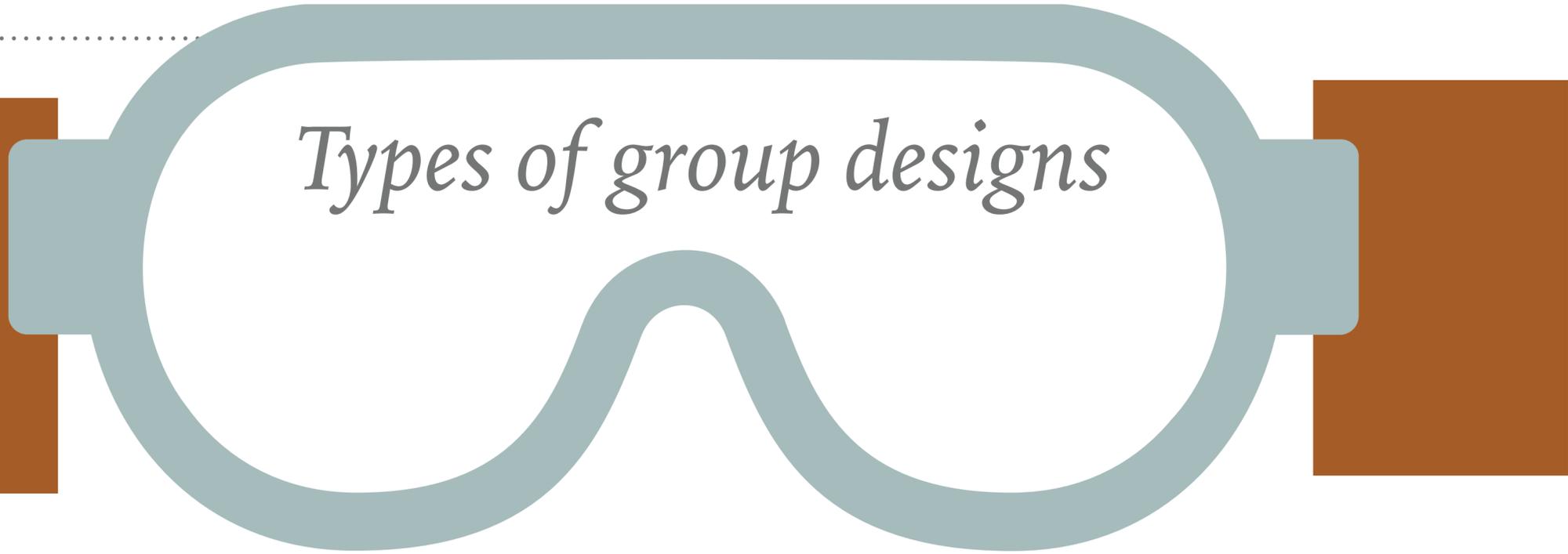


# DESIGN METHODS PART I

---

Jacob Campbell, Ph.D. LICSW  
at Heritage University

SOWK 460w Spring 2024



*Types of group designs*

# AGENDA

---

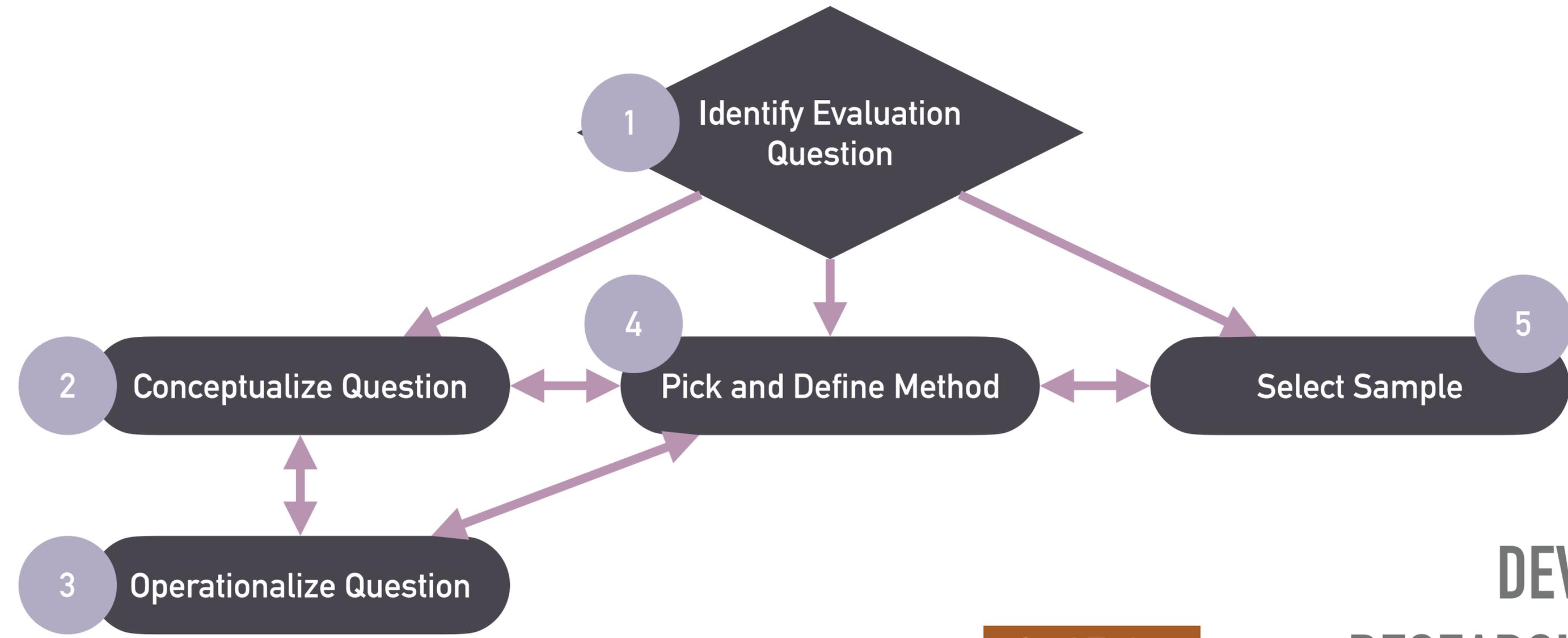
- Developing your research question
- Peer Review Logic Models
- Key components for evaluation methods
- Threats to validity
- Types of group designs



# RESEARCH QUESTION

*What do you want to know?*





## DEVELOPING A RESEARCH QUESTION

Goal Today

You should have an overarching question you are trying to reach with your evaluation. You should also have 3 to 5 specific questions your evaluation is trying to answer

*First Five Steps in a Program Evaluation*  
(Kapp & Anderson, 2010)



# DEVELOPING A RESEARCH QUESTION

*To Help You Develop  
Your Question Consider:*

Step

1

- **What is your topic?** i.e., burnout, how transitions happen, gaps in services, etc.
- **What is the context or location of your research?** i.e. DSHS, Domestic Violence, etc.
- **What do you want to achieve?** i.e. to discover, to describe, to change, to explore to explain, etc.
- **What is the nature of your question?** i.e., a what, where, how, when, or why question?
- **Are there potential relationships you want to explore?** i.e., impacts, increases, decreases, relationships, correlations, causes, etc.



# DEVELOPING A RESEARCH QUESTION

*To Help You Develop  
Your Question Consider:*

## *Potential Question 1*

Topic: \_\_\_\_\_

Context: \_\_\_\_\_

Goal: \_\_\_\_\_

Nature of Question: \_\_\_\_\_

Relationships: \_\_\_\_\_

Question: \_\_\_\_\_

## *Potential Question 2*

Topic: \_\_\_\_\_

Context: \_\_\_\_\_

Goal: \_\_\_\_\_

Nature of Question: \_\_\_\_\_

Relationships: \_\_\_\_\_

Question: \_\_\_\_\_



Starting with the nature of the question – *who, what, why, where, how, when* – begin to piece together the answers generated in Step 1 until you feel comfortable with the eventual question or questions.

2

Suppose the problem you are interested in is increased viewing of pornography among high school students. The answers from Step 1 might lead to several questions:

example:

1

**Topic:** pornography  
**Context:** high school  
**Goal:** to explore prevalence of watching porn  
**Nature of your question:** how much/ often  
**Relationship:** N/A  
**Question:** How prevalent is watching pornography among high school students?

2

**Topic:** pornography  
**Context:** high school  
**Goal:** to understand how porn changes sexual expectations  
**Nature of your question:** how  
**Relationship:** watching porn and expectations  
**Question:** How does watching pornography change sexual expectations among high school students?

3

**Topic:** pornography  
**Context:** high school  
**Goal:** to understand education programmes in high school that address porn viewing  
**Nature of your question:** what  
**Relationship:** N/A.  
**Question:** What education programmes have been shown to have a positive impact on the pornography viewing habits of high school students?



# DEVELOPING A RESEARCH QUESTION

*To Help You Develop  
Your Question Consider:*

Step

3

# DRAFT A QUESTION . . .



# DEVELOPING A RESEARCH QUESTION

*To Help You Develop  
Your Question Consider:*

Step

4

1. Rewrite your question and circle terms that could be ambiguous.
2. Go through and clarify those terms.
3. Then, redraft your question, bringing more clarity and description



# LOGIC MODEL

*Overview of Program*





select

## INTERACTIVE LOGIC MODEL PUZZLES

complete one as a group

- Seniors fall prevention
- Youth smoking cessation
- Teen parenting
- Community crime prevention

<https://communitysolutions.ca/web/free-resources-menu-version/>

# EVALUATION RESOURCES



# PEER REVIEW LOGIC MODEL

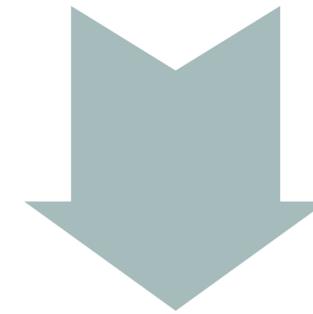
*Submit notes in the MyHeritage Forum*



Jacob Campbell, Ph.D. LICSW  
at Heritage University

SOWK 460w Spring 2024

## CONSIDER



*Logic Model Rubric for SOWK 460w*

Description	Initial	Emerging	Developed	Highly Developed
<b>Visual/Clarity</b>	Unable to identify the components.	Able to identify 3 of the components.	Able to identify 4 of the components.	Able to identify all of the components. The chart is easy to read and visually appealing.
<b>Resources</b>	No identification of resources.	Limited or unclear identification of resources.	The majority of resources were identified.	Complete understanding of resources identified.
<b>Staff Activities</b>	Minimal to no description of staff services provided by the agency.	Seldom description of the staff services provided by the agency.	Partial description of most of the staff services provided by the agency.	A clear description of all staff services provided by the agency.
<b>Program Processes</b>	Minimal to no description of the intended service(s) of the agency.	Seldom a description of half of the intended service(s) of the agency.	Partial description of most of the intended service(s) of the agency.	Clear description of the intended service(s) of the agency.
<b>Short-Term Outcomes</b>	Limited or no data collected. Brief and unclear statements.	Some data was collected, but it is very brief with little detail.	Defines the expected change in the program.	Specifies the target audience, timeframe, and desired level of change.
<b>Immediate Term Outcomes</b>	Did not develop data collection or incomplete.	It shows some connection to activities but needs clarification.	Explains how the changes were implemented to the program's goals.	Identifies relevant data collection methods to track the progress of program evaluation.
<b>Long-Term Outcomes</b>	Vague or no data and outcomes identified.	The outcome has been identified but it is brief and unclear. The data is somewhat relevant to the outcome.	Describes new implementations and long-term outcome goals. Minor additions are needed to develop the logic model's long-term outcomes	Implementations and Long-term outcomes are identified and specified in depth under each category based on program needed change(s) at the agency.

# EVALUATION DESIGN

*Method for Collecting Data*



# SOURCES OF INFORMATION

---

- Questionnaires, surveys, checklists
- Interviews
- Observations
- Focus groups
- Existing data (systematically gathered data, case files, treatment documentation, etc.)
- Controlled experiments



Many of you are planning on using a survey as a part of your program evaluation. Working in your groups, spend time reviewing the CDC's Tip Sheet and talking about potential questions.

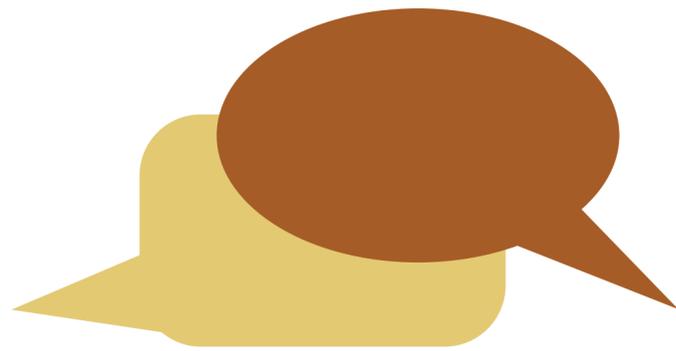
## COMMON PITFALLS IN SURVEY QUESTIONS

- Doublebarreled questions
- Introducing bias
- Balanced question and response
- Negative items

# SURVEY QUESTIONS

[https://www.cdc.gov/dhdsp/docs/constructing\\_survey\\_questions\\_tip\\_sheet.pdf](https://www.cdc.gov/dhdsp/docs/constructing_survey_questions_tip_sheet.pdf)





Qualitative  
Designs and  
Applications

Consumer  
Satisfaction



COMING LATER THIS SEMESTER...

# OTHER DESIGN CHOICES

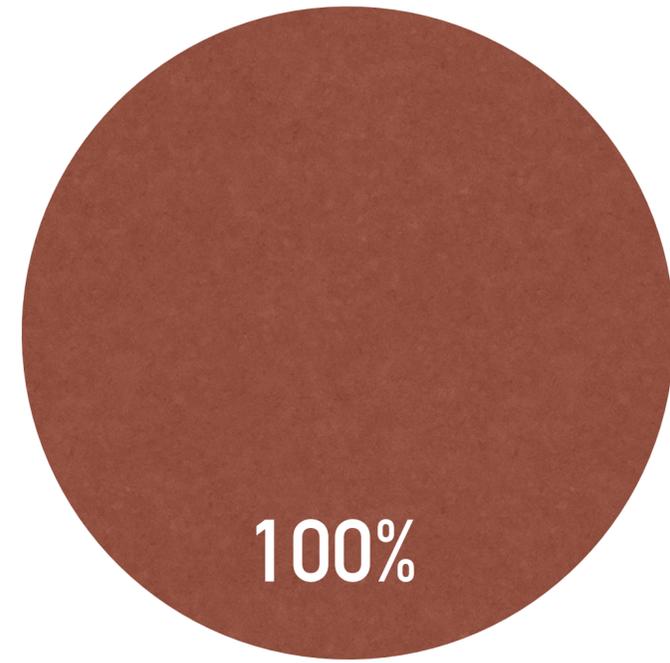
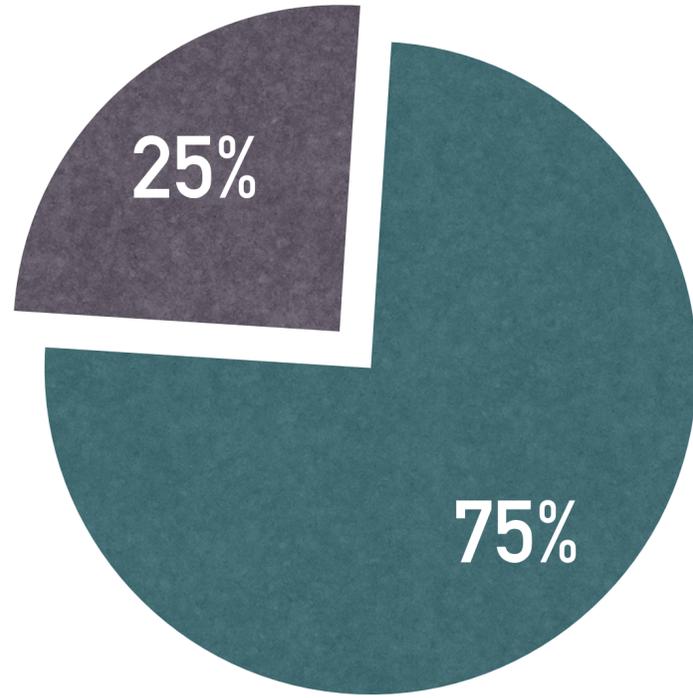
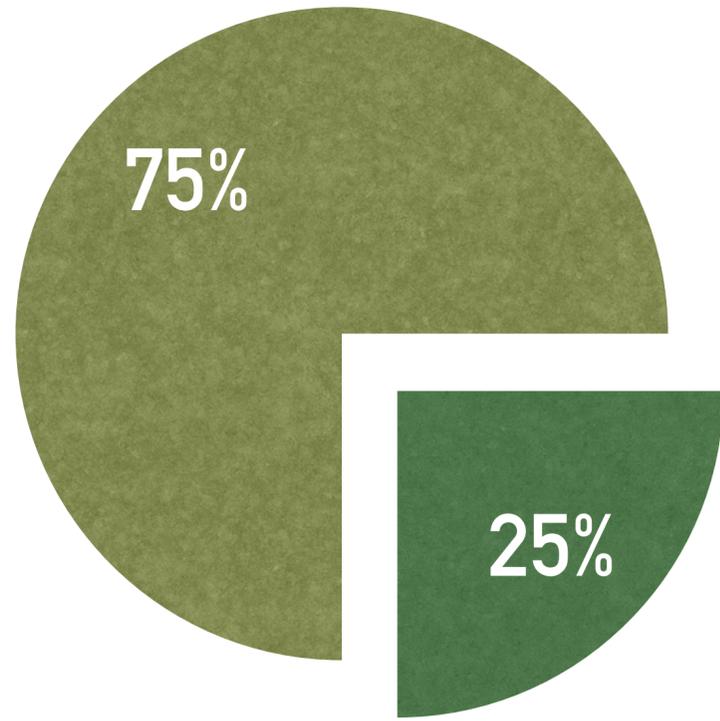


# METHODS FOR EVALUATION

---

- Sample selection
- Data collection
- Analysis
- Reporting





# SAMPLING





Photo by Jen Theodore on Unsplash

# VALIDITY

*How to Address Internal Validity*



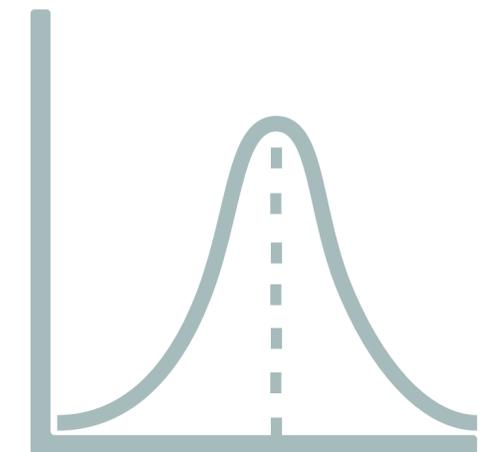
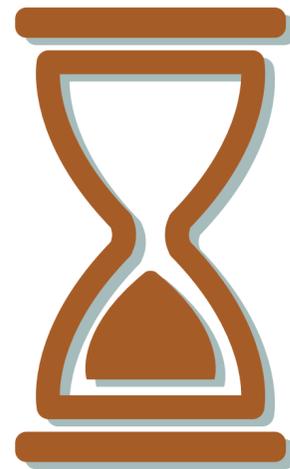
# CLASSIC THREATS

(Kapp & Anderson, 2010)

## *to internal validity*



Maturation  
and time



Statistical  
regression

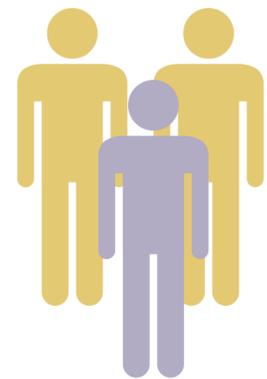
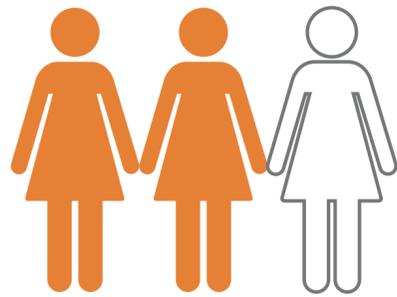


# CLASSIC THREATS

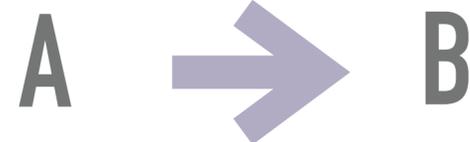
(Kapp & Anderson, 2010)

## *to internal validity*

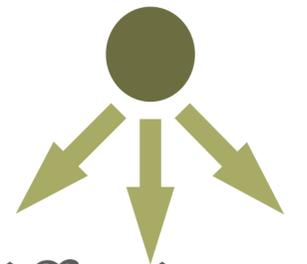
Experimental  
Mortality and  
Attrition



Selection Bias



Ambiguity  
About  
Direction of  
Causal  
Influences



Diffusion or  
Imitation of  
Treatments



# CLASSIC THREATS

(Kapp & Anderson, 2010)

*to internal validity*



# COMPONENTS OF DESIGN

*(Kapp & Anderson, 2010)*

---

## *what should be included in general*

- ▶ Defining and describing the intervention or program elements to be evaluated
- ▶ Establishing the time order of the independent variable
- ▶ Manipulating the independent variable
- ▶ Establishing the relationship between the independent and dependent variables
- ▶ Controlling for rival hypotheses
- ▶ Using at least one control group
- ▶ Assigning the person who are subjects in a random manner



# PRE-TEST / POST-TEST

## *Design Methods Activity*



Intervention



Working in small groups, what would you create as a pre-test / post-test



- Case study approach
- One group post-test design
- One-group pre-test and post-test
- Post-test only with nonequivalent groups
- Experimental design
- Matched comparison groups

## TYPES OF GROUP DESIGNS

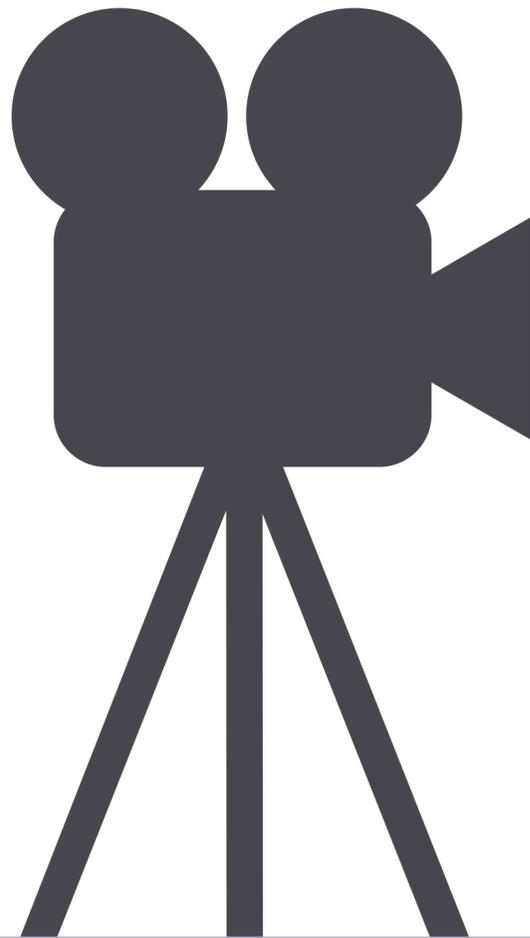
*what should be included in general*



# TYPES OF GROUP DESIGNS

---

## *planning in your groups*



- Are you going to use a group design for your program evaluation or what method will you be using?
- What type of group design method are you going to use?
- What are the challenges that you think you will encounter



# DESCRIPTION

The group in which an intervention has been introduced is the focus of the study. It will chronicle the progress and process of the group, describing the changes (or lack of change) after the introduction of the intervention.

## STRENGTHS

- Detailed exploration
- Ability to understand complexity
- Rich narrative

## LIMITATIONS

- No comparison group
- Case may not have same qualities as sample
- Difficult to weigh elements of narrative

# CASE STUDY APPROACH



# DESCRIPTION

This design involves the implementation of an intervention with a group of people whom that intervention was designed for, and then the administration of a simple test or other measurement to ascertain the results of that intervention.

This can be described as an A-B design, with A being the pre-intervention status and B representing the post-intervention status

## STRENGTHS

- Design is simple and practical
- Intervention is intended to increase positive outcome
- Intervention delivered and measured

## LIMITATIONS

There are concerns about the validity of the findings, the validity of the measurement instrument, and consequently, the inability to present the effectiveness of the intervention with a high degree of confidence

# ONE GROUP POST-TEST ONLY DESIGN



## DESCRIPTION

A target group is assessed prior to the intervention and after the intervention they are assessed again using the same measurement tool. It is designed to measure the change that was presumably caused by the intervention.

## STRENGTHS

- Can show comparison between before and after the intervention
- Progress is likely attributable in part to the intervention

## LIMITATIONS

- Threats to internal validity
- Historical considerations
- Maturation
- Testing and instrumentation

# ONE-GROUP PRE-TEST & POST-TEST DESIGN



## DESCRIPTION

The post-test only aspect of this design means that the impact of the intervention is only delivered after the intervention. The experience and success of other clients also served by the agency, who have not received the intervention is also measured.

## STRENGTHS

Simplicity of the post-test-only design combined with a simple, accessible method for comparison

## LIMITATIONS

Concerns about the ability to compare nonequivalent groups and the lack of randomization mean that strong questions about the validity persist.

# POST-TEST ONLY DESIGN WITH NONEQUIVALENT GROUPS



# DESCRIPTION

The persons to be studied are randomly assigned to two groups. One group is administered the intervention, and the other group is not administered the intervention. The condition and status of both groups (e.g., experimental group and control) are measured.

## STRENGTHS

- Allows ability to control threats to internal validity
- Presents a higher degree of confidence in the results of the evaluation and effectiveness of the intervention

## LIMITATIONS

- The cost and effort to create this type of experimental design is higher than others
- Ethical concerns association with withholding treatment

# EXPERIMENTAL DESIGN



# DESCRIPTION

Control group not selected by randomly withholding the intervention

## STRENGTHS

- May not present the dilemmas posed by an experimental design
- Is more compatible with ongoing service delivery
- Offers some degree of rigor as it attempts to answer the questions as to the effect of experiencing the benefits of the information

## LIMITATIONS

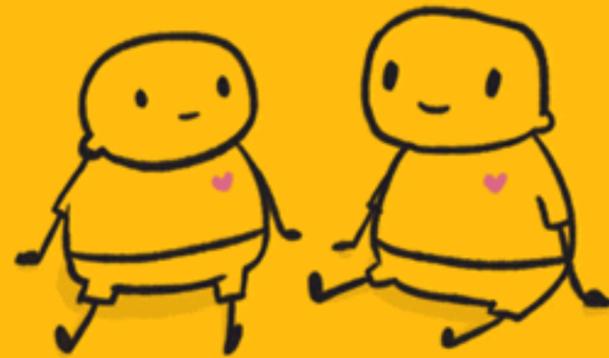
Potentially challenging to identify comparison groups

# EXPERIMENTAL DESIGN: COMPARISON GROUPS



# GROUP WORK PLAN

Check in



**RUOK?**<sup>™</sup>  
A conversation could change a life.