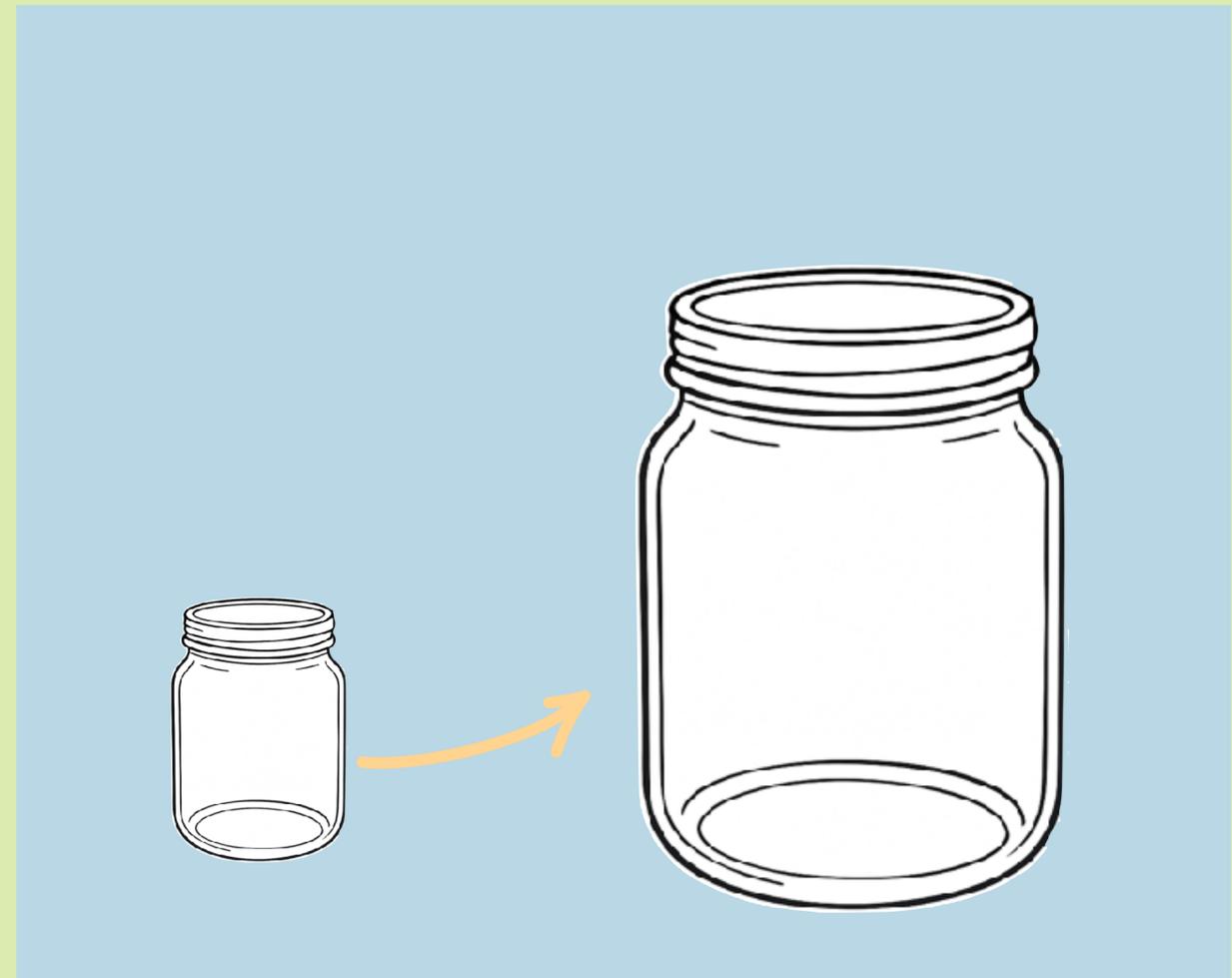


# Building Capacity in a Community

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SOWK 531  
Week 08



## Week 08 Plan

### Agenda

- Week's content
- Capacity Building
- WA's Prevention Planning Framework

### Learning Objective

Students will be able to identify strategies for capacity building in community work.

- **Week Eight Content**
- Read chapter 9, watch one of the documentaries
- Complete at least four replies across any
  - Questions Drawn From Textbook Chapter Nine
  - More Drastic Approaches to Social Action
  - How Do You Keep Information and Organization
  - Community Change Case Study
  - Empowerment and Community Work

# Community Building

How do we create the conditions that make collective action possible

- **Set clearly articulated, neighborhood-directed goals**
- **Maximize participation by community residents**
- **Build on existing assets and strengths**
- **Tailor efforts to the specific neighborhood where the need exists**
- **Strengthen shared social and community values**
- **Strengthen existing community institutions**
- **Reinforce social networks and linkages among people**

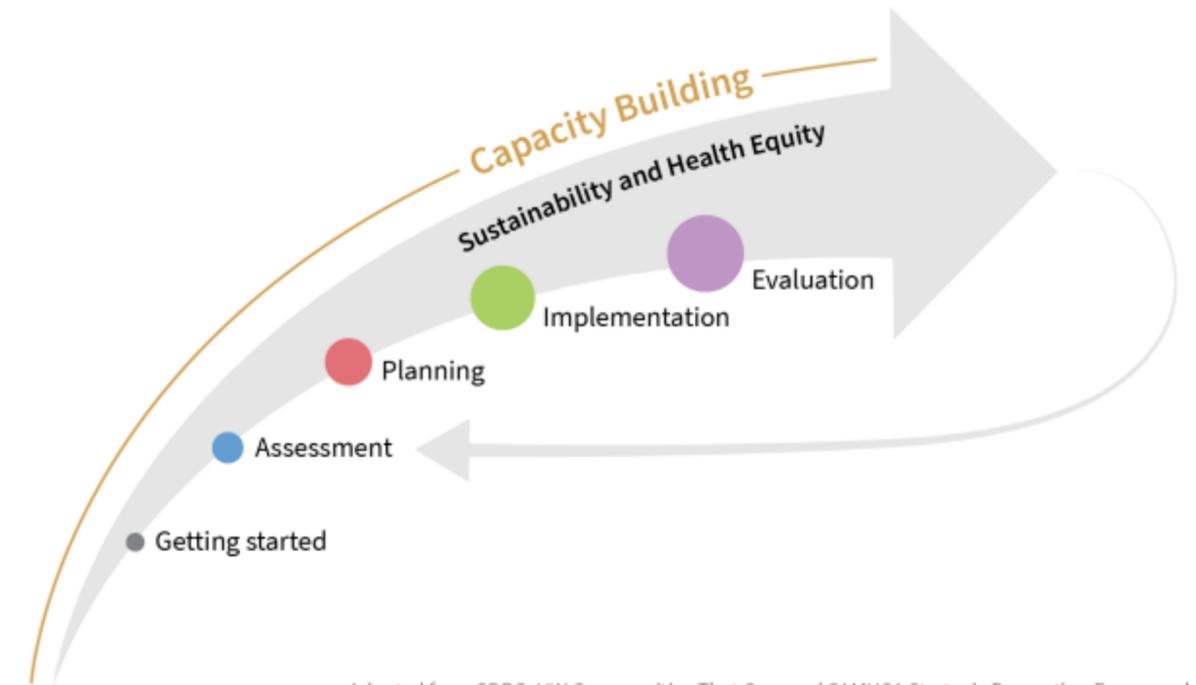
# Strategic Prevention Framework

Models for creating community change from a prevention framework.



Substance Abuse and Mental Health Services Administration's Strategic Prevention Framework

## Washington State Prevention Planning Framework



Adapted from SDRG, UW Communities That Care and SAMHSA Strategic Prevention Framework

Community Prevention and Wellness Initiative Planning Framework

# Methods for Building Capacity

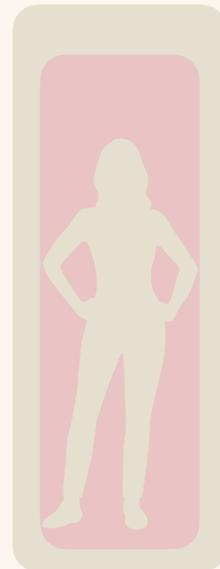
Strategies for developing capacity



Providing education and training to enhance relevant skills in working with groups to achieve identified goals



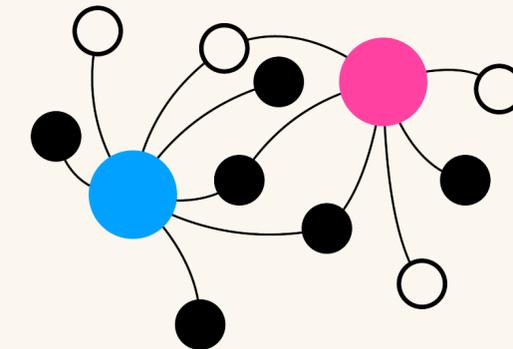
Providing opportunities for people to be successful in change efforts, which builds confidence and capacity in individuals



Helping people become more assertive with regard to their anger, needs, and frustrations



Making invisible issues visible so that they can be addressed



Strengthening social networks