

Social Historys

In the Context of Biopsychosocial Assessment

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Agenda

Week Eight Content

Social Histories In the Context of Biopsychosocial Assessment

Learning Objectives

- Identify the core components and structure of a biopsychosocial assessment form.
- Explain how to gather and organize information across psychiatric, medical, social, developmental, and cultural domains.
- Describe the documentation used in substance use disorder treatment, from screening and intake to discharge, and how the **ASAM** criteria guide it.



Week Eight Content

What You Will Do This Week

Make 3 Replies Across any of the 4 Forums

- Exploring and Reflection on Our Implicit Bias
- Chapter Eight and Nine Content Discussion
- Screening Tools and Assessment Instruments
- How Observant Are You?

**Week 09: Teach
Back Activities**



GAIN-SS

Internalizing, Externalizing, and Substance Use Disorders

Dennis, M. L., Chan, Y.-F., & Funk, R. R. (2006). Development and validation of the GAIN short screener (GSS) for internalizing, externalizing and substance use disorders and crime/violence problems among adolescents and adults. *American Journal on Addictions*, 15(s1), 80-91. <https://doi.org/10.1080/10550490601006055>



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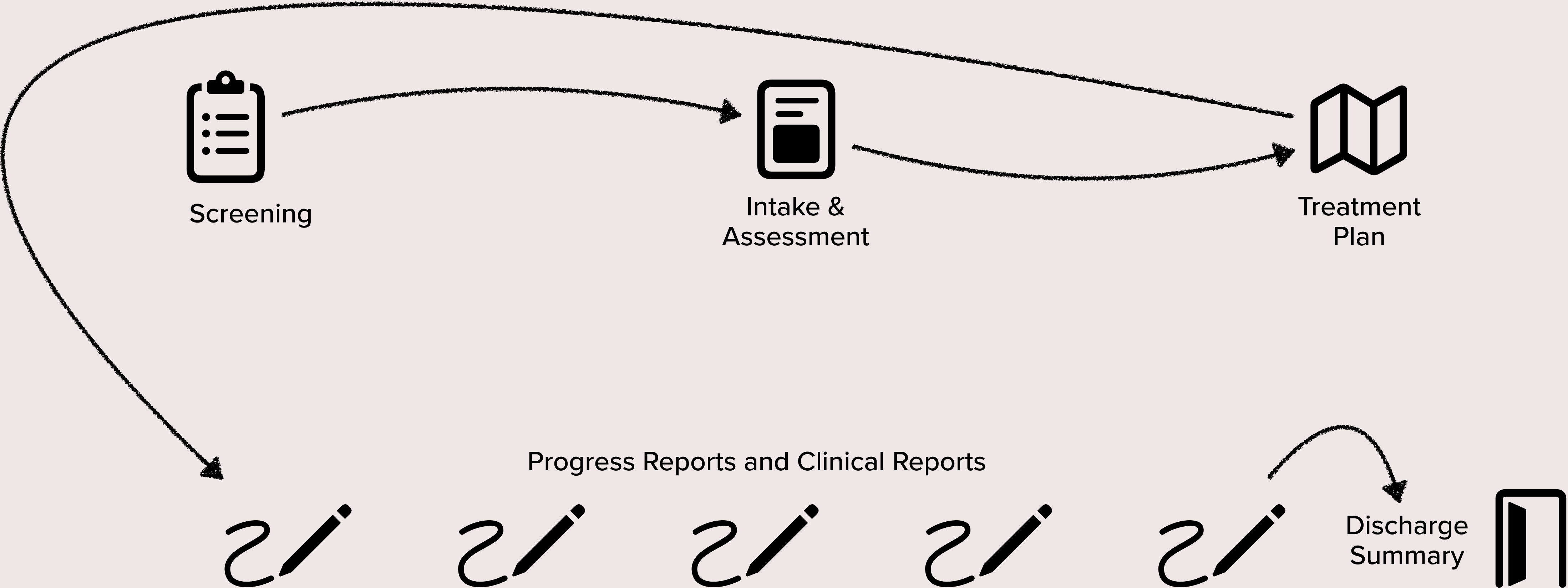
		DIVISION OF BEHAVIORAL HEALTH AND RECOVERY (DBHR)	
DBHR Target Data Elements Gain Short Screening Setup			
ADMINISTRATION TIME	STAFF IDENTIFICATION	DATE	AGENCY NUMBER
SECTION I CLIENT IDENTIFICATION			
1. LAST NAME	2. FIRST NAME	3. MIDDLE NAME	4. OTHER LAST NAME
5. GENDER ☐ Male ☐ Female	6. DATE OF BIRTH	7. SOCIAL SECURITY NUMBER	8. WASHINGTON DRIVER'S LICENSE OR ID NUMBER
9. WHICH RACE/ETHNICITY GROUP WOULD YOU IDENTIFY YOURSELF WITH (CHECK A MAXIMUM OF FOUR THAT APPLY)			
☐ Asian Indian ☐ Black/African American ☐ Cambodian ☐ Chinese ☐ Filipino ☐ Guamanian ☐ Hawaiian (Native) ☐ Japanese ☐ Korean ☐ Laotian ☐ Middle Eastern ☐ Native American ☐ Other Asian ☐ Other Pacific Islander ☐ Other Race ☐ Refused to Answer ☐ Samoan ☐ Thai ☐ Vietnamese ☐ White/European American ☐ Non – Federal Tribe Tribal Code (No. 1) _____ Tribal Code (No. 2) _____			
10. SPANISH/HISPANIC/LATINO (CHECK ONE)			
☐ Cuban ☐ Not Spanish/Hispanic/Latino ☐ Puerto Rican ☐ Mexican, Mexican American, Chicano ☐ Other Spanish/Hispanic/Latino ☐ Refused to Answer			
Global Appraisal of Individual Needs-Short Screener (GAIN-SS)			
<i>The following questions are about common psychological, behavioral or personal problems. These problems are considered significant when you have them for two or more weeks, when they keep coming back, when they keep you from meeting your responsibilities, or when they make you feel like you can't go on. Please answer the questions Yes or No.</i>			
Mental Health Internalizing Behaviors (IDScr 1): During the past 12 months, have you had significant problems			
a. with feeling very trapped, lonely, sad, blue, depressed, or hopeless about the future?	☐ Yes	☐ No	
b. with sleep trouble, such as bad dreams, sleeping restlessly or falling sleep during the day?	☐ Yes	☐ No	
c. with feeling very anxious, nervous, tense, scared, panicked or like something bad was going to happen?	☐ Yes	☐ No	
d. when something reminded you of the past, you became very distressed and upset?	☐ Yes	☐ No	
e. with thinking about ending your life or committing suicide?	☐ Yes	☐ No	
Each yes answer is "1" point		IDS Sub-scale Score (0 to 5) _____	
Mental Health Externalizing Behaviors (EDScr 2): During the past 12 months, did you do the following things two or more times?			
a. Lie or con to get things you wanted or to avoid having to do something?	☐ Yes	☐ No	
b. Have a hard time paying attention at school, work or home?	☐ Yes	☐ No	
c. Have a hard time listening to instructions at school, work or home?	☐ Yes	☐ No	
d. Been a bully or threatened other people?	☐ Yes	☐ No	
e. Start fights with other people?	☐ Yes	☐ No	
Each yes answer is "1" point		EDS Sub-scale Score (0 to 5) _____	
Substance Abuse Screen (SDScr 3): During the past 12 months, did.....			
a. you use alcohol or drugs weekly?	☐ Yes	☐ No	
b. you spend a lot of time either getting alcohol or drugs, using alcohol or drugs, or feeling the effects of alcohol or drugs (high, sick)?	☐ Yes	☐ No	
c. you keep using alcohol or drugs even though it was causing social problems, leading to fights, or getting you into trouble with other people?	☐ Yes	☐ No	
d. your use of alcohol or drugs cause you to give up, reduce or have problems at important activities at work, school, home or social events?	☐ Yes	☐ No	
e. you have withdrawal problems from alcohol or drugs like shaking hands, throwing up, having trouble sitting still or sleeping, or use any alcohol or drugs to stop being sick or avoid withdrawal problems?	☐ Yes	☐ No	
Each yes answer is "1" point		SDS Sub-scale Score (0 to 5) _____	

DSHS 14-479 (REV. 10/2010)



From Screening to Discharge

SUD Documentation



✓ SUD (q)



ASAM Dimensions in the Assessment

SUD Documentation

1. Acute intoxication and/or withdrawal potential
2. Biomedical conditions and complications
3. Emotional, behavioral, or cognitive conditions and complications
4. Readiness to change
5. Relapse, continued use, or continued problem potential
6. Recovery/living environment



Biopsychosocial Assessment

What Goes on The Form

- **Identifying information** (e.g., name, age, referral source)
- **Presenting Problem** (i.e., the presenting problem, symptoms, history of problem)
- **The past psychiatric and medical history** of the client and the client's family (e.g., injuries, operations, medical conditions, medication, ongoing medical treatment)
- **The client's social history** (e.g., overview of client's childhood, family structure, living situation, employment and employment history, educational history, hobbies, daily routine, religious or spiritual preferences, friends, past trauma, substance use)
- **A mental status exam and DSM-5 diagnosis**
- **A formulation** (e.g., a statement that summarizes and synthesizes the most important aspects of the case to create a story of the client and their past and presenting problems)

(Hepworth et al., 2023)



Simple Assessment Example

Student Social History form I created and
used at the Pasco School District



Student Social History
Pasco School District #1

Report prepared by:
Sources of Information:

Personal Information

Student Name:	Gender:
Student ID:	School:
Date of Birth:	Ethnicity:
Age:	Place of Birth:
Primary Language:	Secondary Language:

Presenting Problem
Functional Strengths

Presenting Problem

Behavior Related Concerns at School

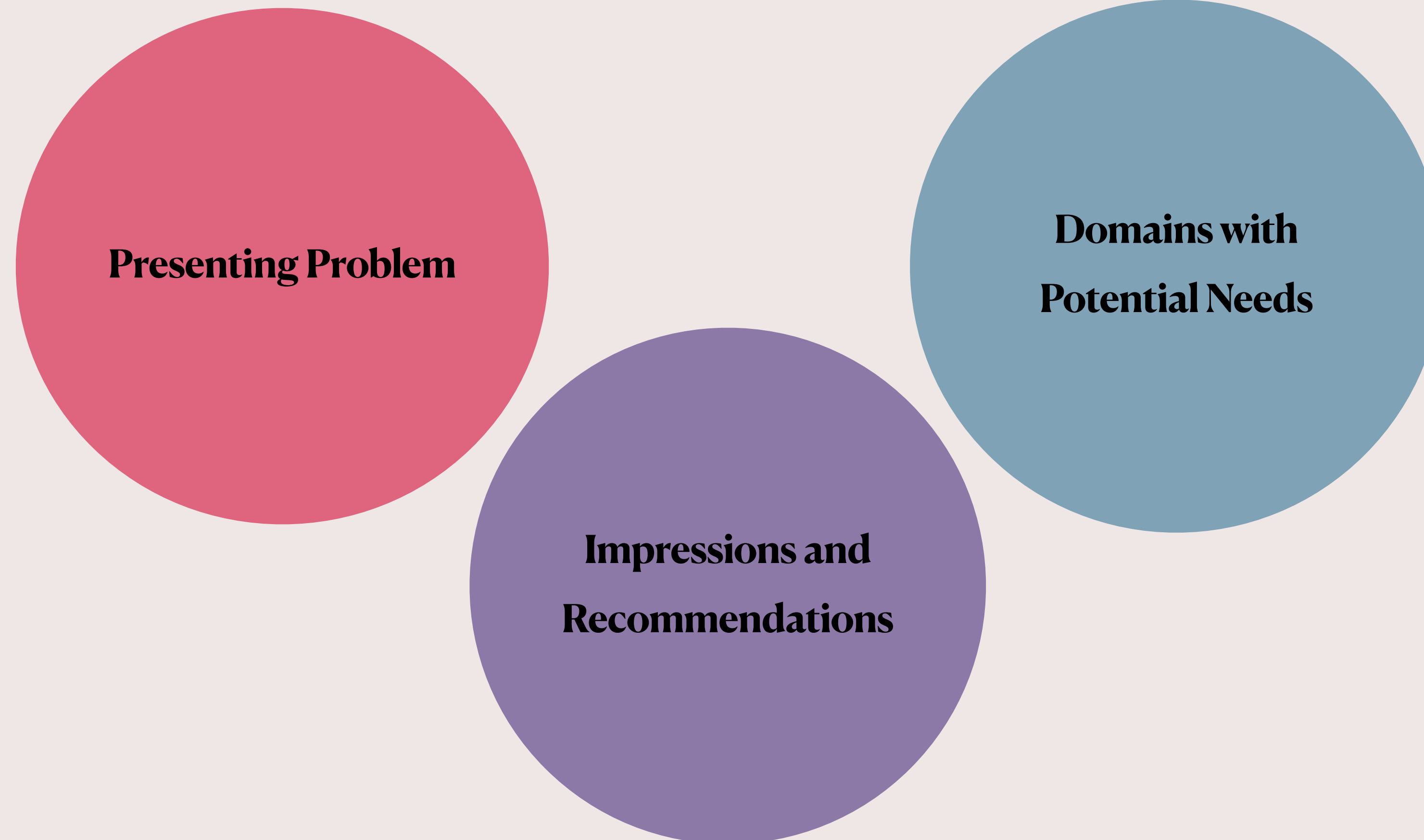
Behavior Related Concerns at Home

Family Basic Needs

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Areas of Assessment

Biopsychosocial Evaluation



Areas of Assessment

Biopsychosocial Evaluation

Presenting Problem

- How have you been coping with your presenting problem?
- What resources or supports have you been using?
- What qualities do you have that have enabled you to keep going in the face of such difficulty and stress?

Domains with Potential Needs

Impressions and Recommendations

Strengths in Managing Presenting Problem

(Hepworth et al., 2023)



Areas of Assessment

Biopsychosocial Evaluation

Presenting Problem

- **How severe** is the problem?
- **What meaning** does the client ascribe to the problem?
- **Where** does the problem occur?
- **When** does the problem occur?
- **How often** does the problem occur?
- **How long** has the problem existed?

**Domains with
Potential Needs**

**Impressions and
Recommendations**

**Central Questions
to Assess the
Presenting Problem**

(Hepworth et al., 2023)



Areas of Assessment

Biopsychosocial Evaluation

Presenting Problem

**Domains with
Potential Needs**

**Impressions and
Recommendations**

- Psychiatric history
- Medical History
- Substance abuse
- Trauma, safety, and risk
- Family
- Social supports
- Developmental history
- Education and employment history
- Strengths and resources
- Cultural and spiritual



Areas of Assessment

Biopsychosocial Evaluation

Presenting Problem

**Domains with
Potential Needs**

**Impressions and
Recommendations**

- Summary and formulation
- Recommendations

