

Week 01

Social Work Practice

with Individuals, Families & Groups

Jacob Campbell, Ph.D. LICSW at Heritage University

Agenda

Week 01

- Getting settled into the class
- Reviewing the syllabus
- Setting our focus on clinical practice
- Scholarship

Learning Objectives

- Students will gain an overview of this course, the assignments used to facilitate learning and demonstrate competency, and what to expect this semester.
- Students will self-reflect and examine their own beliefs and ideas around clinical practice.
- Students will gain knowledge and awareness regarding clinical practice definitions and related social worker standards.
- Students will be able to analyze the concept of impostor syndrome and its impact on new clinicians.

Course Syllabus

The General Map of this Class



SOWK 581 - Social Work Practice with Individuals, Families & Groups Fall 2024, Online/Toppenish, 3 Credits

INSTRUCTORS	Dr. Jacob Campbell, LICSW		
OFFICE HOURS	Toppenish Campus Office: Simpkins Hall, Office 2126 Hours: Tuesday's 2-3 PM Kennewick Campus Hours: Wednesday's 2-3 PM Other times by arrangement. Meetings can be in-person or via zoom.		
PHONE	(509) 392-1056	EMAIL	campbell_j@heritage.edu
DATE(s)	In-person sessions will be every other Saturday beginning 08/24/24 through 11/16/24. The online will occur every week.		

Land Acknowledgement

Heritage University occupies its home on the traditional lands of the Yakama People. These ancestral homelands are the Yakama, Palouse, Pisquouse, Wenatshapam, Klikatat, Klinquit, Kow-was-say-ee, Li-ay-was, Skin-pah, Wish-ham, Shyiks, Ochechotes, Kah-milt-pa, and Se-ap-cat, who today are represented by the Confederated Tribes and Bands of the Yakama Nation [TREATY OF 1855] and, whose relationship with this land continues to this day. Heritage University, grounded in the vision of the two Yakama women founders, respects Indigenous peoples as traditional guardians of the lands and the enduring relationship that exists between Indigenous peoples and their traditional territories. We offer gratitude for the land itself, for those who have stewarded it for generations, and for the opportunity to study, learn, work, and be in community on this land. We acknowledge that our university's history, like many others, is fundamentally tied to the first colonial developments in the Yakima Valley. Finally, we respectfully acknowledge and honor past, present, and future Indigenous students who will journey through this home called Heritage University.

Course Description

Students will use policy, research, and models to investigate advanced assessment and engagement methods, evidence-based practices, and service delivery. This course will include crisis intervention, elements of trauma informed practice, resilience, ethical decision making, and family systems practice. Students will analyze and evaluate their own social work practice with individuals, families, groups, organizations, and communities.

Relationship to Other Courses

While the first semester focuses heavily on micro and mezzo systems, the second semester emphasizes macro systems. (SOWK 531) **Foundation of Social Work Practice II** builds upon Foundations of Social Work Practice I. This course utilizes the knowledge, and skills gained at the

Meet Your Instructor

Dr. Jacob

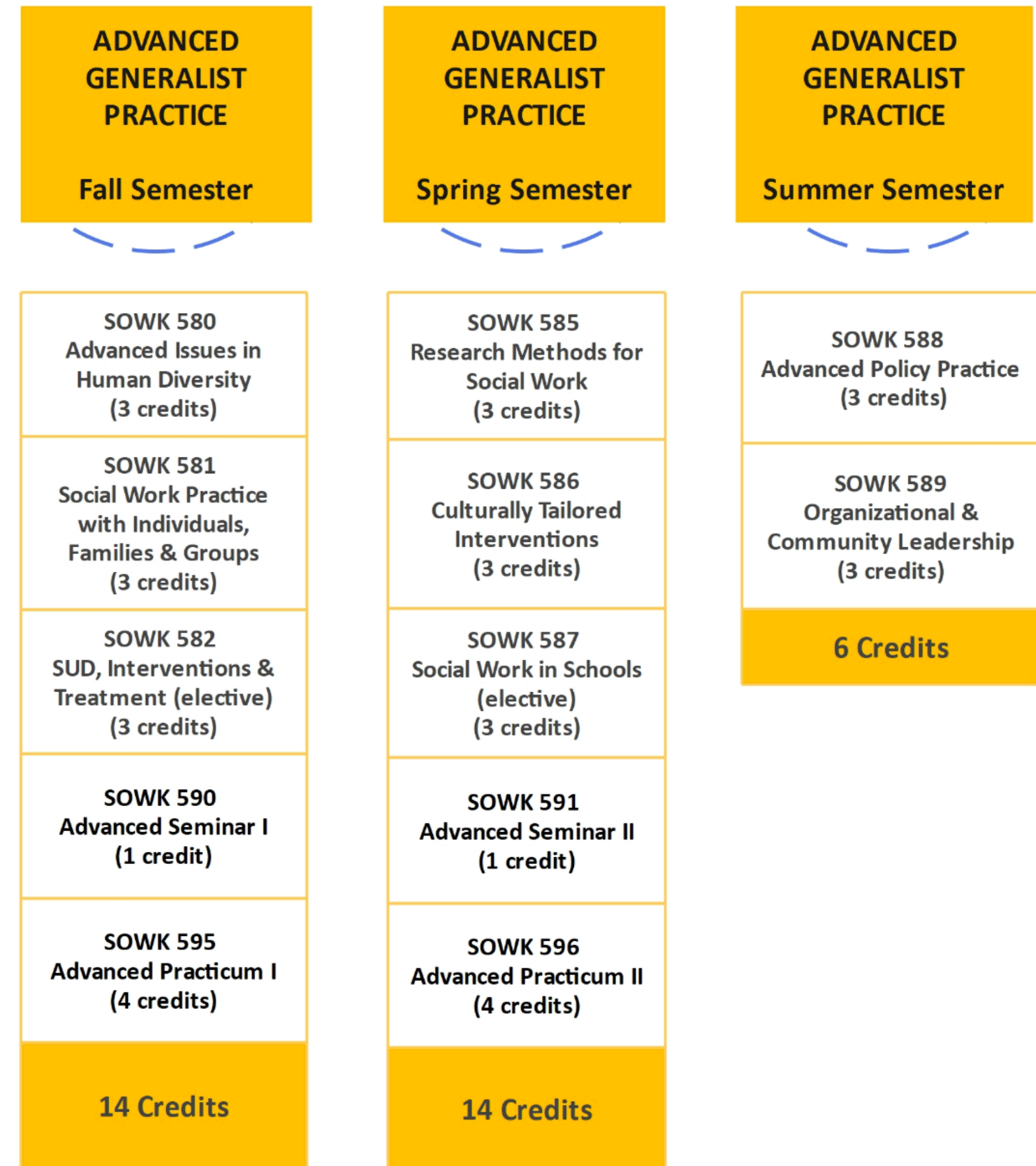
- Work and teaching experience
- Research and population interests
- Associate professorship
- Contact practices and office hours



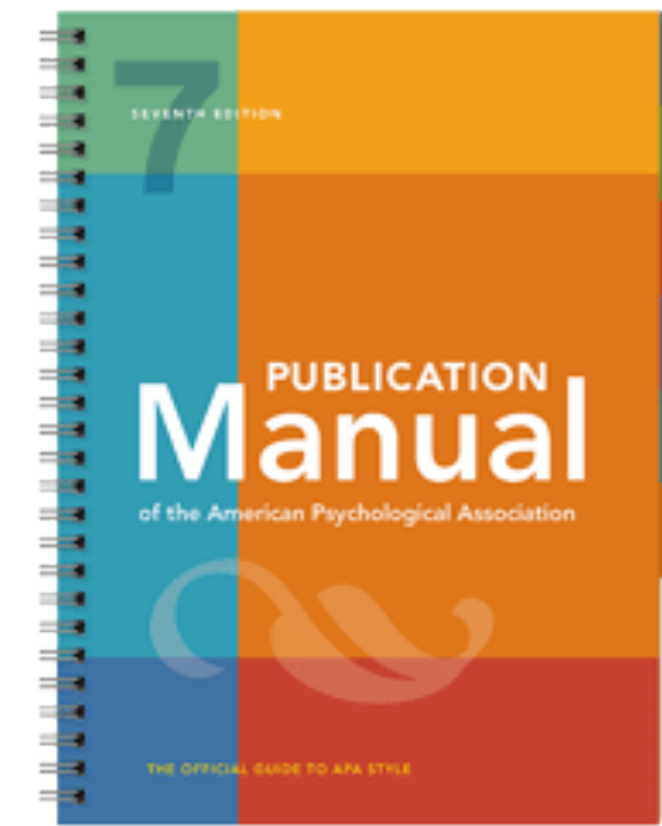
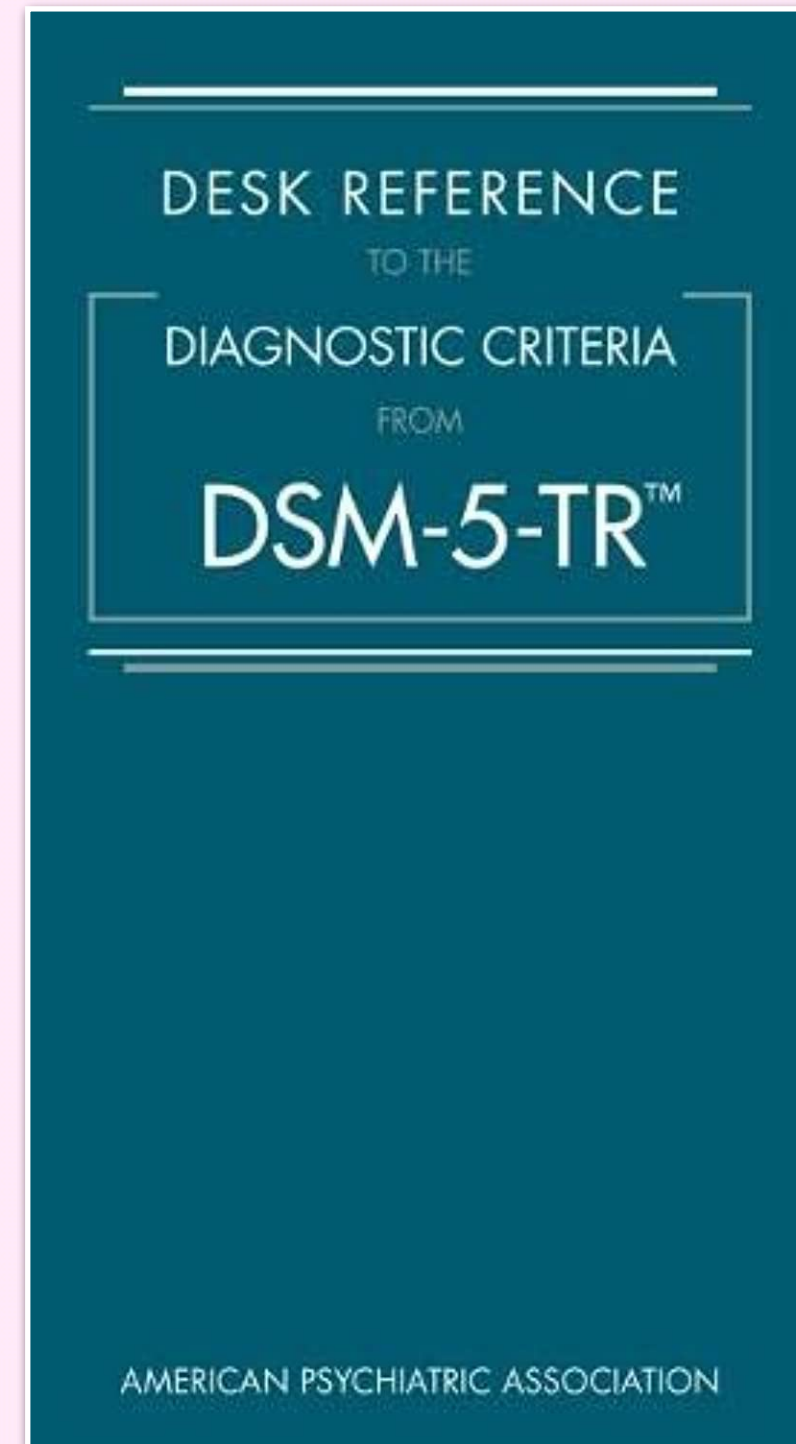
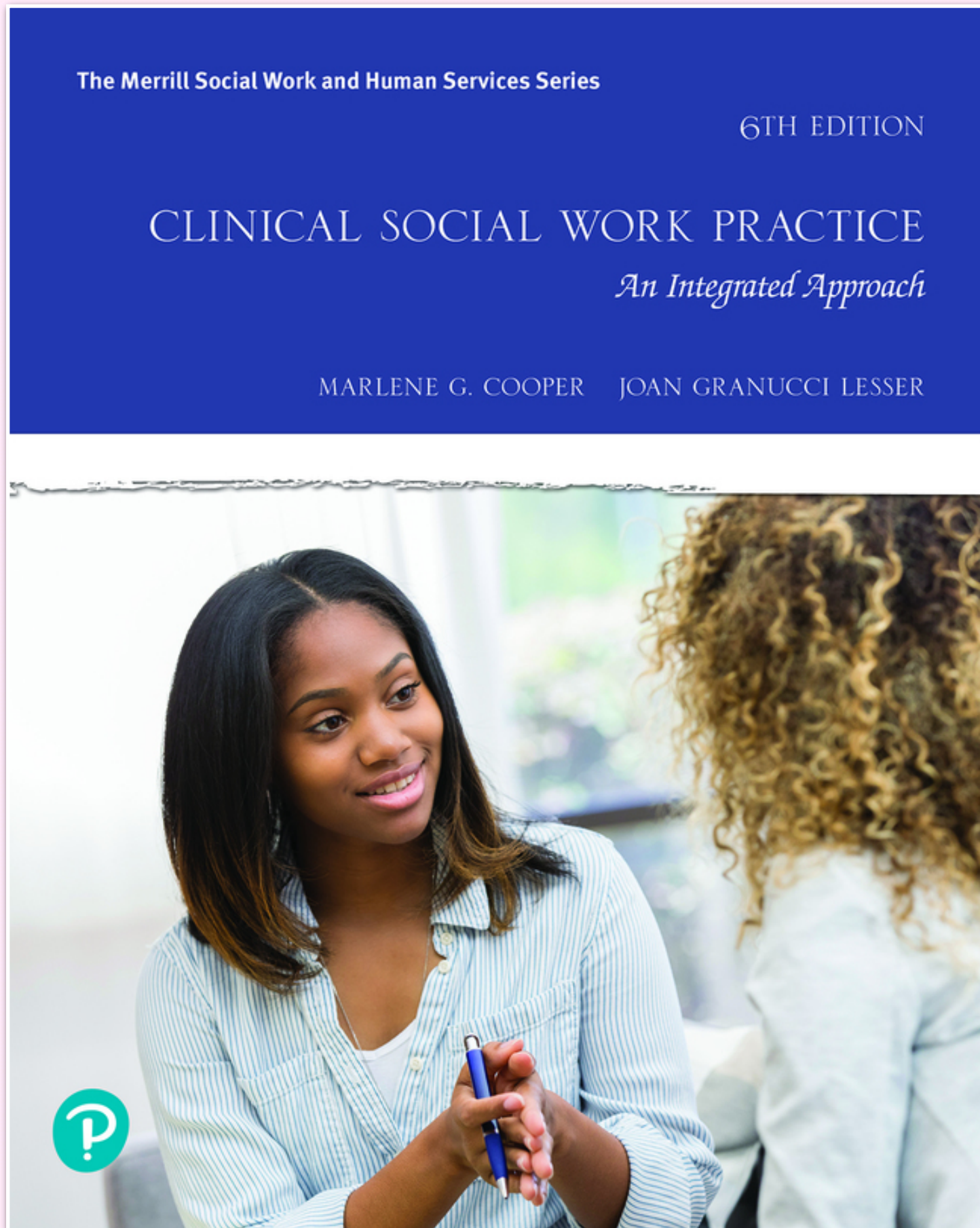
Dr. Jacob Campbell, Ph.D. LICSW

How does this course fit in your advanced standing sequence

Advanced Standing (34 credits)



SOWK 581 TEXTBOOKS



Helpful Resources

Library Guides
Native Americans
Latinx/Hispanic

Case Study

Documenting Direct
Service Implementation
at the Micro, Mezzo,
and Macro with a Real-
Life Client

Practice

Psychosocial Assessment 10/06/24
Intervention Plan Presentation 10/20/24
Case Study Paper 12/08/24

Online

Weekly online discussion forums Fridays
Reading quizzes Fridays

In-Person

In Class Participation/Engagement
Seven Times

Assignments

My Heritage

Cyber Security 101

Learn how to protect yourself against cyber scams and viruses.

SOWK 581 0 - SOWK Prac w/Ind Fam Grps

About This Course

Edit Content

SOWK 581

Social Work Practice with Individuals, Families & Groups

Jacob Campbell, Ph.D. LICSW

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The course syllabus is be forthcoming.

General Course Resources

Edit Content

I send out a weekly email (well, that's my goal at least). While you still must check your Heritage email address, I also want to connect with you in the way most accessible for you. I have a form that you can enter your personal information. That way, the weekly email can go to any email address you want. Because many of my students end up texting me, I usually add your phone number to my contacts to know who is messaging me. Please complete the form (<https://forms.office.com/r/JpHY2Q63i5>).

There are weekly units on the left. As this course is starting, they are not all complete and ready to go. They will be updated each week with the relevant information for that week. I have used 🏠 to indicate weeks with in-person class sessions, and 🖥️ for completely asynchronous weeks. There are two textbooks for this course The first is Cooper and Granucci Lesser (2021) titled *Clinical Social Work Practice: An Integrated Approach* (6th ed.). I haven't finished reading through the textbook yet, and will be preparing as the weeks go by. I have liked it so far and think it will be really useful textbook. You can find more information on [Pearson's detail page](#), as they are the publisher. The second textbook is listed as *Desk Reference to the Diagnostic Criteria From DSM-5-TR*® by the American Psychiatric Association. You can find it on the [publishers detail page](#). This class will take strong clinical focus and we want you to be prepared to use the DSM. If you own another version of the DSM (either desk reference or full version) let me know and it might be able to work for this class.

SOWK 581 0 - SOWK Prac w/Ind Fam Grps

Course Overview and Resources

Syllabus

Meet Your Instructor

Meet Your Classmates

🏠 W-01: 8/19 - 8/25

🖥️ W-02: 8/26 - 9/1

🏠 W-03: 9/2 - 9/8

🖥️ W-04: 9/9 - 9/15

🏠 W-05: 9/16 - 9/22

🖥️ W-06: 9/23 - 9/29

🏠 W-07: 9/30 - 10/6

🖥️ W-08: 10/7 - 10/13

🏠 W-09: 10/14 - 10/20

🖥️ W-10: 10/21 - 10/27

🏠 W-11: 10/28 - 11/3

🖥️ W-12: 11/4 - 11/10

🏠 W-13: 11/11 - 11/17

🖥️ W-14: 11/18 - 11/24

🏠 W-15: 11/25 - 12/1

🖥️ W-16: 12/2 - 12/8

ePortfolio

Lecture Videos

Gradebook

Assignments

Attendance

Course Organizer

📄 Add a Page

📁 Course Manager

📊 Usage Statistics

📄 Copy Courses

🔔 Early Alert Messages

Student Resources

Edit Content

Online Tutoring Services includes:

- Drop-in and By Appointment
- Includes 24/7 access to tutoring through Smarthinking.
- Tutors also Provide Assistance with MyHeritage and Chalk and Wire ePortfolio

Library Services

- [Library Online Data Bases](#)
- [Library Online eBooks](#)

Help Desk

- ithelpdesk@heritage.edu
- Phone: (509)865-8579 (8:00 am to 5:00 pm M-F)

Order Textbooks Online: Go to semester [schedule](#). Select semester and click search. Click on course number link for first course. Enter student ID. Follow instructions.

Institutional Review Board (IRB) Guidelines

Office of Ability Services (ADA) and Counseling

Heritage Campus Security Website

- Phone: (509)865-8555

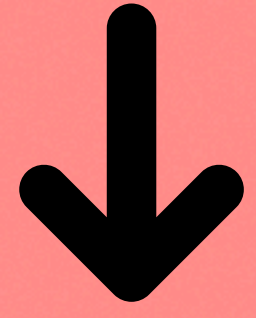
Core Tasks of Psychotherapy

(Cooper & Granucci Lesser, 2021)

- Develop a therapeutic alliance
- Educate clients
- Nurture clients' hope
- Facilitate development of coping skills
- Help clients reconsider their beliefs about self/world
- Nurture clients' sense of mastery
- Conduct relapse prevention.

How would you define this?
Why is it important? What
might the implementation
look like?

Practice Here

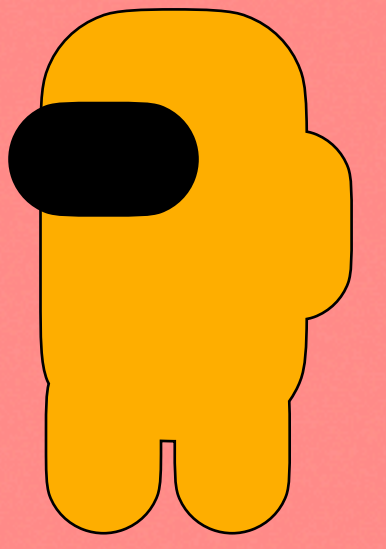


competence



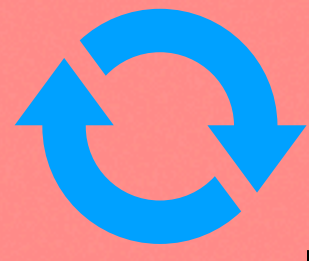
Work on Specific Skills

Recognizing Imposter Syndrome



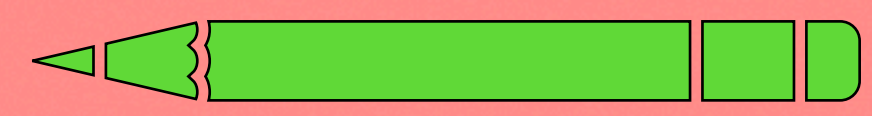
Developing Your Clinical Practice

Do



Evaluate

Take Note



Seek Feedback

Considering Our Thoughts

