

FROM FAMILIES TO GROUPS AND CULTURALLY COMPETENT SOCIAL WORK PRACTICE

SPRING 2026 SOWK 487W WEEK 05

JACOB CAMPBELL, PH.D. LICSW AT HERITAGE UNIVERSITY

PLAN FOR WEEK FIVE

AGENDA

Time to work on group presentation together

Considering Genograms/Eco-Maps

Social-Ecological Framework of Resilience

Activity to examine our judgments of others

Overviews of various cultural groups

Culturagrams

LEARNING OBJECTIVES

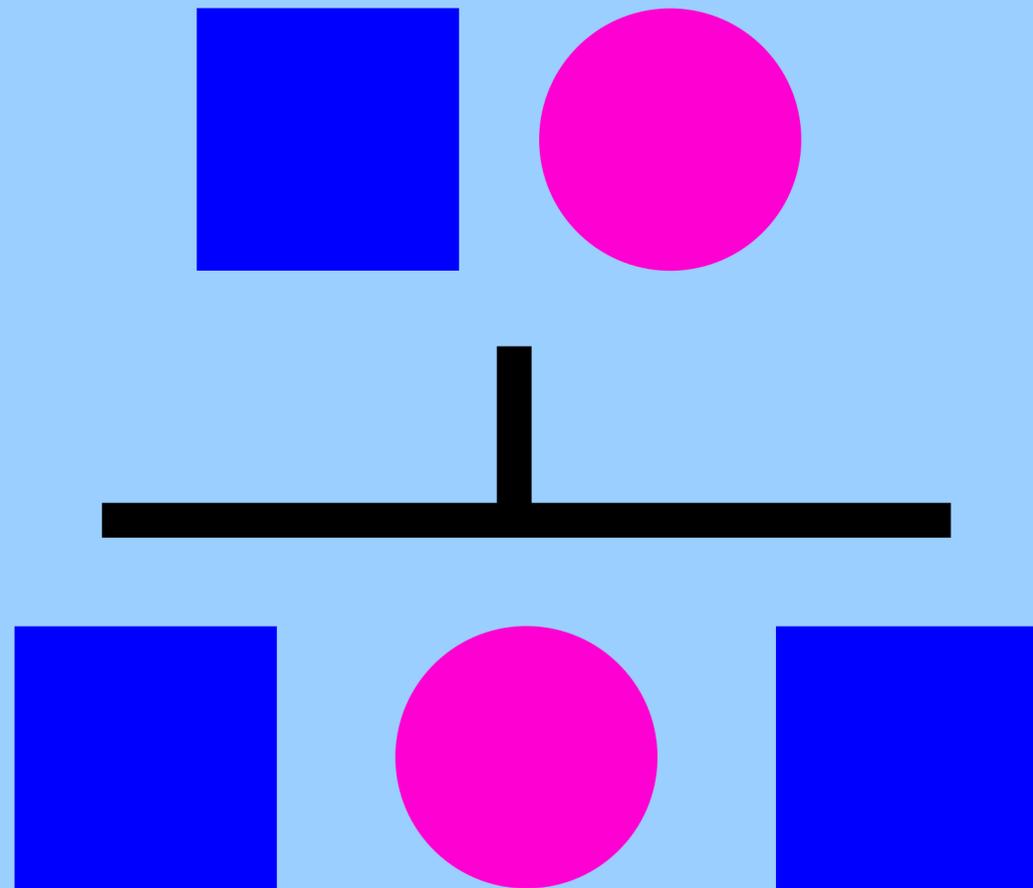
Apply genograms and culturagrams as assessment tools to understand families within broader ecological and cultural contexts.

Identify culturally specific considerations when working with diverse families, including immigrant, LGBTQ, and BIPOC communities.

FAMILY TREATMENT PRESENTATIONS



MAKING A FAMILY GENOGRAM AND ECO-MAP



Working in small groups, develop a genogram for a family from a movie. After you have developed the genogram, the best that you can from what you know, add some aspects of an eco-map to it. Finally, you will have an opportunity to share your work with your peers.

SOCIAL ECOLOGICAL FRAMEWORK OF RESILIENCE IN WORKING WITH LGBTQ YOUTH

**To promote the capacity of
LGBTQ youth to navigate
their ways to well-being in
the face of adversity**

MICRO PRACTICE

- Assist youth in cultivating skills to assess and navigate safety across contexts.
- Empower youth to make use of their personal agency in identifying needs and goals and making life decisions.
- Support youth in navigating oppression related to their LGBTQ and other marginal social identities.

(Asakura, 2016)

SOCIAL ECOLOGICAL FRAMEWORK OF RESILIENCE IN WORKING WITH LGBTQ YOUTH

**To build or restore capacity
among families, schools,
and other relevant
resources to better
support LGBTQ youth**

- Engage the families of LGBTQ youth, and their teachers, peers, and community groups in building or restoring their capacity to support youth.
- Engage social service agencies to build greater capacity to offer affirmative services to LGBTQ youth.

MEZZO PRACTICE

(Asakura, 2016)

SOCIAL ECOLOGICAL FRAMEWORK OF RESILIENCE IN WORKING WITH LGBTQ YOUTH

To advocate for relevant social and policy-level changes to prevent system-level oppression that poses risks to LGBTQ youth

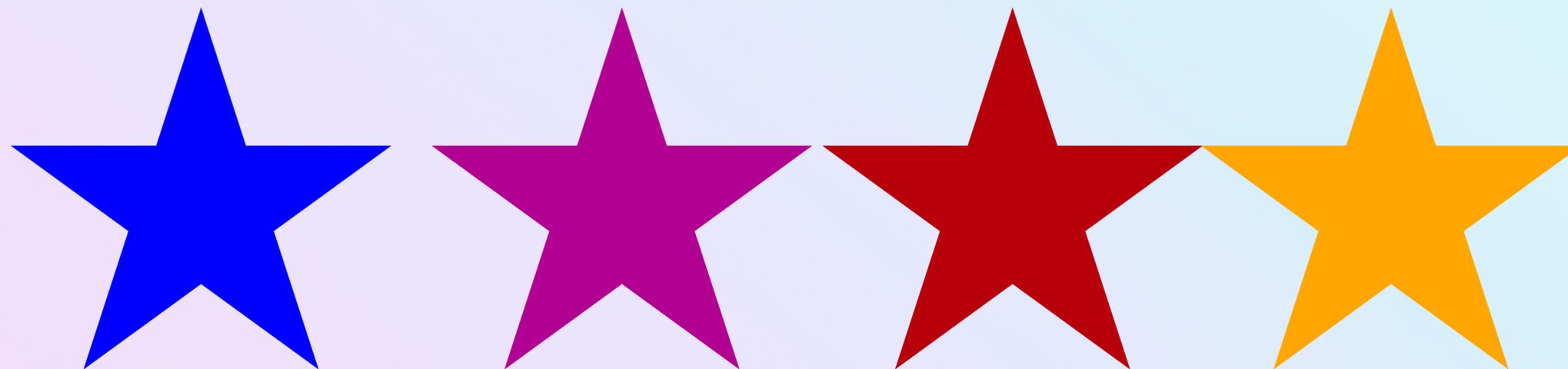
- Advocate for funding for relevant resources for LGBTQ youth.
- Advocate for legal rights and protection for LGBTQ people.
- Engage in social action to eradicate oppression against LGBTQ people.

MACRO PRACTICE

(Asakura, 2016)

“COMING OUT” STARS ACTIVITY

TO EXAMINE OUR JUDGEMENTS OF OTHERS IN A SAFE AND PRODUCTIVE WAY AND EXPLORE THE IMPORTANCE OF SELF-IDENTIFICATION



WHAT STANDS OUT

MENTAL HEALTH RESOURCES FOR BLACK, INDIGENOUS, AND PEOPLE OF COLOR

Review the website to the right. Scroll down to the heading **communities of color**:

- Communities of African descent
- Communities of Arab descent
- Communities of Asian and Pacific Islander descent
- Communities of Indigenous American descent
- Communities of Latine and Hispanic descent
- Communities of multiracial descent

With the given area, review the overview and some information. **What is relevant information for working with families and groups with this population?** Prepare some information to share back with the group.



<https://www.mhanational.org/bipoc>

CULTURAGRAM

A **culturagram** is a graphical representation of culture on an individual family member. These interactions, made up similar to an eco-map

