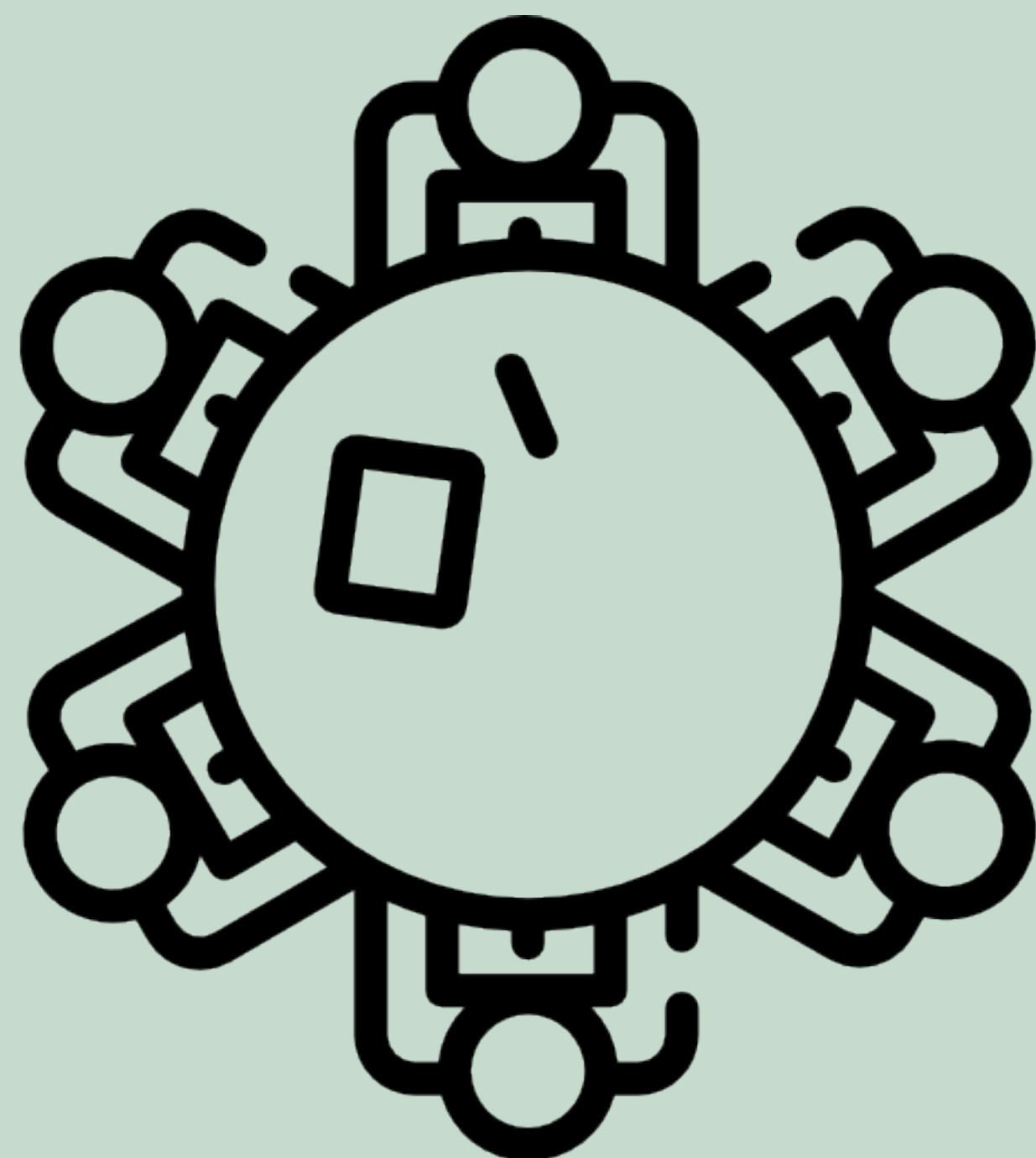




Jacob Campbell, Ph.D., LICSW at Heritage University

Getting Settled with Advanced Seminar I

Week 01 of SOWK 590 1 & 595 1

Agenda

Week 01

- Getting settled for SOWK 590 and 595
- Mindfulness activity, box breathing
- Picking topics for student-led discussions
- Getting Caught Up in the ELC
- Practice Learning Reflection Group

Learning Objectives

Students will recognize the shared experiences of peers in their practicum and be able to use the group as a method for sharing and problem-solving.

Students will analyze their practicum experience, reflecting on how it connects to their development and demonstration of competence.

Students will actively practice a mindfulness activity.

3 Products



Attendance



In-Class Participation



Weekly Reflective Journal

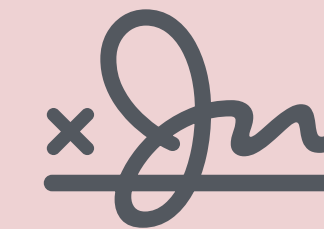
Seminar

Monthly Hour Logs

Practicum



237 Practicum Hours &
13 Supervision Hours
250 Hours



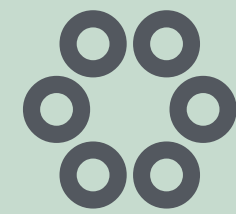
Learning Contract &
Midpoint Evaluation

2 Tasks

Both Classes Grading

Pass / No Pass

In-Person Format



Practice Learning Reflection Group



Mindfulness Activity



Student Led Discussion

Reviewing Learning Contracts

- Where are you at in development
- Scheduling a time to review
- Support you need



SOWK 590 (1): Advanced Seminar I (1 credit)

Fall 2026, Online/Heritage at Toppenish

Instructor	Jacob Campbell, Ph.D., LICSW	
Office Hours	Toppenish Campus <i>Office:</i> Simpkins Hall, Office 2124 <i>Drop-in:</i> Tuesdays 2-3 PM	Tri-Cities Regional Site <i>Office:</i> 2 nd Floor Office 4209 <i>Drop-in:</i> Wednesdays 2-3 PM
	Weekly office hours are available for drop-in via Zoom or in-person. Other times available by arrangement. Schedule available at https://vsp.ink/now .	
Phone	(509) 392-1056	Email campbell_j@heritage.edu
Dates	This class takes place on selected Saturdays from 12:45 PM to 2:15 PM in Petrie Hall, RM 1116. Dates include 08/29/26, 09/12/26, 09/26/26, 10/10/26, 10/17/26, 11/07/26, 11/21/26.	

Land Acknowledgement

Heritage University occupies its home on the traditional lands of the Yakama People. These ancestral homelands are the Yakama, Palouse, Piquouse, Wenatshapam, Klikatat, Klinquit, Kow-was-say-ee, Li-ay-was, Skin-pah, Wish-ham, Shyiks, Ochechotes, Kah-milt-pa, and Se-ap-cat, who today are represented by the Confederated Tribes and Bands of the Yakama Nation (Treaty of 1855) and, whose relationship with this land continues to this day. Heritage University, grounded in the vision of the two Yakama women founders, respects Indigenous peoples as traditional guardians of the lands and the enduring relationship that exists between Indigenous peoples and their traditional territories. We offer gratitude for the land itself, for those who have stewarded it for generations, and for the opportunity to study, learn, work, and be in community on this land. We acknowledge that our university’s history, like many others, is fundamentally tied to the first colonial developments in the Yakima Valley. Finally, we respectfully acknowledge and honor past, present, and future Indigenous students who will journey through this home called Heritage University.

Course Description

Advanced Seminar I is taken concurrently with Advanced Practicum I. This course allows the student an environment to apply advanced practicum experience to the program curriculum. Students are encouraged to critically reflect on theory, ethics, values, skills, knowledge, and cognitive and affective processes that shape social work practice. Designed as a supportive environment, students are encouraged to practice using peer supervision to manage both the challenges and successes in their practicum placement. This course is graded as Pass/No Pass. Prerequisite(s): Admission to the MSW program; Co-requisite(s): Advanced Practicum I



SOWK 595 (1): Advanced Practicum I (4 credits)

Fall 2026, Online/Heritage at Toppenish

Instructor	Jacob Campbell, Ph.D., LICSW	
Office Hours	Toppenish Campus <i>Office:</i> Simpkins Hall, Office 2124 <i>Drop-in:</i> Tuesdays 2-3 PM	Tri-Cities Regional Site <i>Office:</i> 2 nd Floor Office 4209 <i>Drop-in:</i> Wednesdays 2-3 PM
	Weekly office hours are available for drop-in via Zoom or in-person. Other times available by arrangement. Schedule available at https://vsp.ink/now .	
Phone	(509) 392-1056	Email campbell_j@heritage.edu
Dates	This class does not have a course schedule, as it takes place during a student's practicum placement. Planning and review meetings for learning contracts will be individually scheduled.	

Land Acknowledgement

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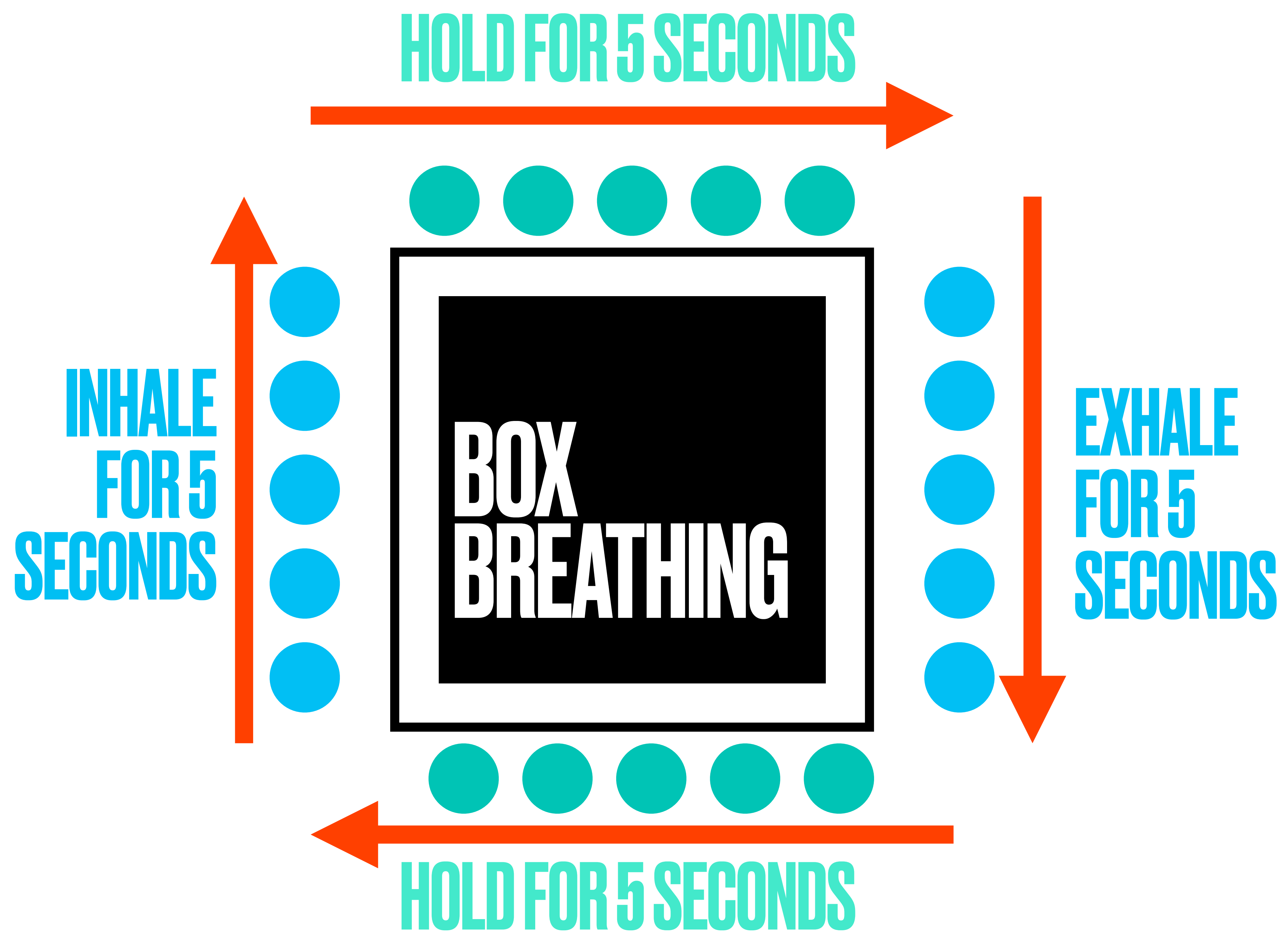
Course Description

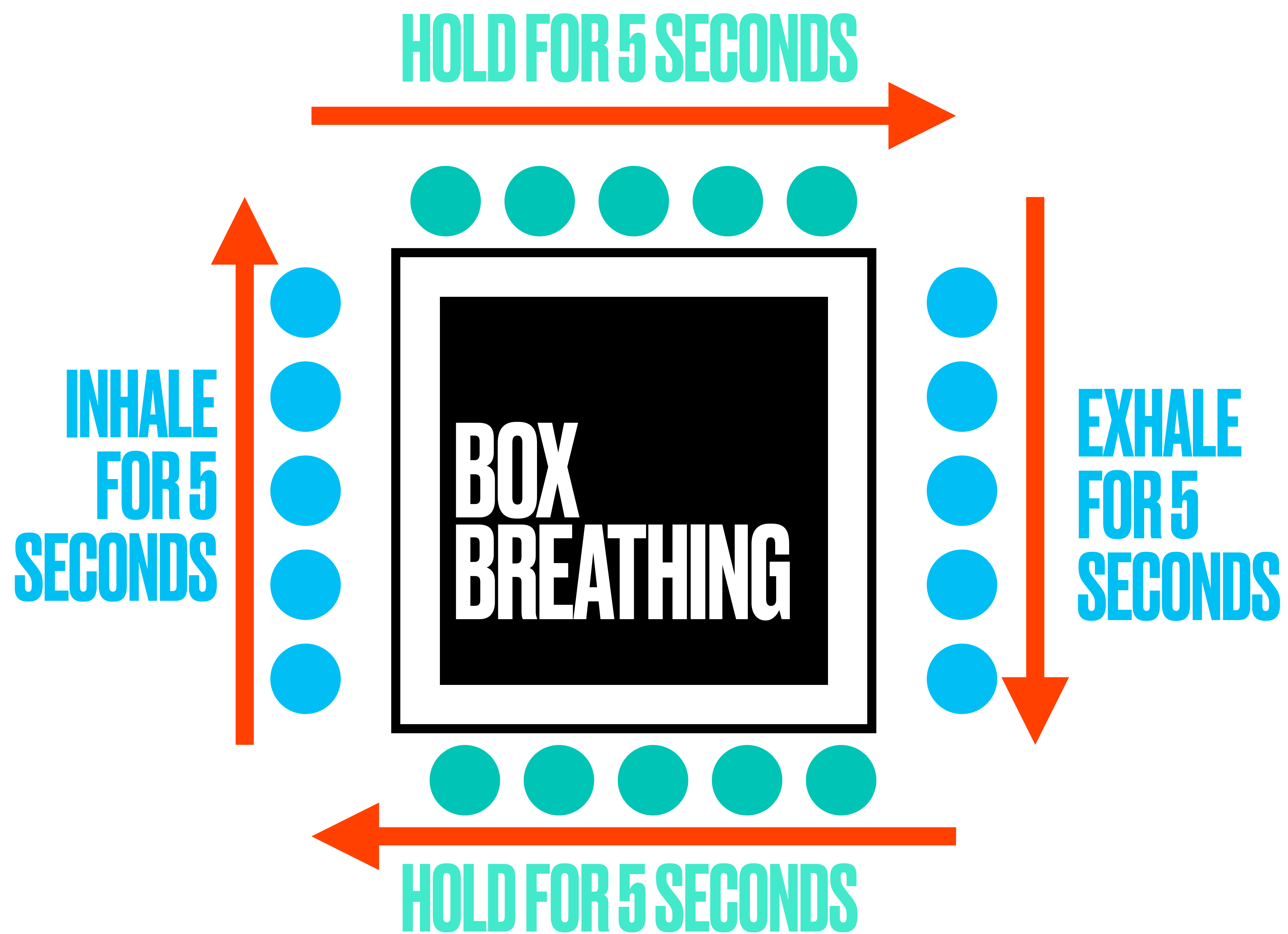
Practicum education provides the student with advanced generalist practice opportunities to demonstrate the nine social work competencies at all system levels. Students are given opportunities to apply knowledge gained from advanced course work and to integrate theory and practice in professional situations. At least 250 hours of placement are required. The course is graded as Pass/No Pass. Prerequisite(s): Admission to the MSW program; Co-requisite(s): Advanced Seminar I

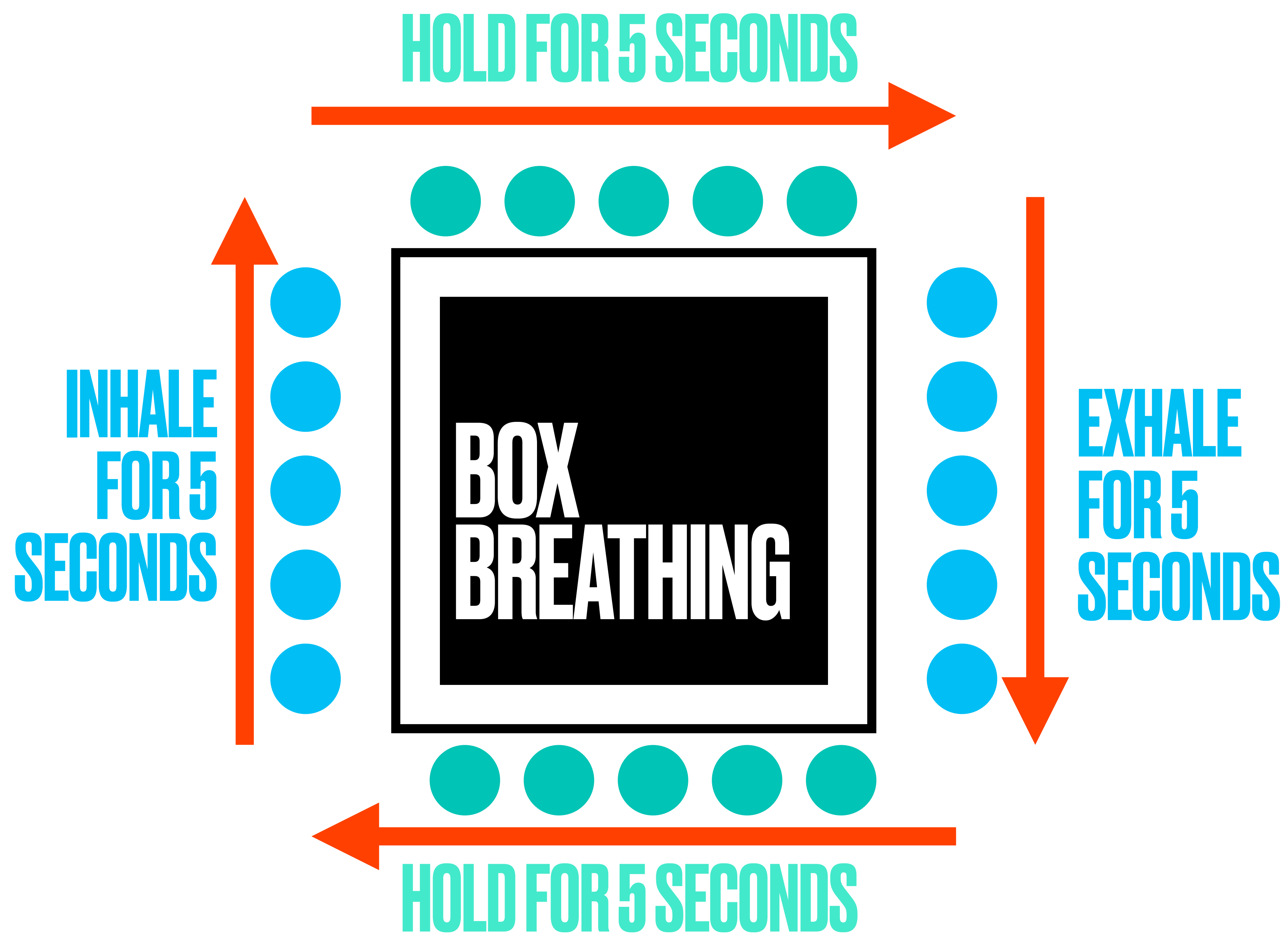
Relationship to Other Sequences and Other Courses

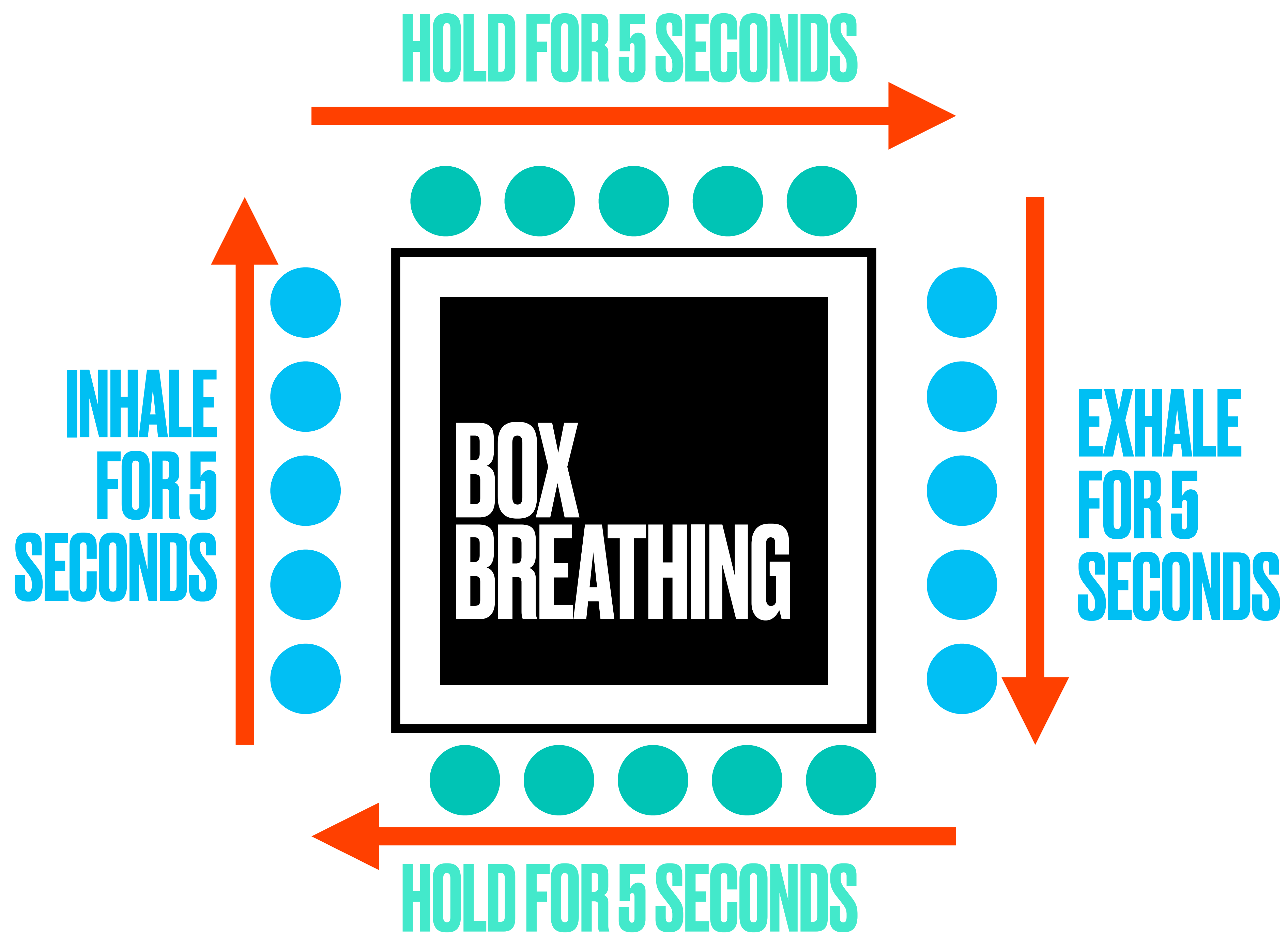
Students will begin SOWK 595 Advanced Practicum I in the fall semester to apply knowledge gained from advanced course work and to integrate theory and practice in professional situations. Students will demonstrate the nine enhanced and extended social work competencies at all levels. Practicum

Questions on Syllabi









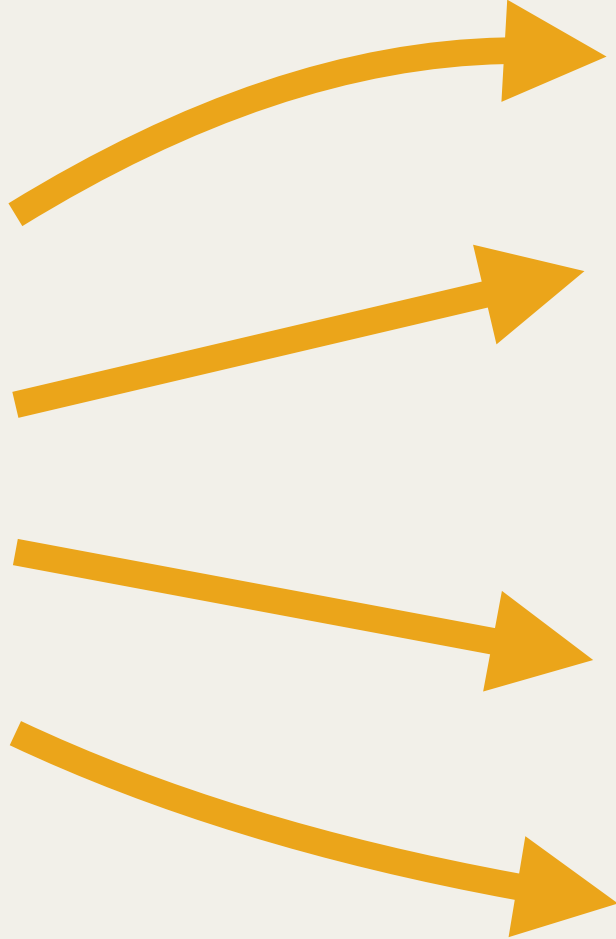
3

Student Led Discussion Topics



- W-03** Safety & Well-Being, Self-Care
- W-05** Self-Care and Burnout Prevention
- W-07** Restorative Justice Practices
- W-08** Intersectionality and Identity
- W-11** Community Organizing and Activism
- W-13** Cultural Competence in Practice

All of these
must have
green check
boxes.



Site Placements

MSW Practicum AdvancedMy agencies

START

✓ Pre-application tasks

✓ Agency preference list

MSW ADVANCED AGENCY 1

✓ Agency details

✓ Supervisor details

Welcome to your program's agency placement workspace!

Here you'll complete the necessary steps to get placed for your field experience.

First, choose the correct process for your placement experience from the tabs at the top of the screen.

Then, use the buttons to the left to complete the steps required by your program.

Note: You may need to complete paperwork or other tasks outside of this workspace given to you by your agency administrator or faculty.

Developing Group Norms

What are our rules for the
practice learning reflection
group

Previous Group

- We will be respectful of each other
- We will approach our dialogue with an open mind
- We will engage and fully participate
- We will keep our client's information confidential



Photo by [Jonny Gios](#) on [Unsplash](#)

Practice Learning Reflection Group

Group Check-in Question:

Something you need to be successful in your setting?

Practicum Discussion:

- What are some of the things that are happening in your practicum
- What are some of the needs of the clients you are working with
- Examples of client work to share with the group