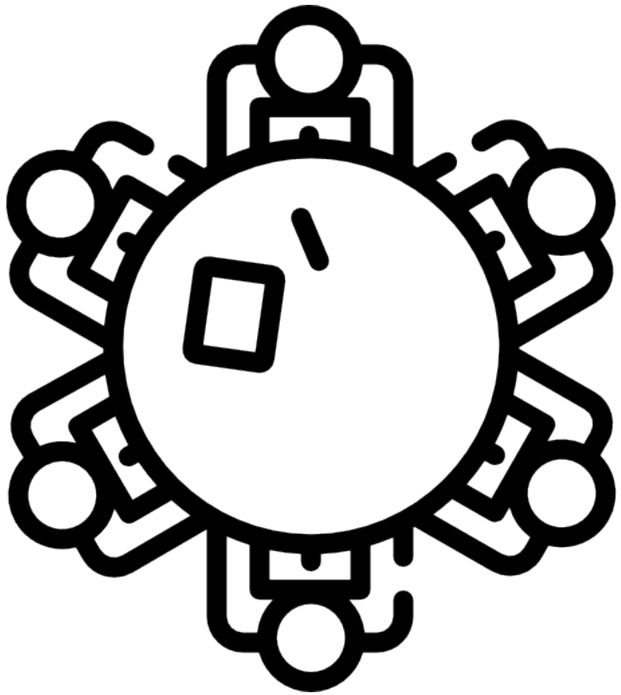


Advanced Seminar I

Fall 2026 Week 13 for SOWK 590

Jacob Campbell, Ph.D. LICSW at Heritage University

Agenda

Plan for week 13

SLED: Community Organizing and Activism

Mindfulness activity

Practice Learning Reflection Group

Learning Objectives

- Students will consider community organizing and activism in practice.
- Students will actively practice a mindfulness activity.
- Students will recognize peers' shared experiences in their practicum and use the group as a method for sharing and problem-solving.

Student Led Discussion

Community Organizing and Activism

~~Cultural Competence in Practice~~


Progressive Muscle Relaxation

Practice Learning Reflection Group

Group Check-in Question:

If your week/practicum were a superhero or supervillain, who would it be and why?

Practicum Discussion:

- Discuss things going on at your practicums.
- Explore client needs and group problem-solving.
- Share about the work you are doing with your clients.

Group Norms

- We will be respectful of each other
- We will approach our dialogue with an open mind
- We will engage and fully participate
- We will keep our clients' information confidential