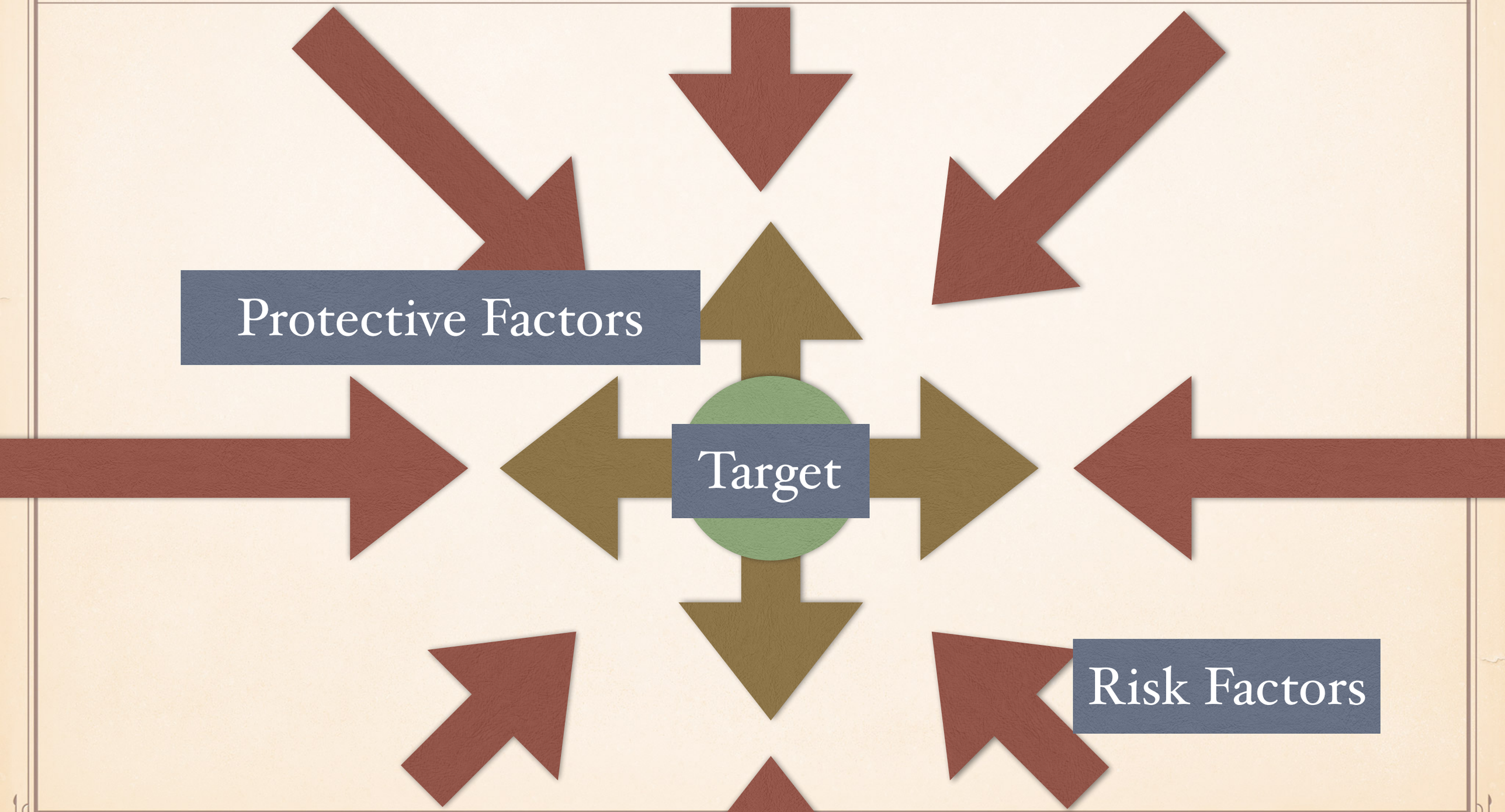
GROUP WORK

Approaches Related to Purpose

Jacob Campbell, LICSW
Heritage University

SOWK 487 Spring 2020

A RISK AND PROTECTIVE FACTOR SCULPTURE



AGENDA

- Psychoeducational groups
- Public Health Framework
- Other prevention frameworks and models
- Designing a school based intervention

GROUP WORK APPROACHES

Self-Help and Support Groups

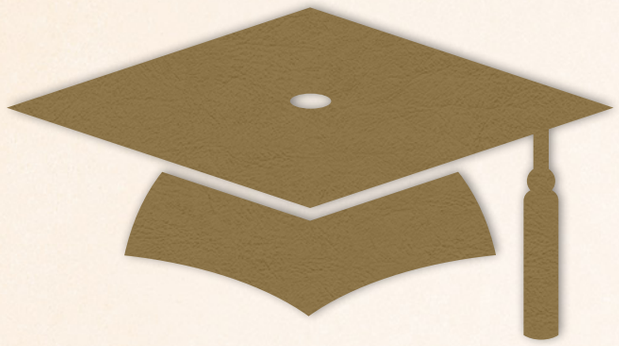
Psychoeducation Groups

Prevention Groups

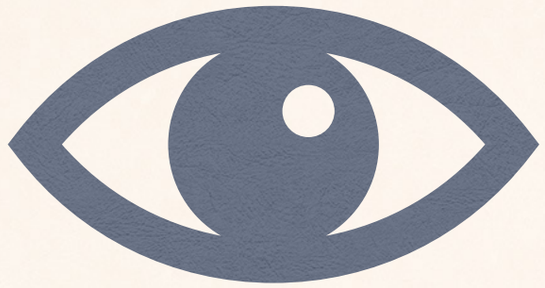
TEACHING AND DELIVERING INFORMATION

- Selecting optimum methods for delivering information based on participant factors
- Demonstrating the meaningfulness of material among group members
- Creating opportunities for group members to integrate new information with existing knowledge and skills;
- Encouraging retention of new information by doing

ABILITIES IN FACILITATORS

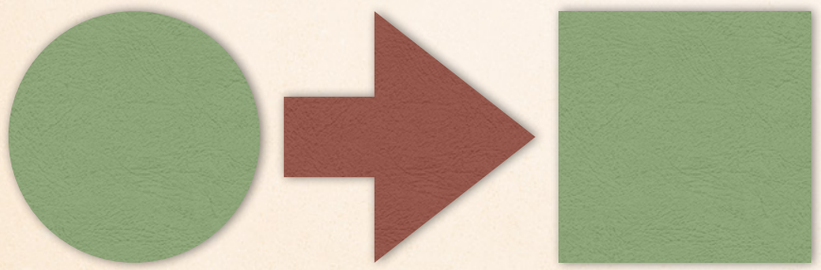


Education on preparing and delivering

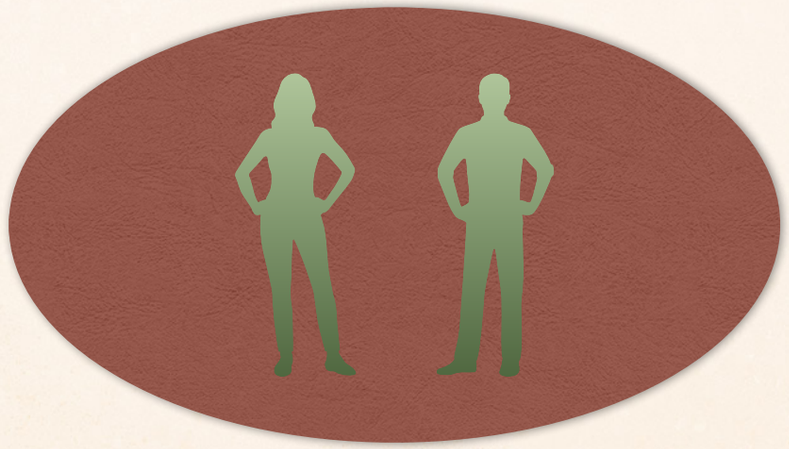


Supervision

Capacity to self-reflect



Knowledge of Group Process



Interpersonal practice skills

Normalizing without essentializing

Connection with group

VERSES

STRUCTURED

Manualized

RESPONSIVE GROUPS

Process-Oriented

Integration of both processes

PUBLIC HEALTH FRAMEWORK

Defining the Target

Understanding Risk and Protection

Interrupting Risk and Building Protection

Assessing the Effectiveness of Prevention

Pasco Discovery Coalition - Logic Model

Consequences
(Short-term and Long-term Outcomes)

Consumption
(Long-term/Short-term outcomes)

Intervening Variables
(Including R/P Factors)

Local Conditions and Contributing Factors

Strategies & Local Implementation

Evaluation Plan

Youth Delinquency
(HYS/JJ
Perception of Enforcement)

Interactions with antisocial peers
(10th grade)

Underage and Problem/Heavy Drinking
(10th grade)

Any Underage Drinking
(10th grade 30-day use)

Current & Problem Drinking
(HYS R/P)

Alcohol Laws:
(Enforcement; Penalties; Regulations; Perception)

Alcohol Availability:
(Social Access)

Community Norms

Perception of Risk

Perception of Harm
(HYS R/P factors)

Poor Family Management:
(Cultural & Social Norm)

Extreme Economic Deprivation

Primary source from family, friends

Underage Drinking parties common

Youth Fighting Weapon Carrying

Alcohol Access/Availability

Understanding local laws & policies

Teenage drinking common
Friends Use Drugs
Academic Failure

Family Management
(Unsure of community laws and policies)

PDC
Annual Key Leader
Contract Services

Provide Informational Meetings
Community Café s
Town Halls

Law enforcement policy modification

Lifeskills
Youth Leadership/Clubs
(Mentoring, After School & Faith-based)

Parenting Wisely
Incredible Years
Love & Logic

Coalition:
Annual Coalition Survey
Sustainability
Documentation

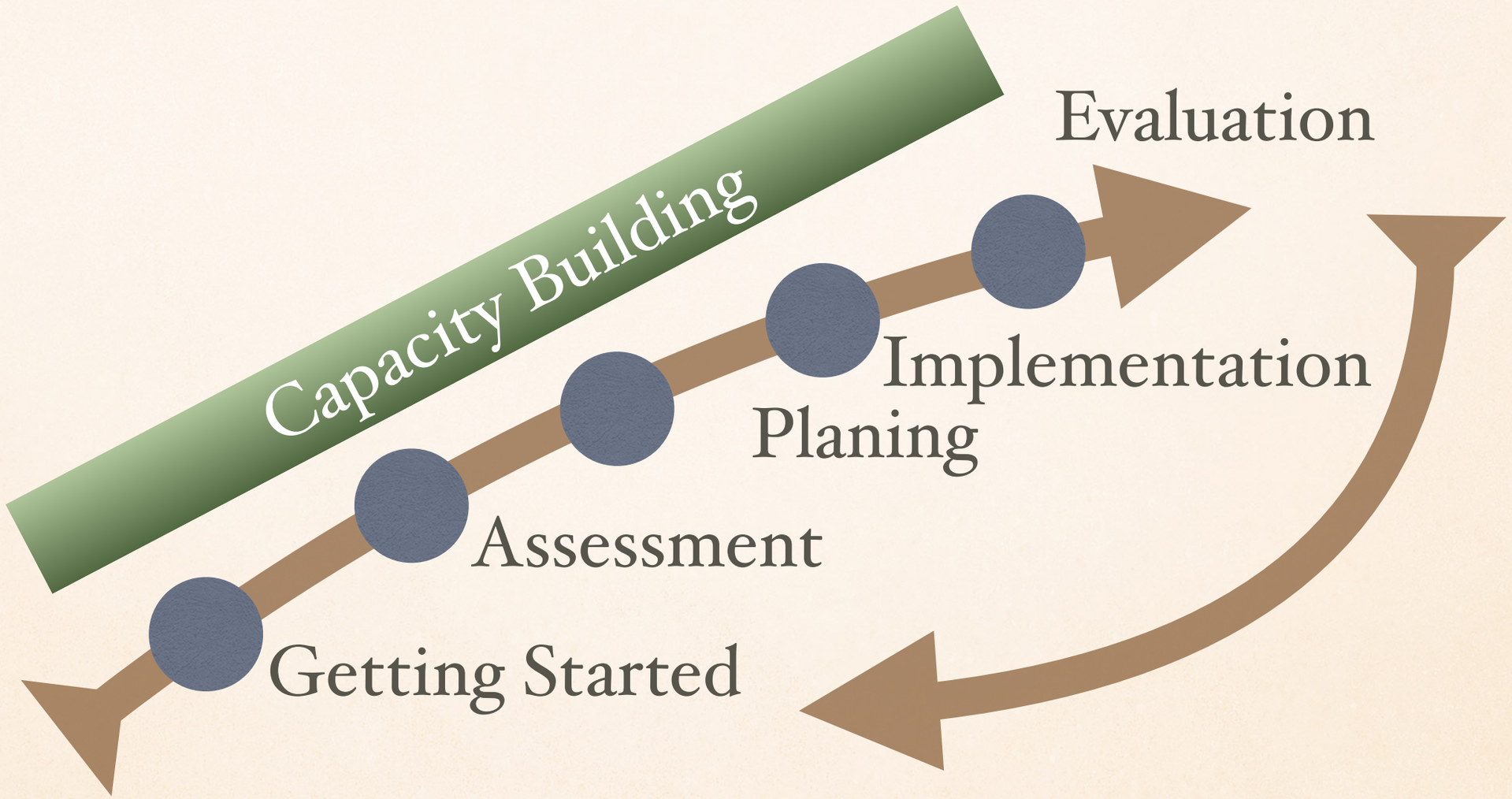
Public Awareness:
Process measures;
Community Profile Survey;
Managing for Parents of Young Children surveys

Environmental Strategies:
Process measures and/or community survey; HYS

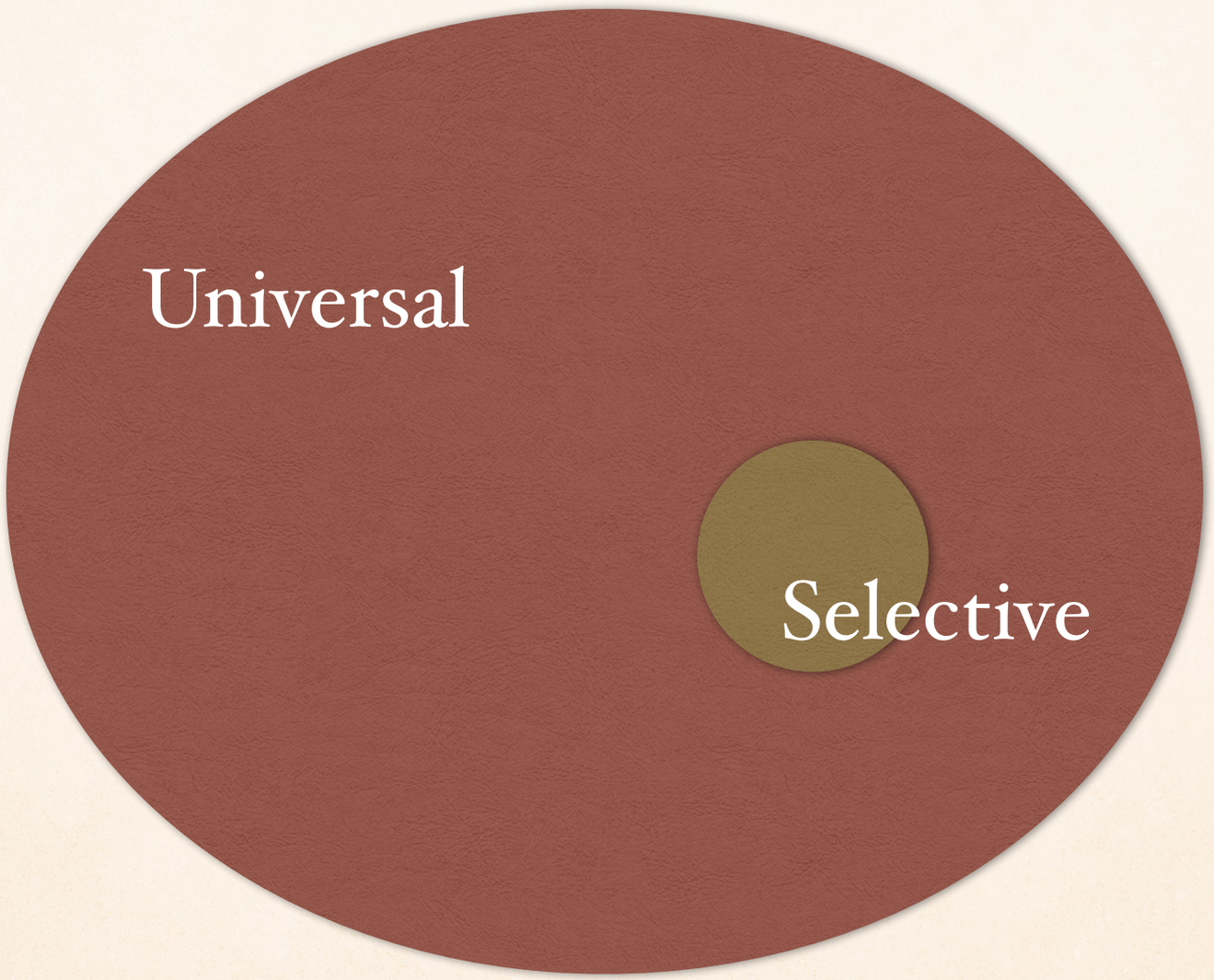
Prevention/ Intervention Services:
Program pre/post;
Family Norms

Direct Services:
outcome measures;
Managing for Parents of Young Children; HYS

DBHR CPWI FRAMEWORK



UNIVERSAL VS SELECTIVE



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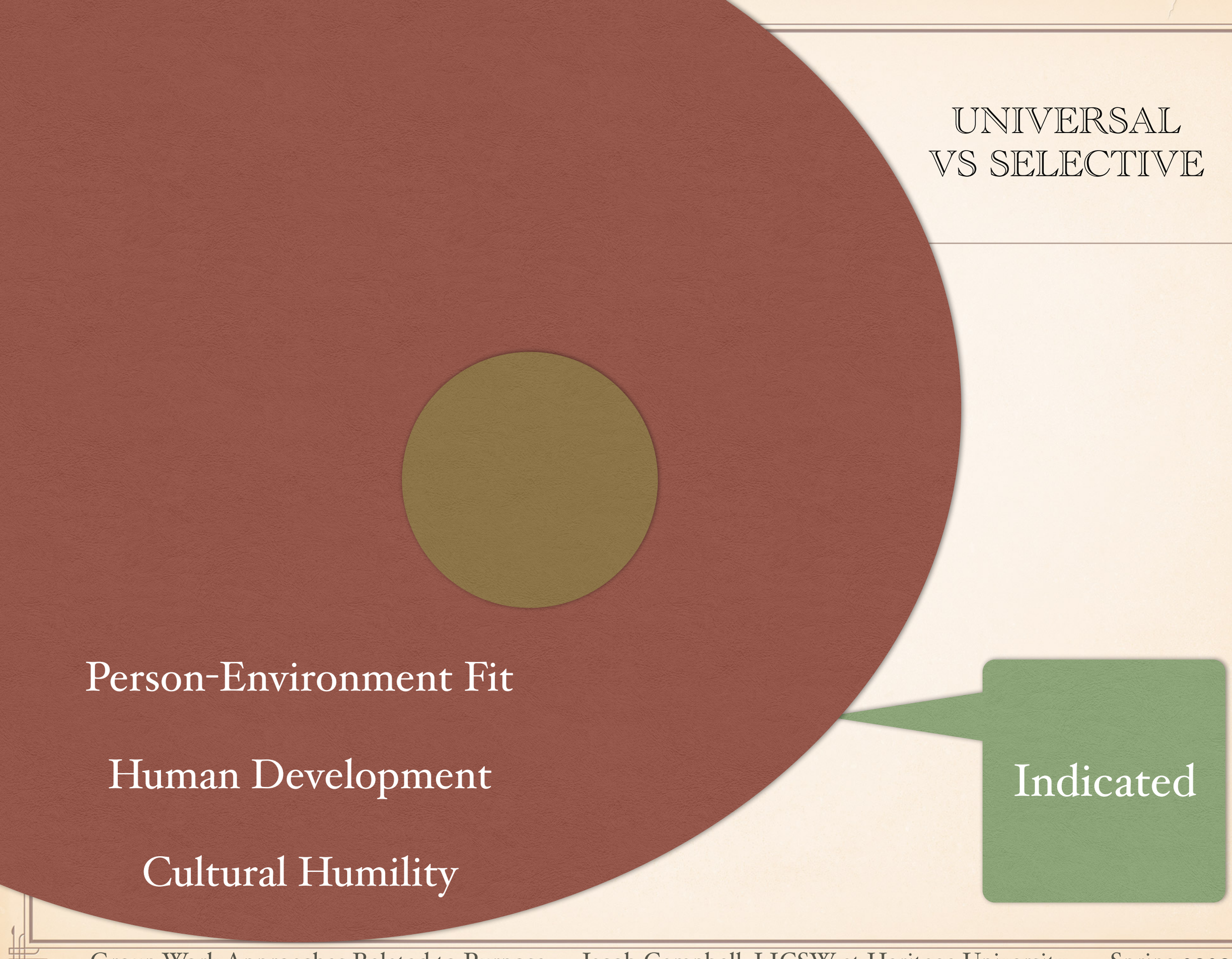
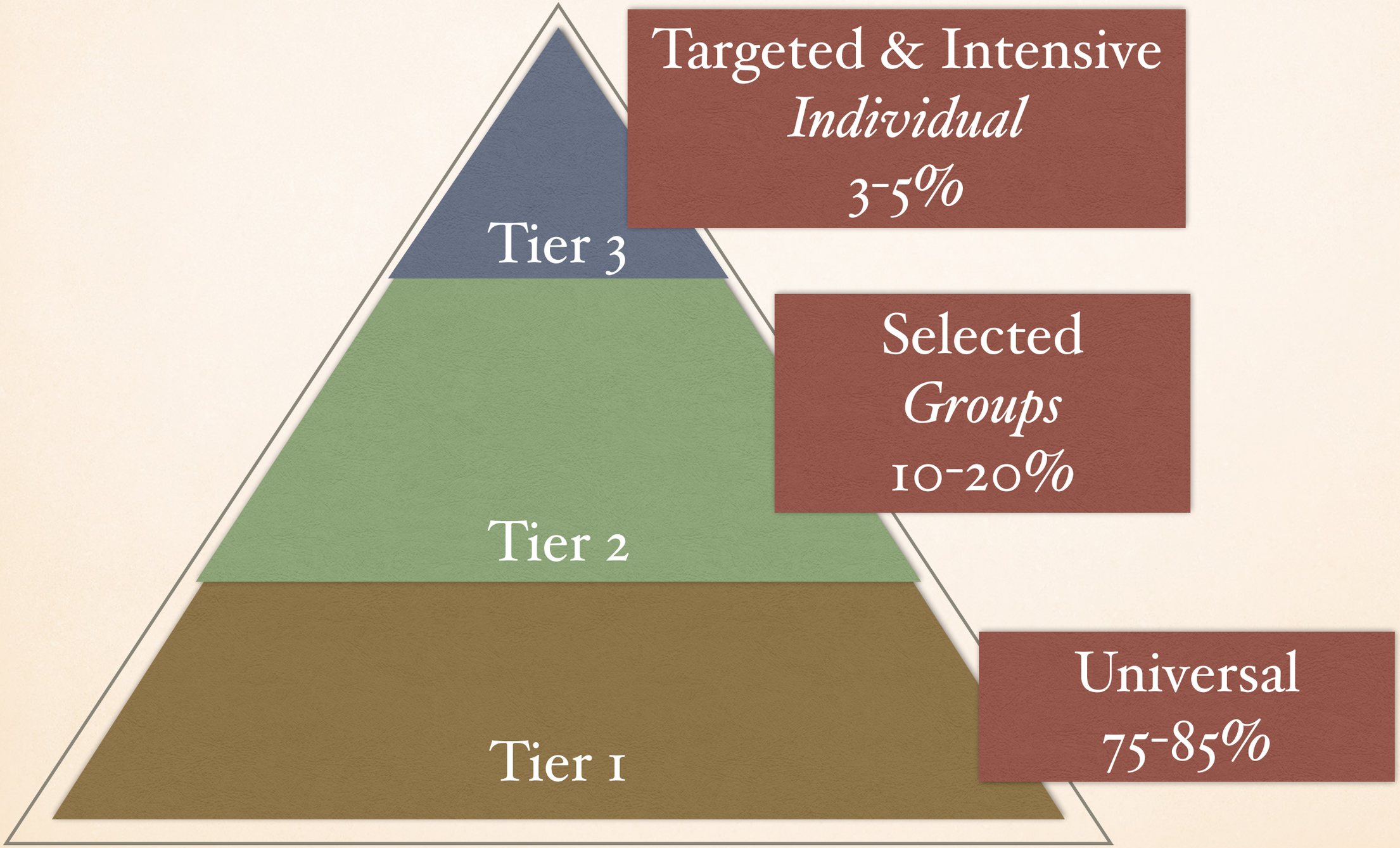
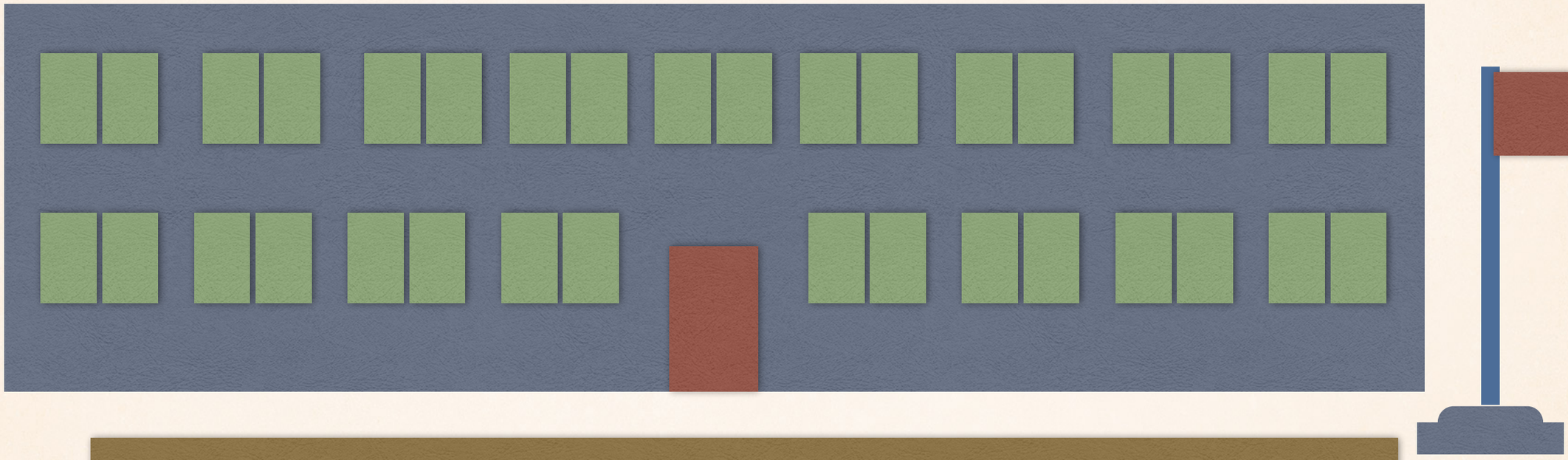


PBIS PYRAMID



PLAN A SCHOOL BASED INTERVENTION



- Defining the Target
- Understanding Risking and Protection
- Interrupting Risk and Building Protection
- Assessing the Effectiveness of Prevention

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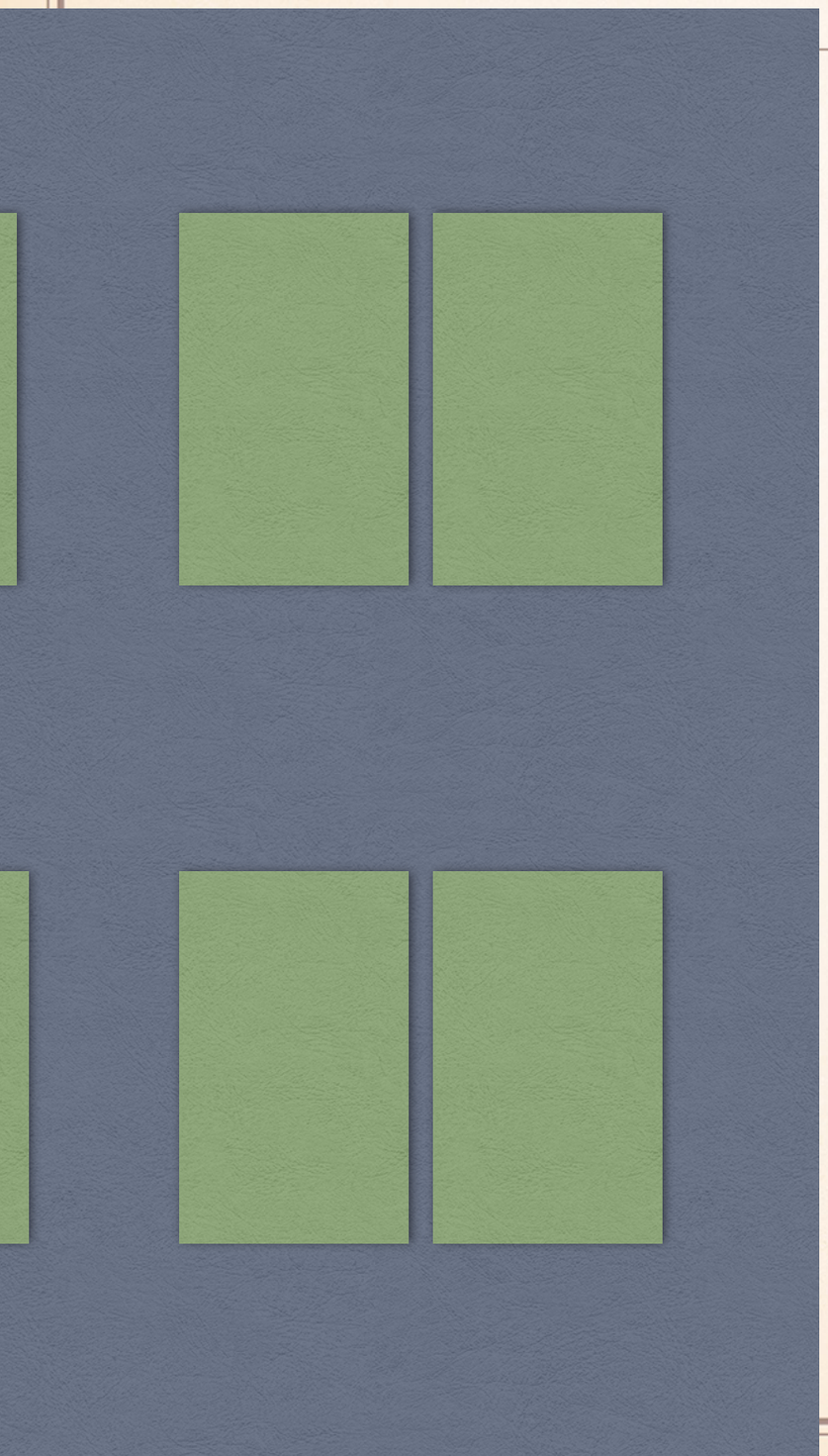

Mutual Aid

Cognitive Behavioral Group Work

Self-Help or Support
Psychoeducation
Prevention Group

IMPLEMENT IT