
Group Work Approaches

RELATED TO SETTINGS

Part 2 of 2

Chapter 17 Group-Based Approaches to Preventing Adolescent
Substance Abuse: The State of Social Work Science
Chapter 18 Groups for older adults
Chapter 20 Group Interventions for Partner Abuse



String Paint & Discussion

AGENDA

Activity attempting to change perceptions on discrimination

TED Talk about substance abuse

Thoughts about developmental process with older adults

Group interventions for partner abuse

READINGS THIS WEEK

Campbell, R. (2017). Chapter 18 - Groups for older adults. In C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.), *Handbook of Social Work with Groups* (pp. 306-330). The Guilford Press.

Córdova, D., Alers-Rojas, F., Perron, B., Salas-Wright, C. P., & Vaughn, M. G. (2017). Chapter 17 - Group-based approaches to preventing adolescent substance abuse: The state of social work science. In C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky *Handbook of Social Work with Groups* (pp. 287-305). The Guilford Press.

Saunders, D. G. (2017). Chapter 20 - Group interventions for partner abuse. In C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky *Handbook of Social Work with Groups* (pp. 344-359). The Guilford Press.

Everything you think you know about addiction is wrong

Johann Hari

TED Talk



ERIKSON'S STAGES OF PSYCHOSOCIAL DEVELOPMENT

Stage 8 Old Age Period


INTEGRITY VS. DESPAIR

**Virtue
Wisdom**

Example:
**Contemplation and
acknowledgment of personal
life accomplishments**

**Maldevelopment
Disdain**

(Orenstein and Lewis, 2022)



The Intercept
&
Naomi Klein
present

“THE PURPOSE OF GROUP WORK, REGARDLESS OF THE INTERVENTION AND THE PHYSICAL AND COGNITIVE LEVELS OF THE PARTICIPANTS, IS TO ENABLE THE OLDER ADULT TO FUNCTION AT THE HIGHEST LEVEL POSSIBLE AND TO PUSH THE BOUNDARIES OF WHAT THE INDIVIDUAL, FAMILY, OR SOCIETY AT LARGE EXPECTS FROM A CERTAIN PERSON IN A CERTAIN SITUATION. GROUPS PROVIDE A CUSHION, A WAY TO SAFELY EXPLORE ONE’S OWN IDENTITY AND TO FORGE NEW CONNECTIONS WITH OTHERS”

Campbell (2017) in Handbook of Social Work with Groups, p. 307

GROUP INTERVENTIONS FOR PARTNER ABUSE

Skills Training

Cognitive Restructuring

Sex Role Resocialization

Awareness of Control Tactics

Family Systems

Trauma Therapy

(Saunders, 2017)

ASSERTIVENESS TRAINING

Nonassertive Style



The Martyr

Assertive Style



The Balancer

Aggressive Style



The Persecutor

(Kirst-Ashman et al., 2015)

ASSERTIVENESS TRAINING

- 1. Help client scrutinize actions**
- 2. Ask client to make a record of situations**
- 3. Help client select and focus on some specific instances**
- 4. Help client analyze how reacted**

(Kirst-Ashman et al., 2015)

ASSERTIVENESS TRAINING

5. Help client identify a role model and examine how that person handled a situation requiring assertiveness

6. Assist your client in identifying a range of other new responses for situations where she lacks assertiveness

(Kirst-Ashman et al., 2015)

ASSERTIVENESS TRAINING

- 7. Ask your client to picture herself in the identified problematic situation**
- 8. Help your client practice the way she has envisioned herself being more assertive (role playing, unresolved real life situations)**
- 9. Review new assertive responses**

(Kirst-Ashman et al., 2015)

ASSERTIVENESS TRAINING

10. Continue practicing steps seven, eight, and nine until comfortable.

11. Direct client to try out her new assertiveness approach in real-life situations

(Kirst-Ashman et al., 2015)

ASSERTIVENESS TRAINING

12. Encourage client to continue to expand her assertiveness repertoire until such behavior becomes part of her personal interactive style

13. Reinforce your client for her achievements in becoming more assertive

(Kirst-Ashman et al., 2015)

ASSERTIVENESS TRAINING



SPEED HATING:

A Date with Discrimination

