

Practicum Seminar I

Week 07 for SOWK 590.1

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Agenda

Plan for week 03

SLED: Intersectionality
and Identity

Mindfulness activity

Practice Learning
Reflection Group

Learning Objectives

- Students will recognize the shared experiences of peers in their practicum and be able to use the group as a method for sharing and problem-solving.
- Students will analyze their practicum experience, reflecting on how it connects to their development and demonstration of competence.
- Students will actively practice a mindfulness activity.
- Students consider intersectionality and identity

Student Led Discussion

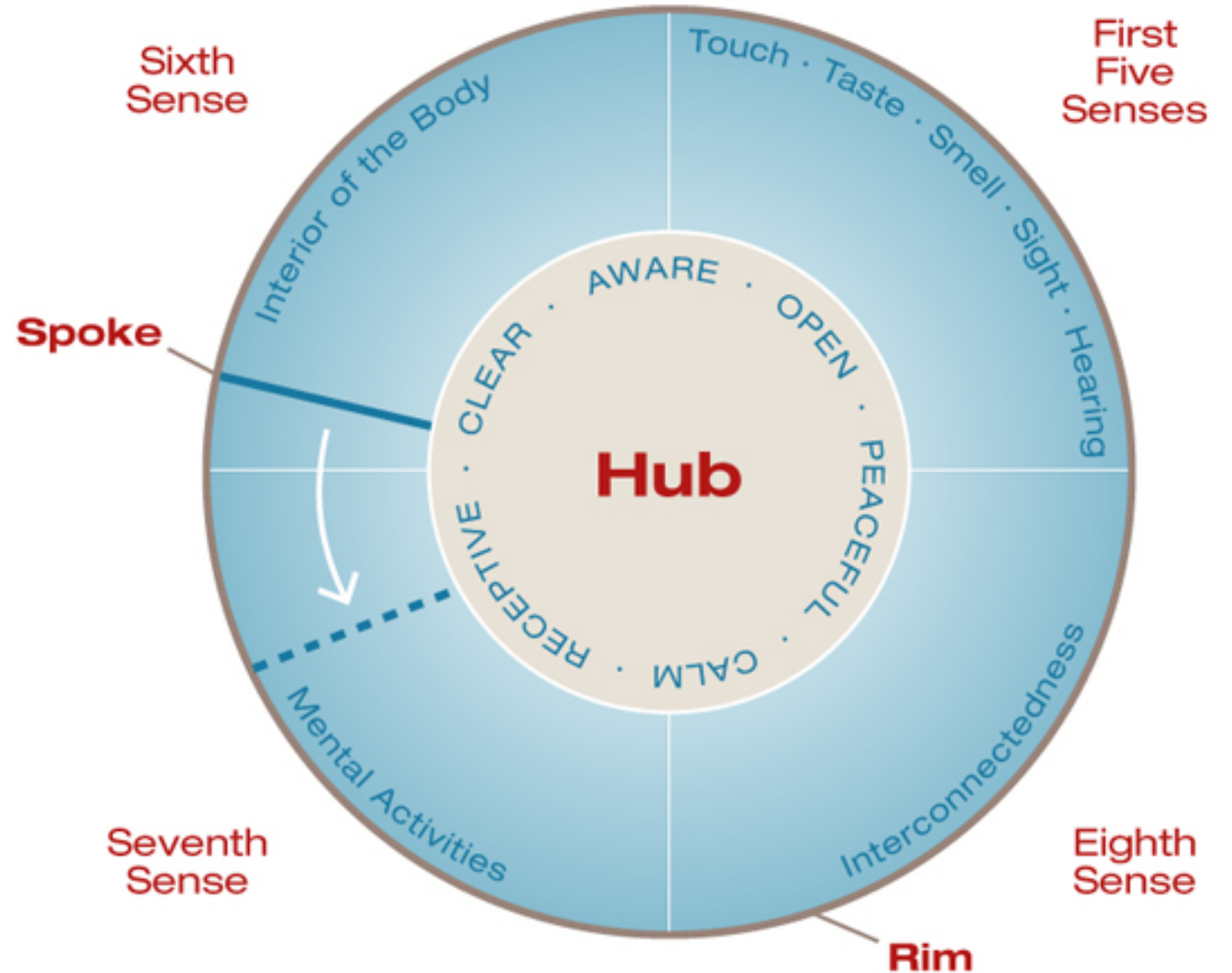
Intersectionality and Identity

Dr. Dan Siegle

Wheel of Awareness and the Plane of Possibility

<https://drdansiegel.com/wheel-of-awareness/>

Here is an image of “The Wheel of Awareness.” The hub represents the experience of awareness itself — knowing — while the rim contains all the points of anything we can become aware of, that which is known to us. We can send a spoke out to the rim to focus our attention on one point or another on the rim. In this way, the wheel of awareness becomes a visual metaphor for the integration of consciousness as we differentiate rim-elements and hub-awareness from each other and link them with our focus of attention.



Practice Learning Reflection Group

Group Check-in Question:

An activity that is facilitating learning for you this week.

Practicum Discussion:

- What are some of the things that are happening in your practicums
- What are some of the needs of the clients you are working with
- Examples of client work to share with the group

Group Norms

- We will be respectful of each other
- We will approach our dialog with an open-mind
- We will engage and fully participate
- We will keep our clients information confidential