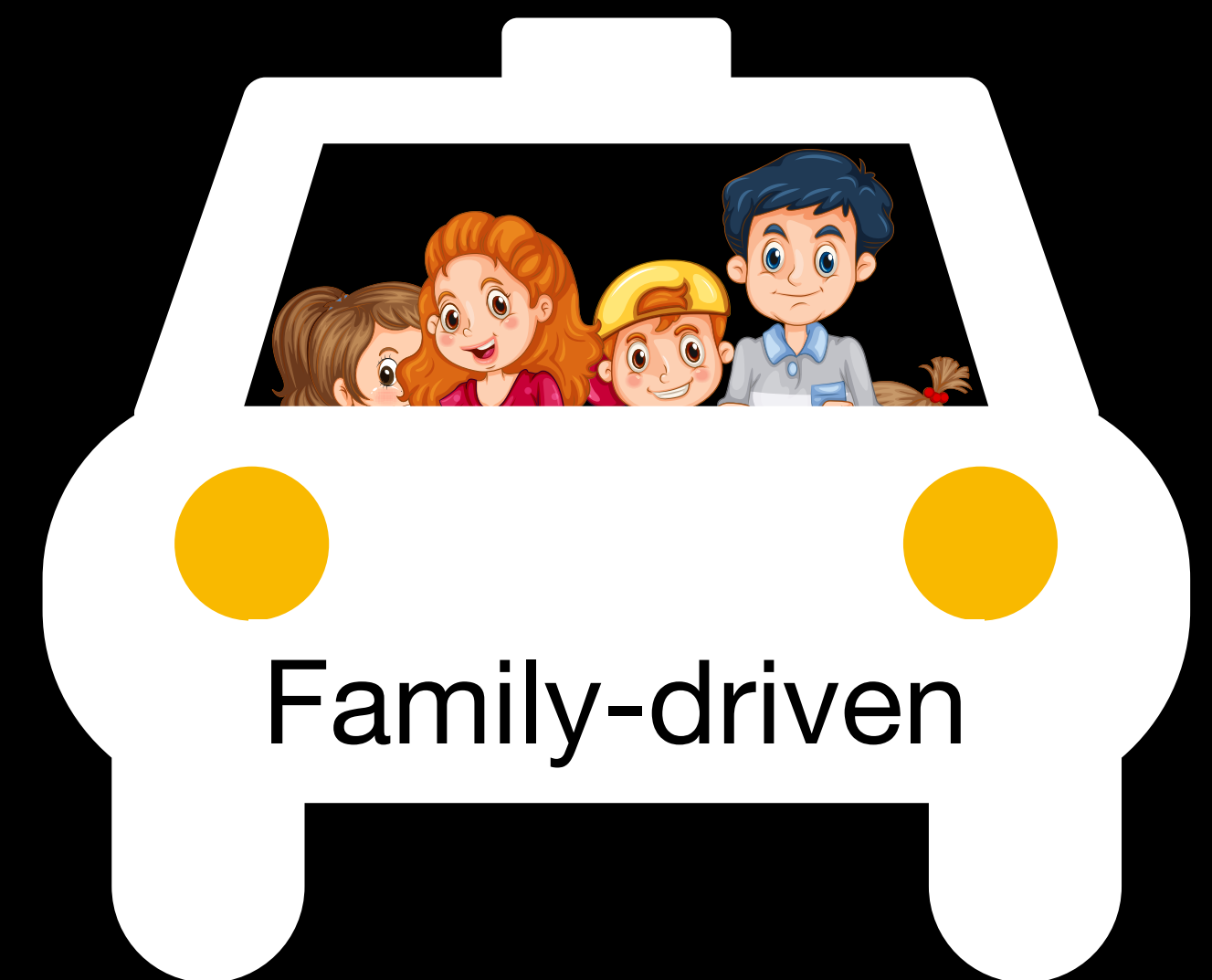
Some standard techniques for working with families



# How Engaged is the Family?



Family-centered



(Chovil, 2009)



# Requirements

## For Practice of Wraparound Model

- Team-driven process
- Families must be full and active partners
- Individualized services and supports
- Culturally competent
- Flexible approaches and funding

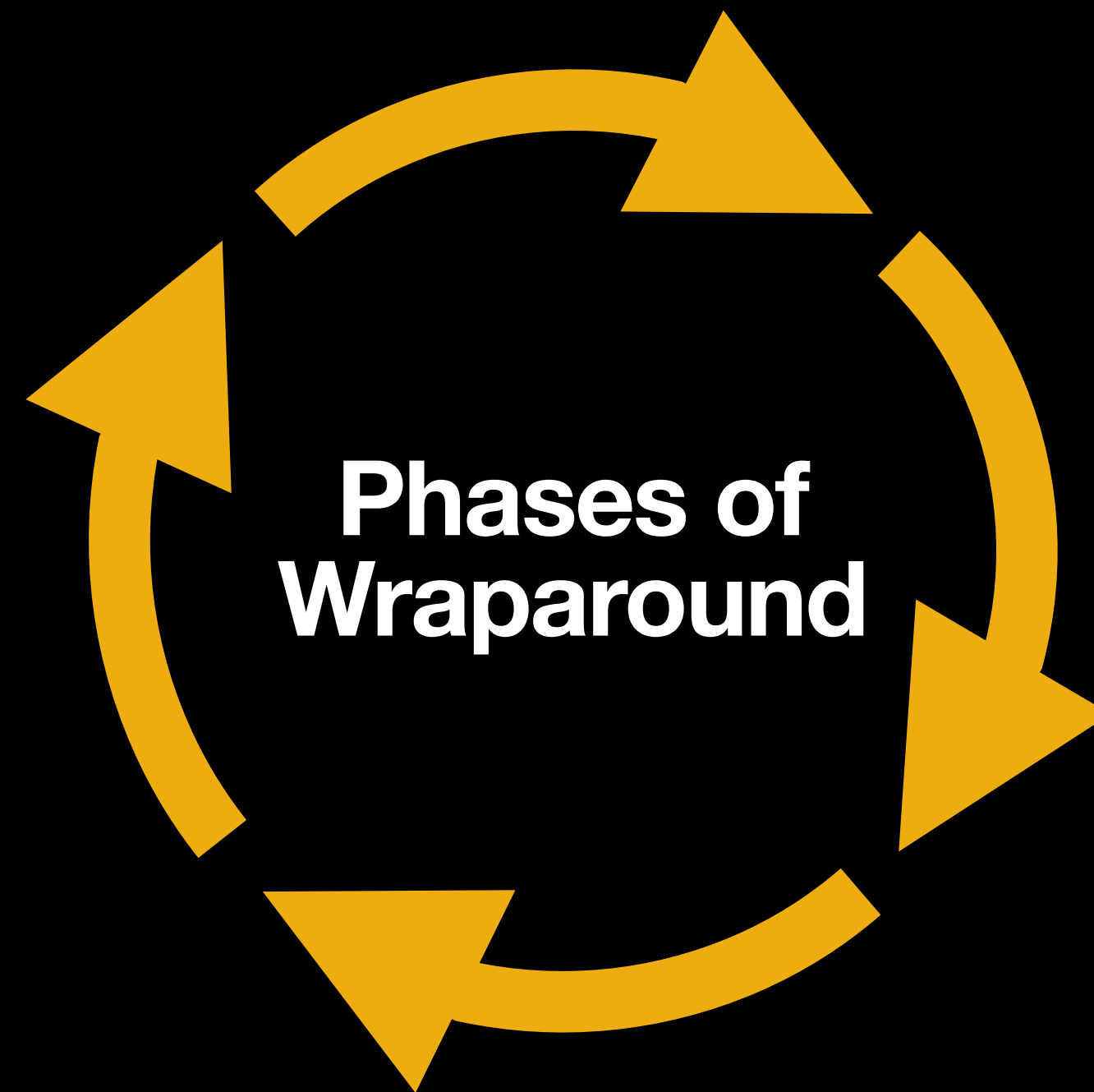


# Requirements

## For Practice of Wraparound Model

- Balance of formal services and informal supports
- Unconditional commitment to serve
- Interagency, community-based collaborative process
- Outcomes must be determined and measured





# Phases of Wraparound

Gather perspectives  
List strengths and needs  
Identify team  
Baseline data

Phase I:  
Engagement  
and Team  
Preparation





# Phases of Wraparound

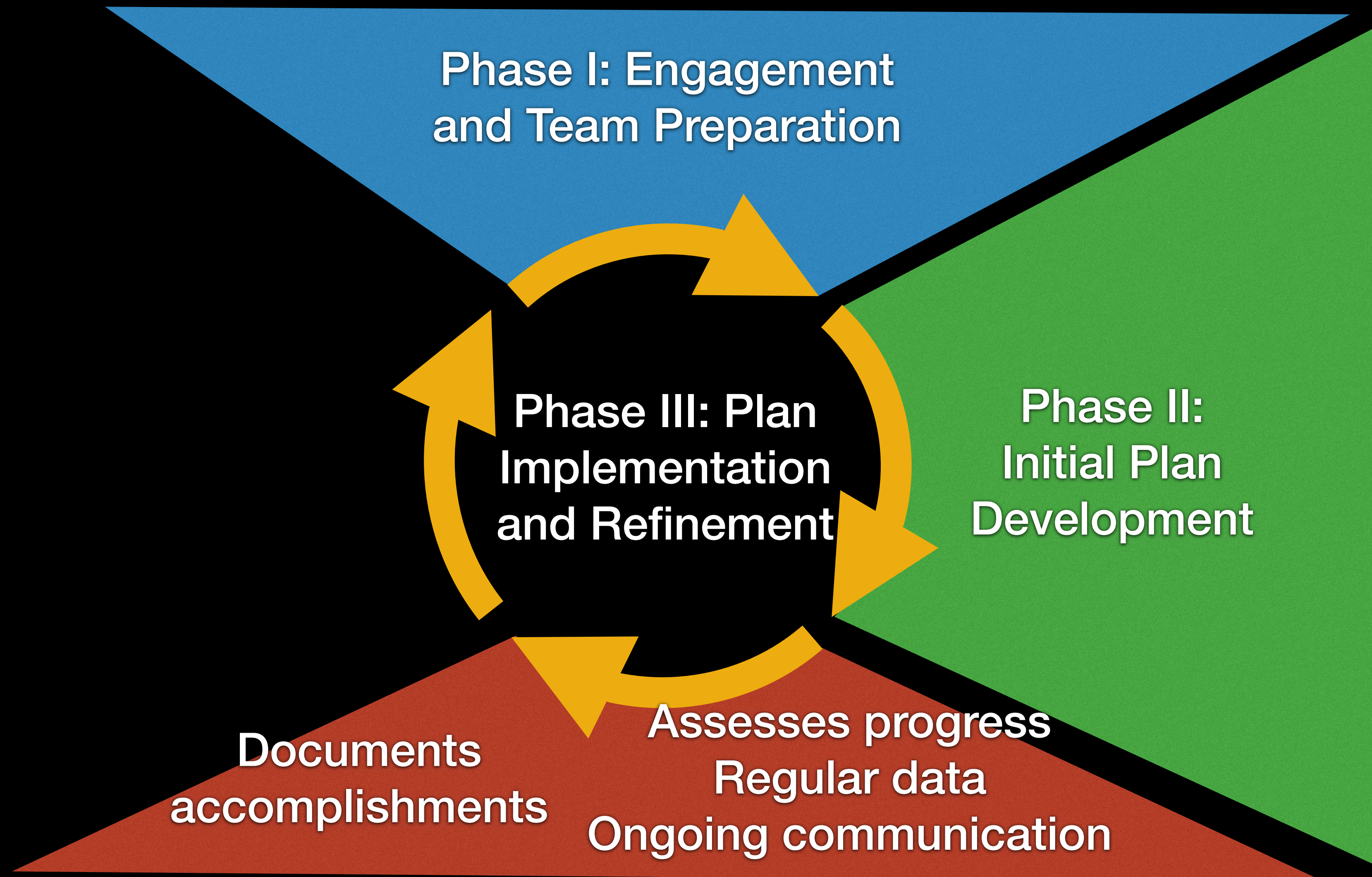
Phase I: Engagement  
and Team Preparation

Phase II:  
Initial Plan  
Development

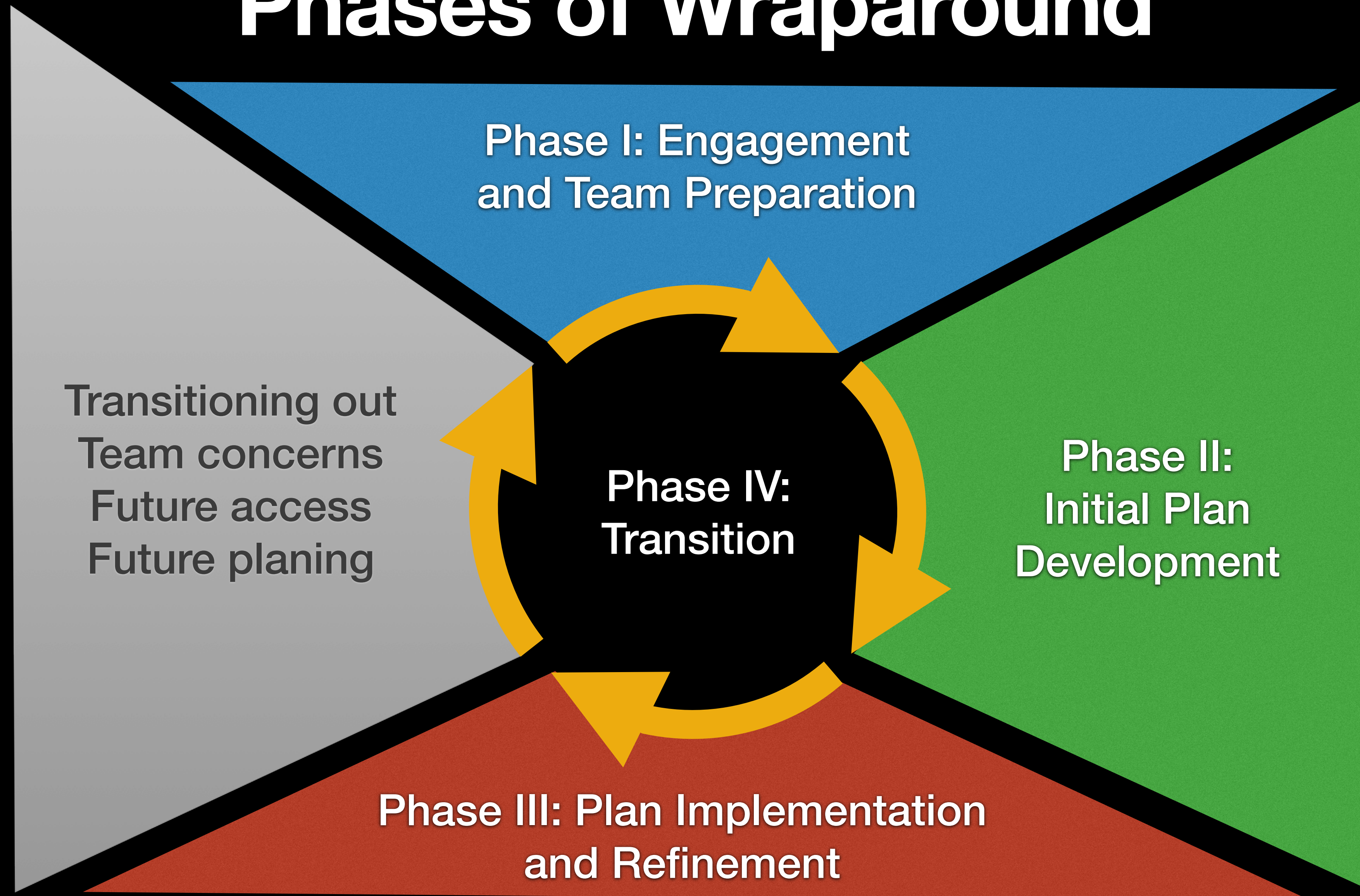
Regular meetings  
Review data  
Choose needs  
Intervention plan  
Assesses supports



# Phases of Wraparound



# Phases of Wraparound



# Anger Control Chain

Aggression Replacement Training

Triggers (internal / external)

Cues

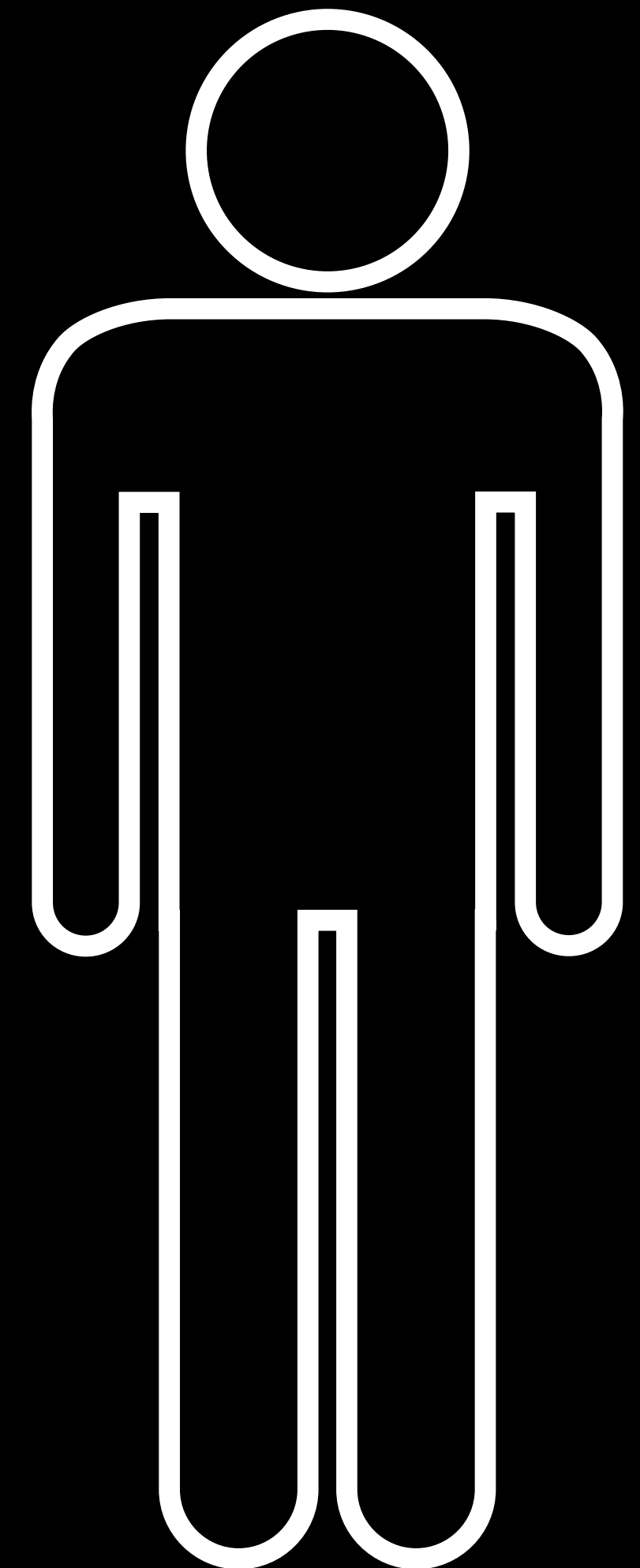
Anger reducers

Reminders

Thinking ahead (if \_\_ then \_\_ thinking)

Social skill

Self evaluation



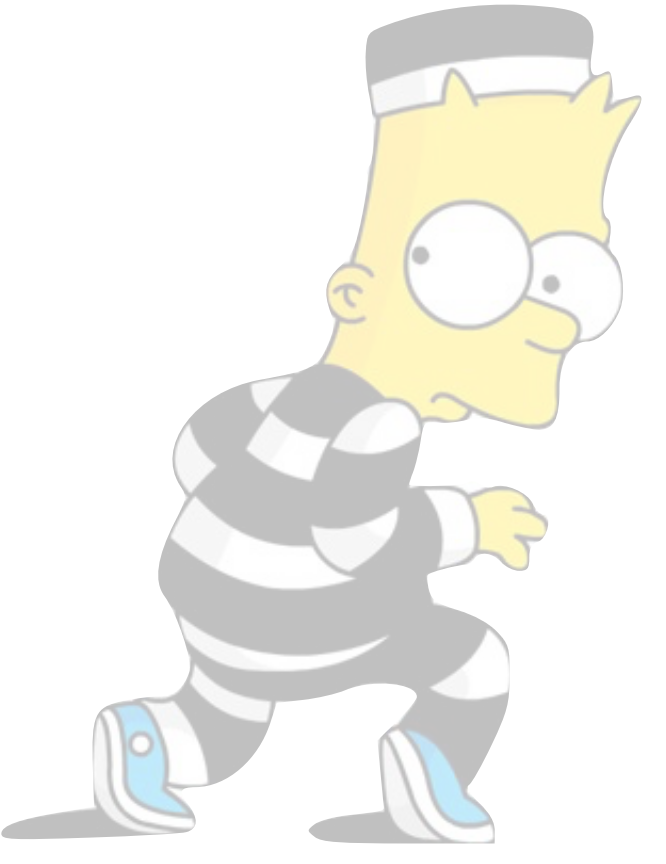
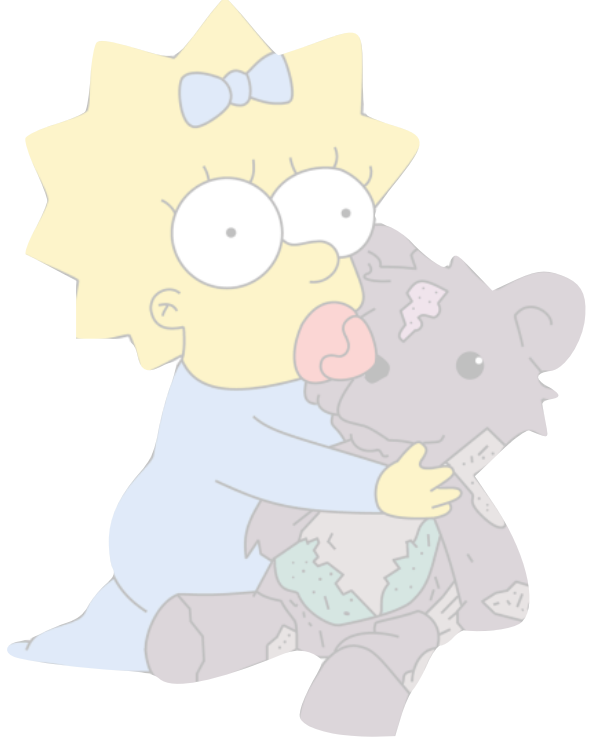
What are your CUES?

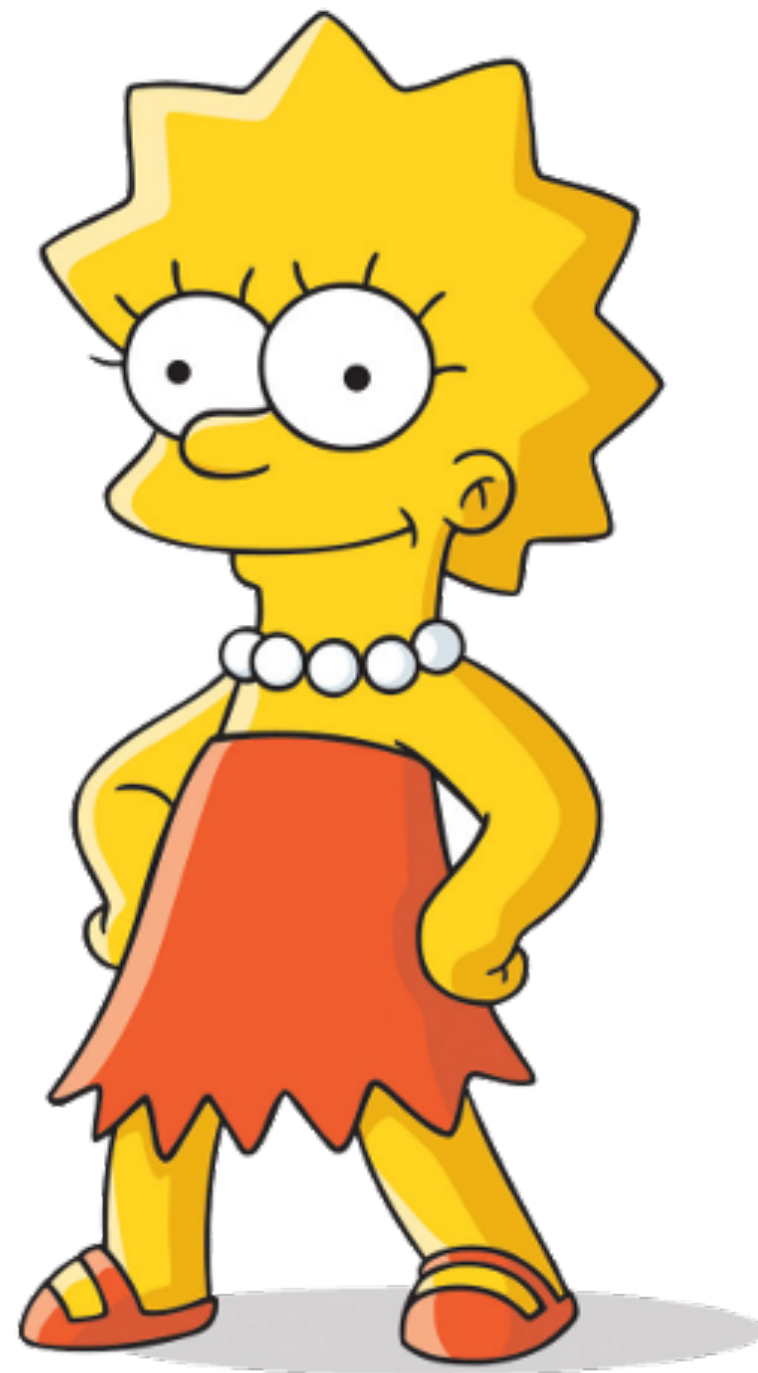
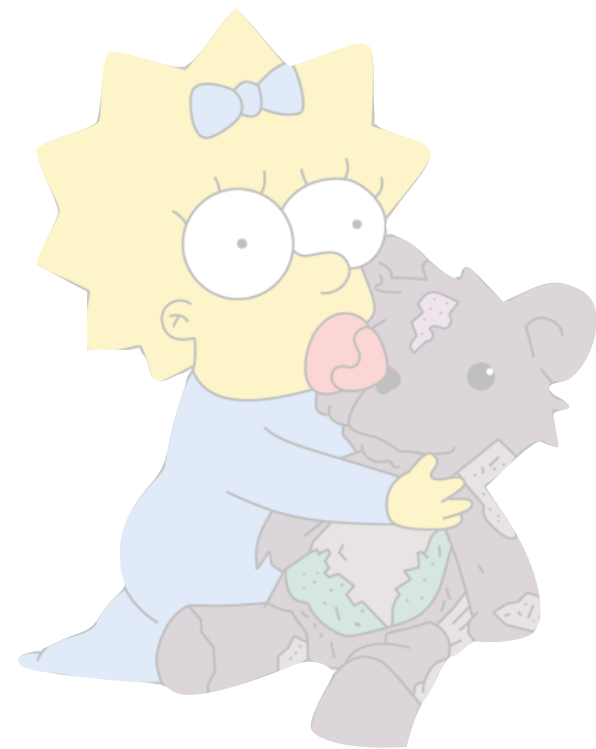


# Dysfunctional Family Roles

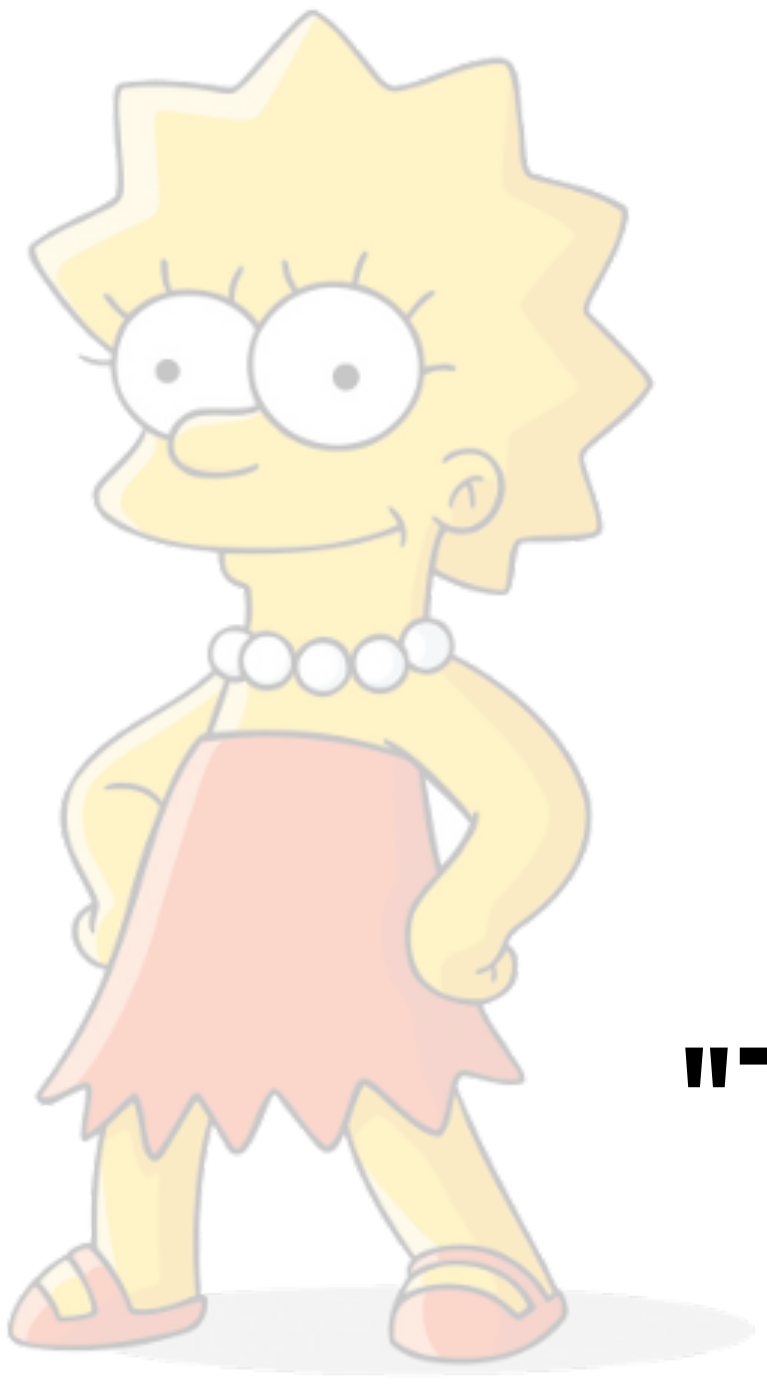


# The Addict "The Victim"

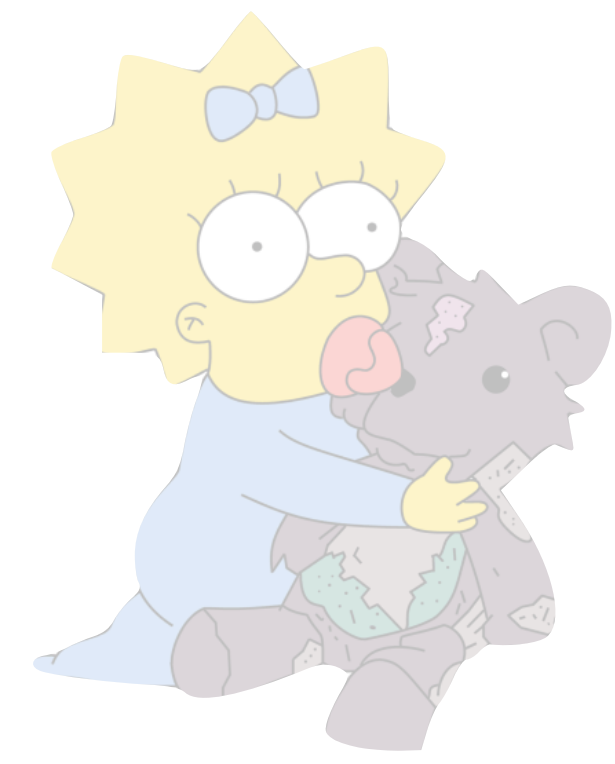




**The Hero  
"The Good Child"**



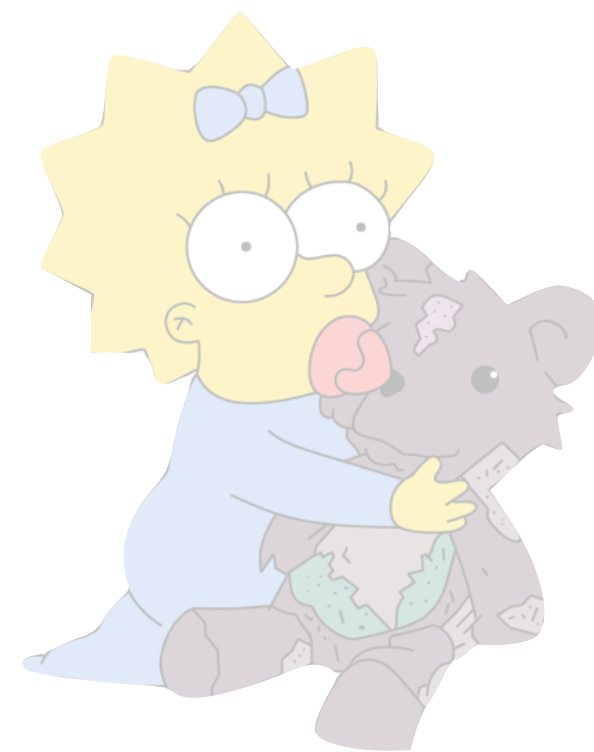
**The Scapegoat**  
**"The Screw Up"**  
**"The Problem Child"**





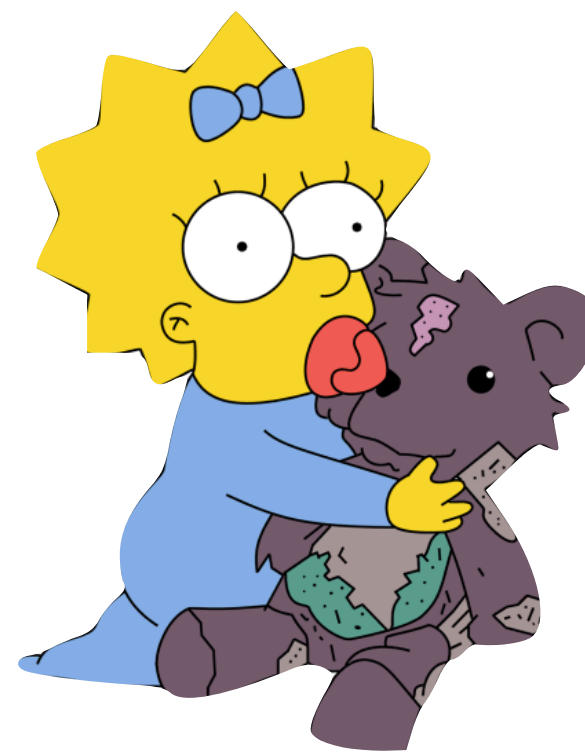


## The Mascot



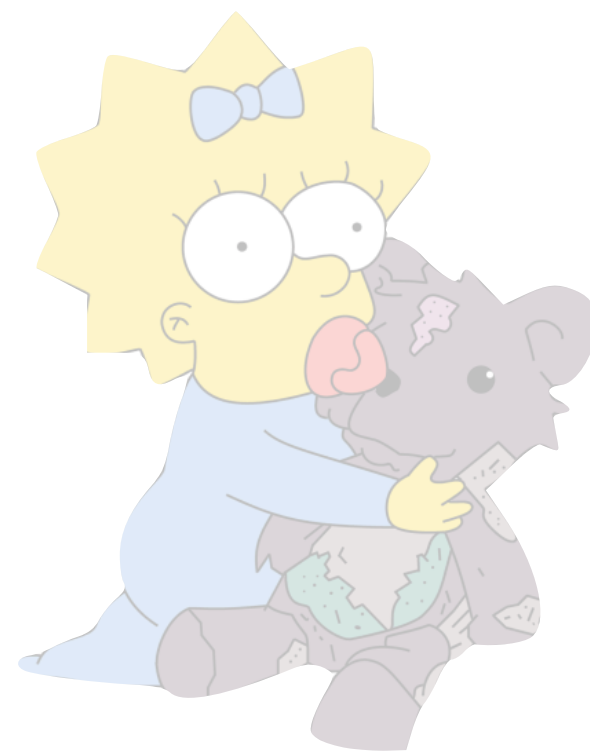


## The Lost Child "Space Cadet"





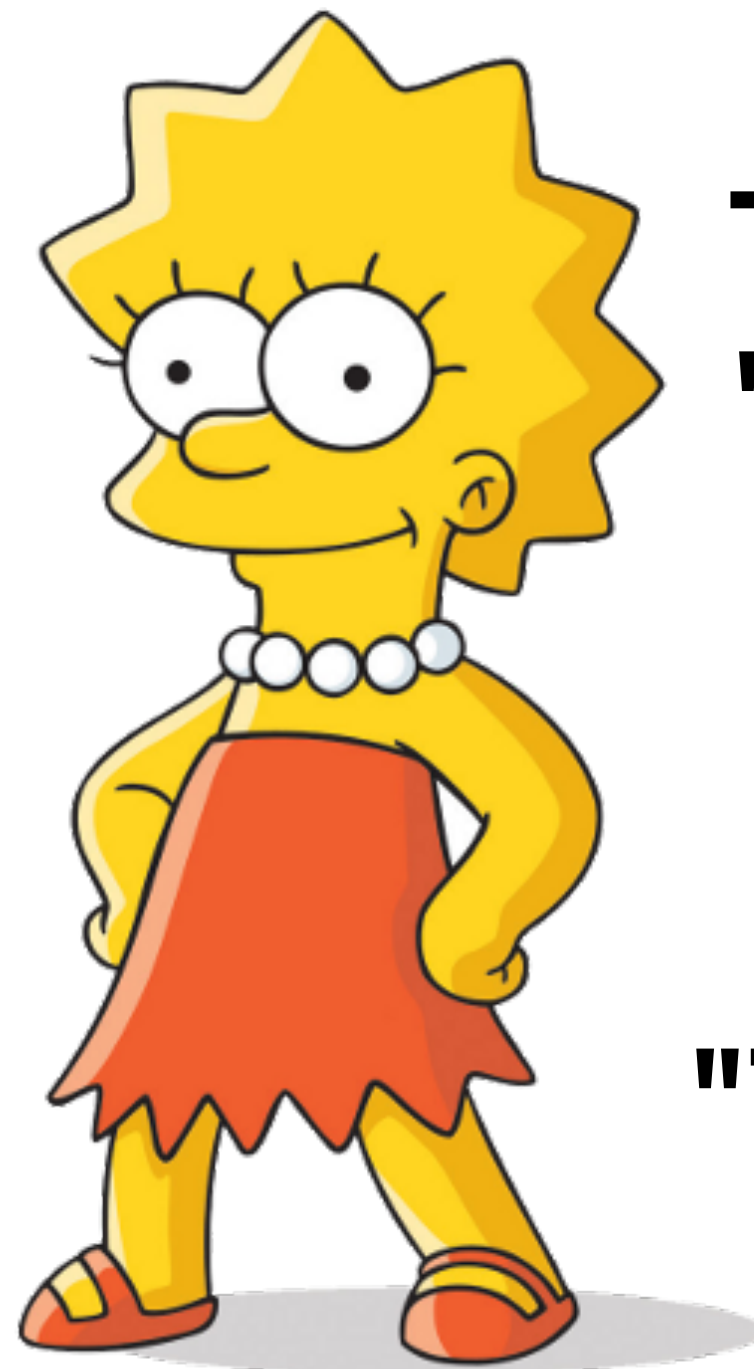
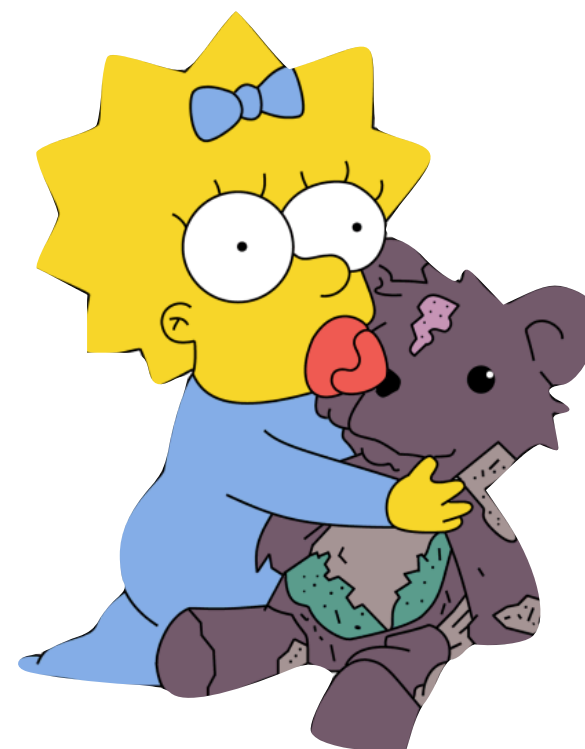
**The Caretaker  
"The Enabler"**





**The Addict  
"The Victim"**

**The Lost Child  
"Space Cadet"**



**The Hero  
"The Good Child"**



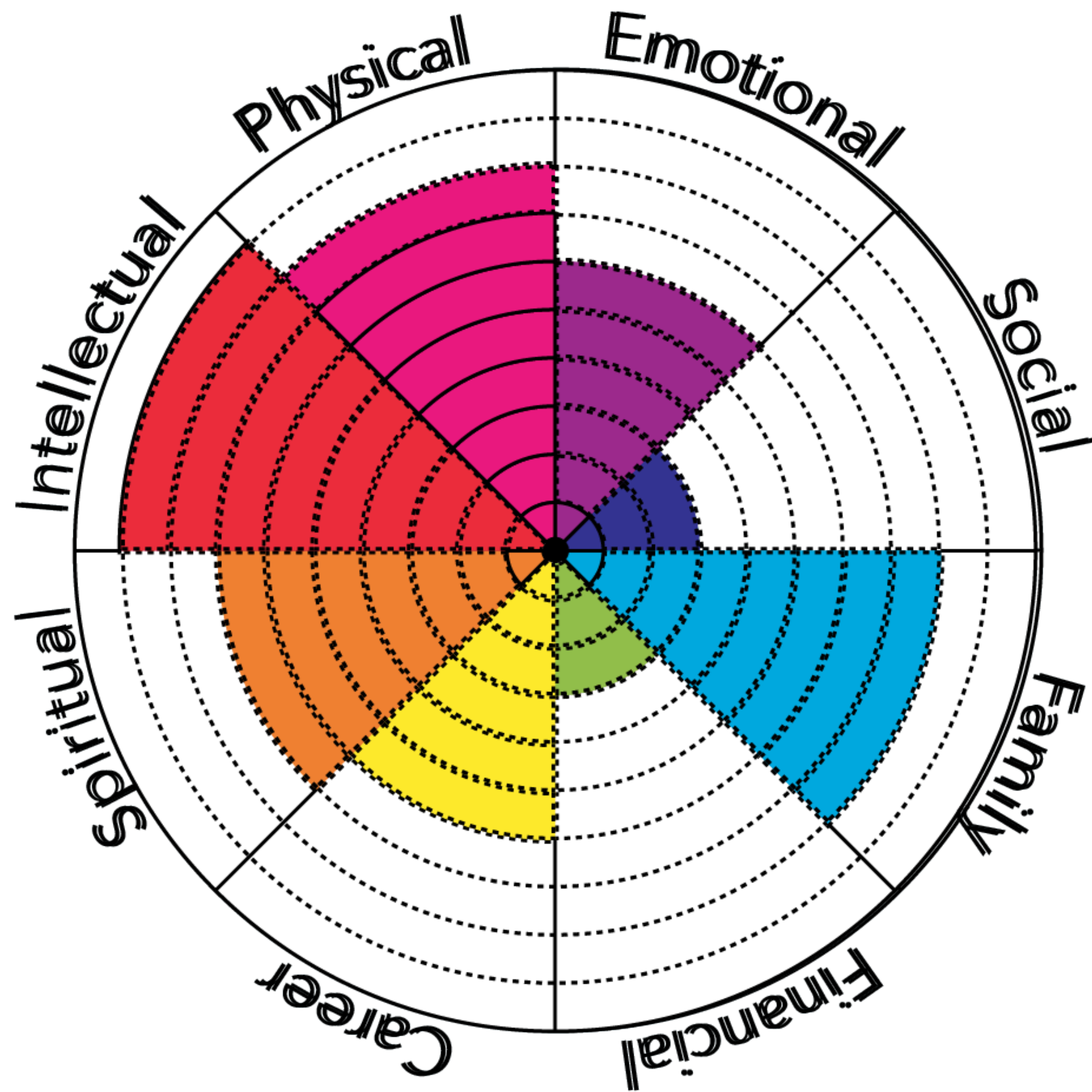
**The Mascot**

**The Caretaker  
"The Enabler"**



**The Scapegoat  
"The Screw Up"  
"The Problem Child"**





# Holistic Wellness Wheel



# Implementation of Family Intervention



# Implementation of Family Intervention

## EMPOWERMENT

- Emphasizing Positive Communication
- Explore Exceptions
- Strengths & Competency
- Positive Activities
- Examine Problem Solving



# Implementation of Family Intervention

## REFRAMING





# Implementation of Family Intervention

## TECHNIQUES



# Implementation of Family Intervention

## CHILD MANAGEMENT



+/- Reinforcement  
+/- Punishment  
Modeling



# Implementation of Family Intervention

## SUPPORT



# Implementation of Family Intervention

## ROLE PLAYING



# Implementation of Family Intervention

## RECORDING



# Implementation of Family Intervention

## HOMEWORK



# Implementation of Family Intervention

