

# GROUP WORK

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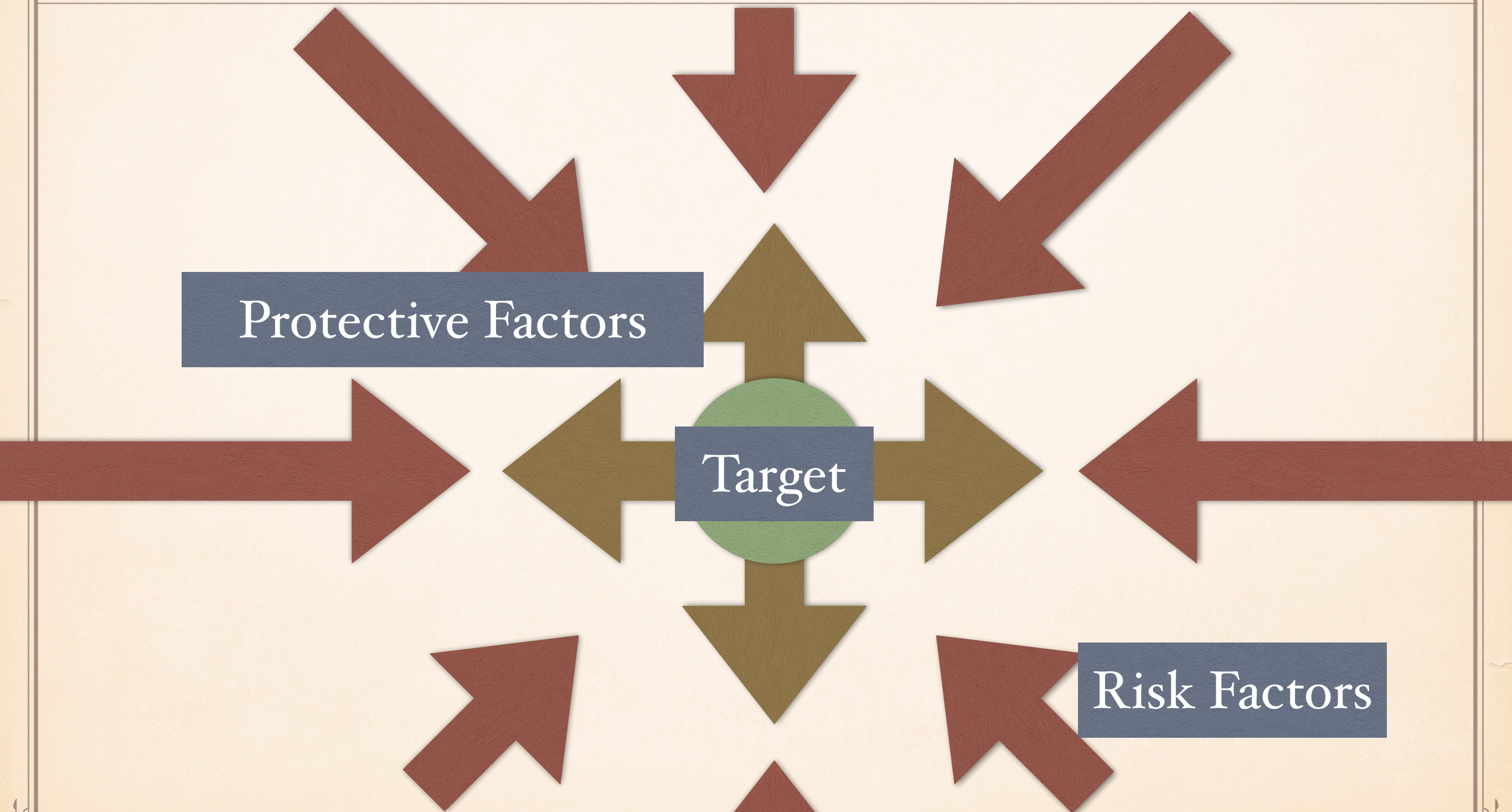
APPROACHES RELATED TO PURPOSE

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Heritage University*

*SOWK 487 Spring 2021*



# A RISK AND PROTECTIVE FACTOR SCULPTURE





# AGENDA

- ❖ Psychoeducational groups
- ❖ Public Health Framework
- ❖ Other prevention frameworks and models
- ❖ Designing a school based intervention



# GROUP WORK APPROACHES

Self-Help and  
Support Groups

Psychoeducation  
Groups

Prevention  
Groups

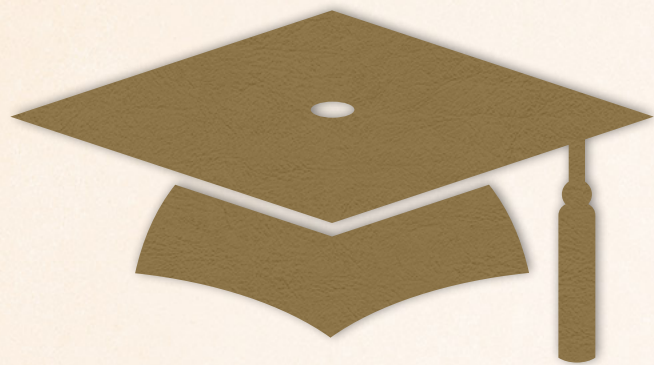


# TEACHING AND DELIVERING INFORMATION

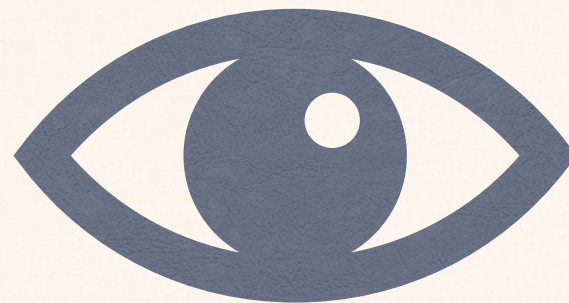
- ❖ Selecting optimum methods for delivering information based on participant factors
- ❖ Demonstrating the meaningfulness of material among group members
- ❖ Creating opportunities for group members to integrate new information with existing knowledge and skills;
- ❖ Encouraging retention of new information by doing



# ABILITIES IN FACILITATORS



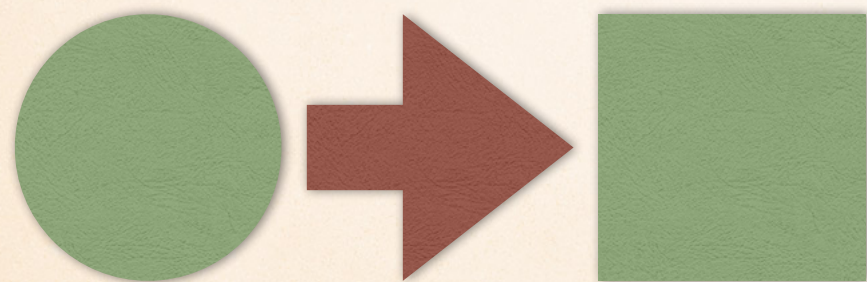
Education on  
preparing and  
delivering



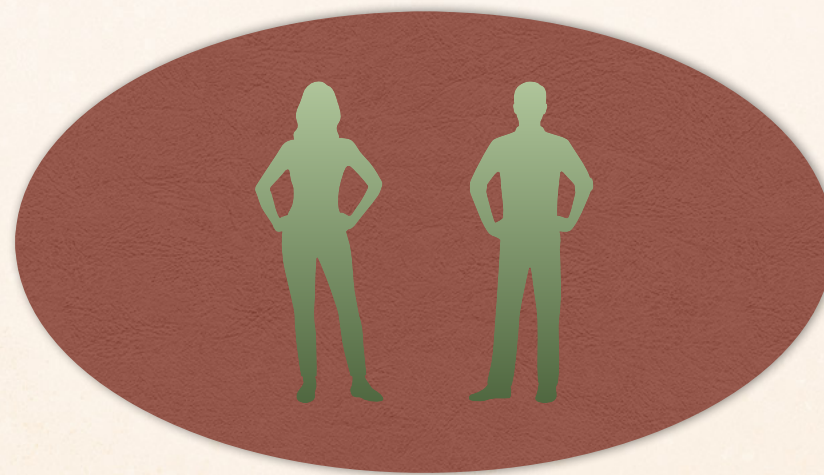
Supervision



Capacity to  
self-reflect



Knowledge of  
Group Process



Interpersonal  
practice skills

Normalizing  
without  
essentializing



Connection  
with group



VERSES

STRUCTURED

Manualized

RESPONSIVE GROUPS

Process-Oriented

Integration of both  
processes



# PUBLIC HEALTH FRAMEWORK

Defining the Target

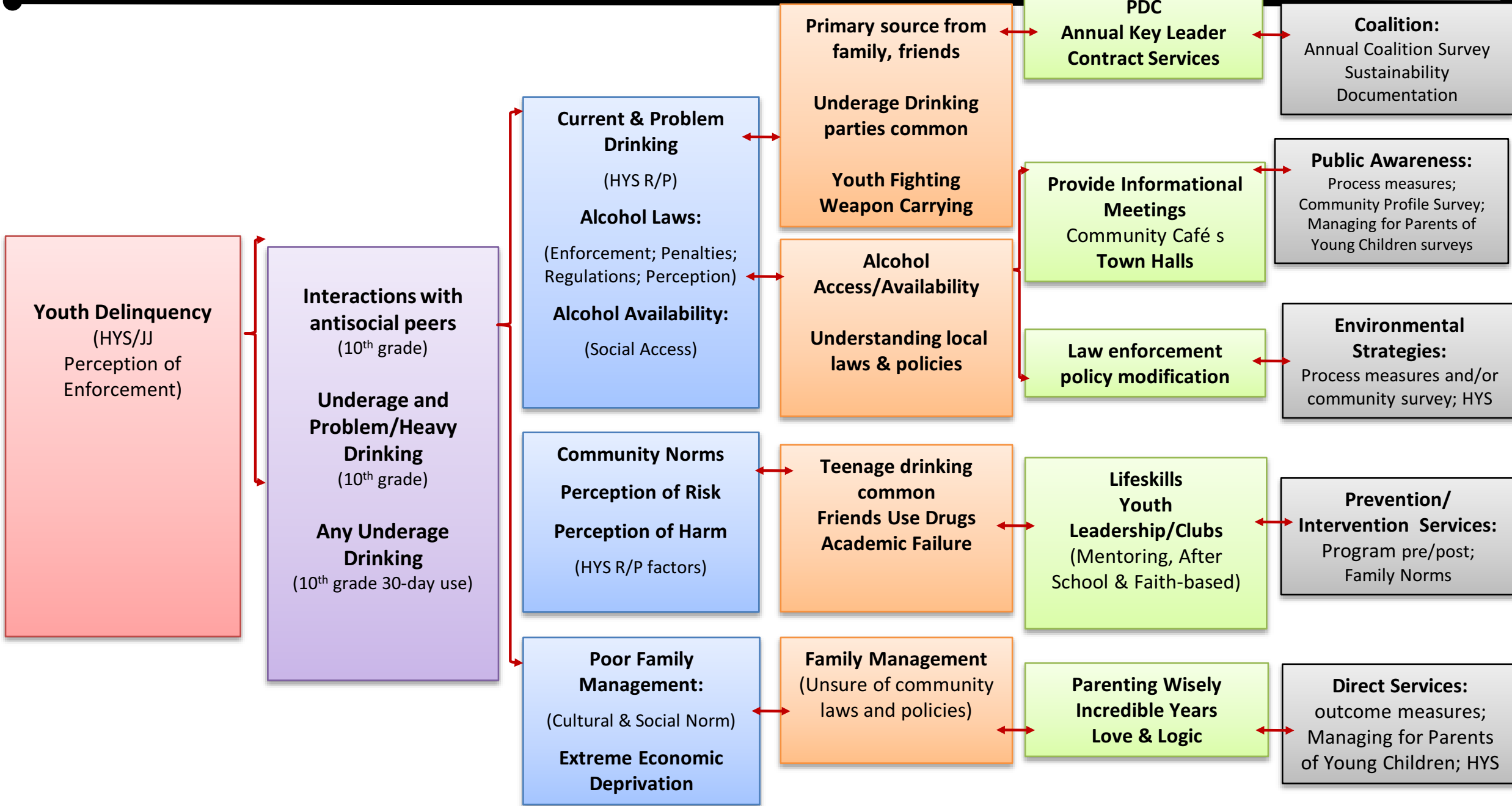
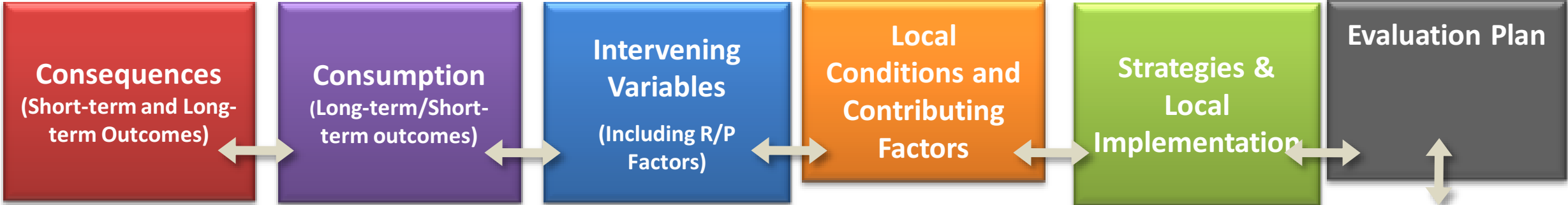
Understanding Risk and Protection

Interrupting Risk and Building Protection

Assessing the Effectiveness of Prevention

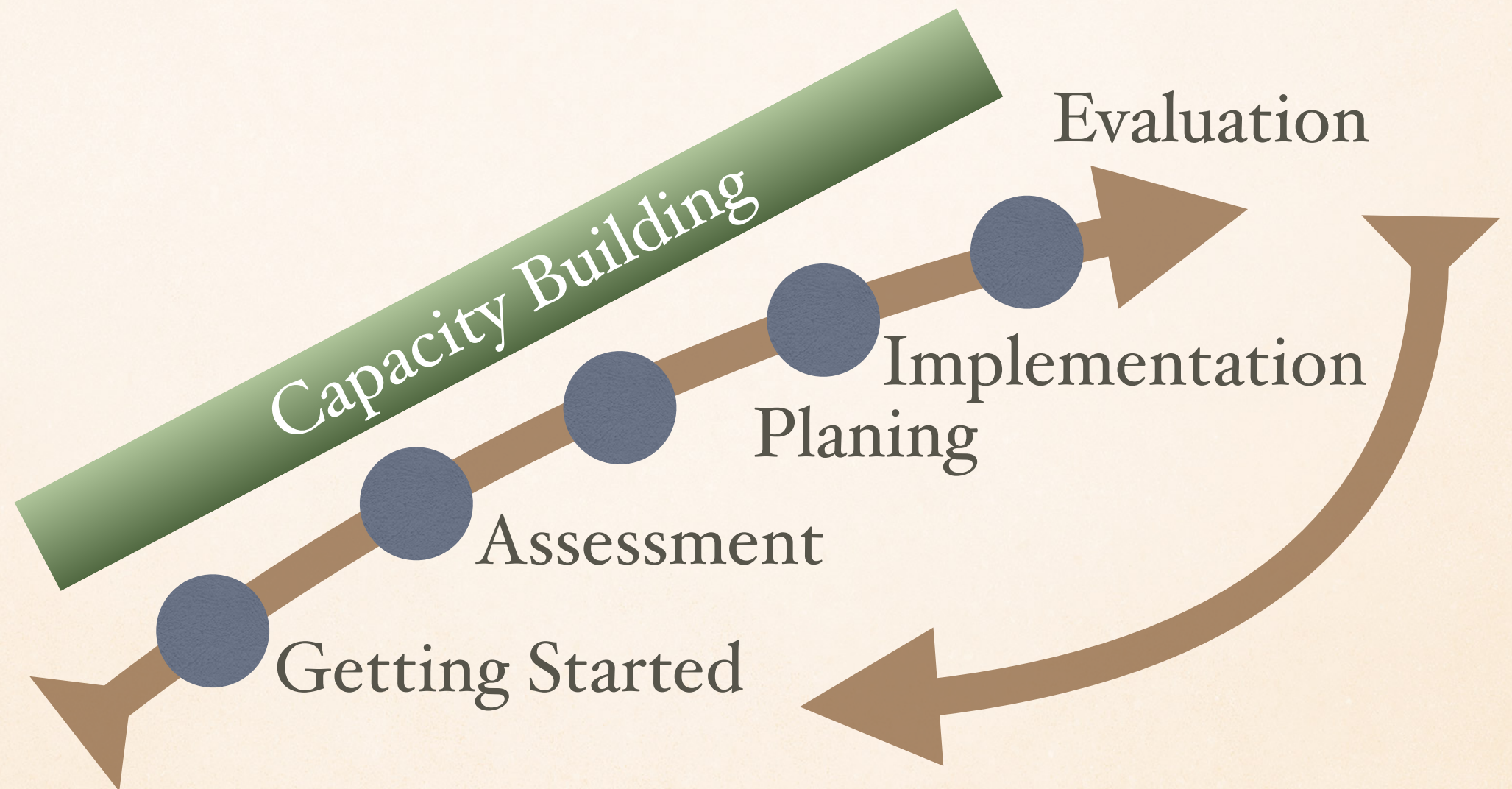


# Pasco Discovery Coalition - Logic Model



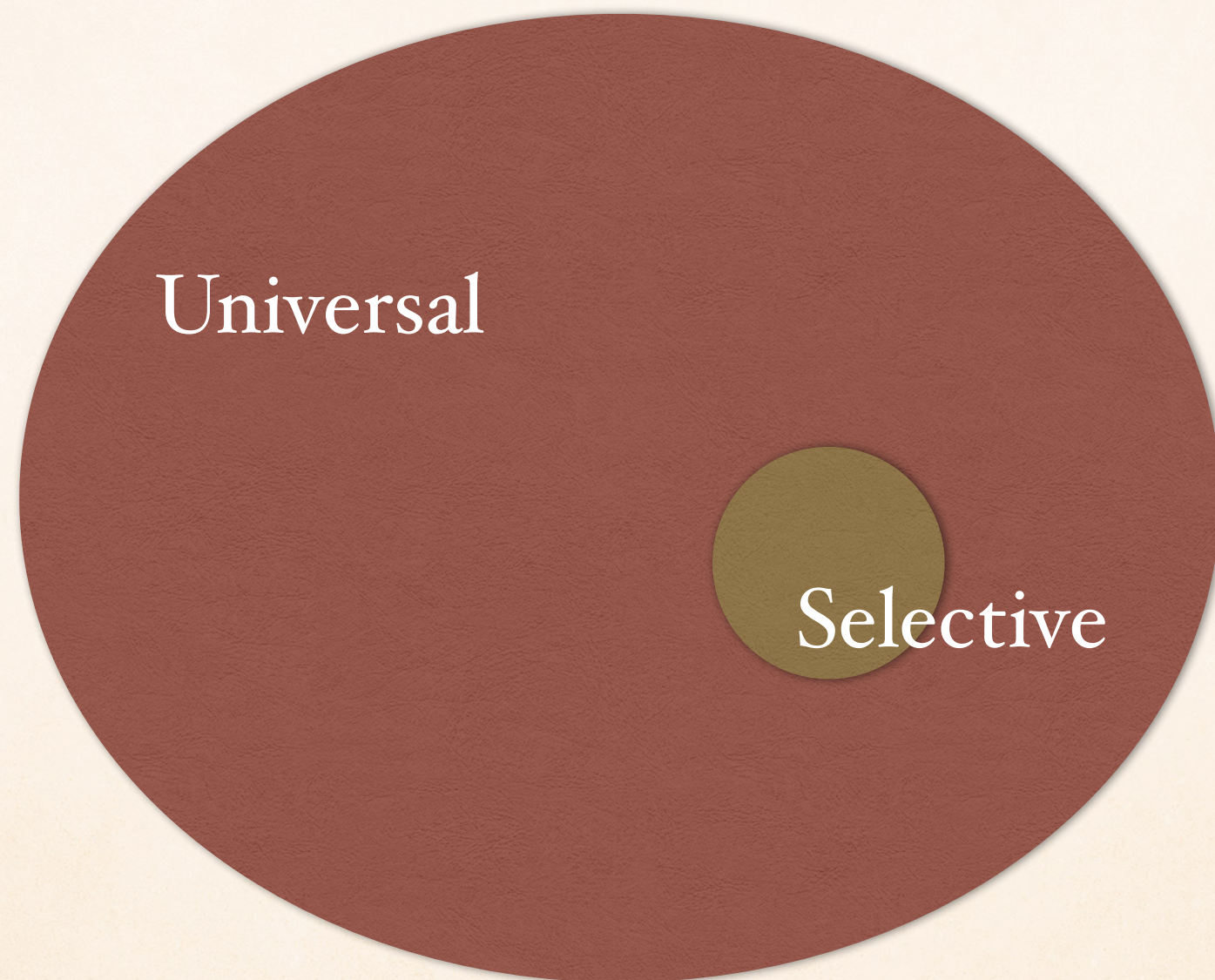


# DBHR CPWI FRAMEWORK





# UNIVERSAL VS SELECTIVE





UNIVERSAL  
VS SELECTIVE

Person-Environment Fit

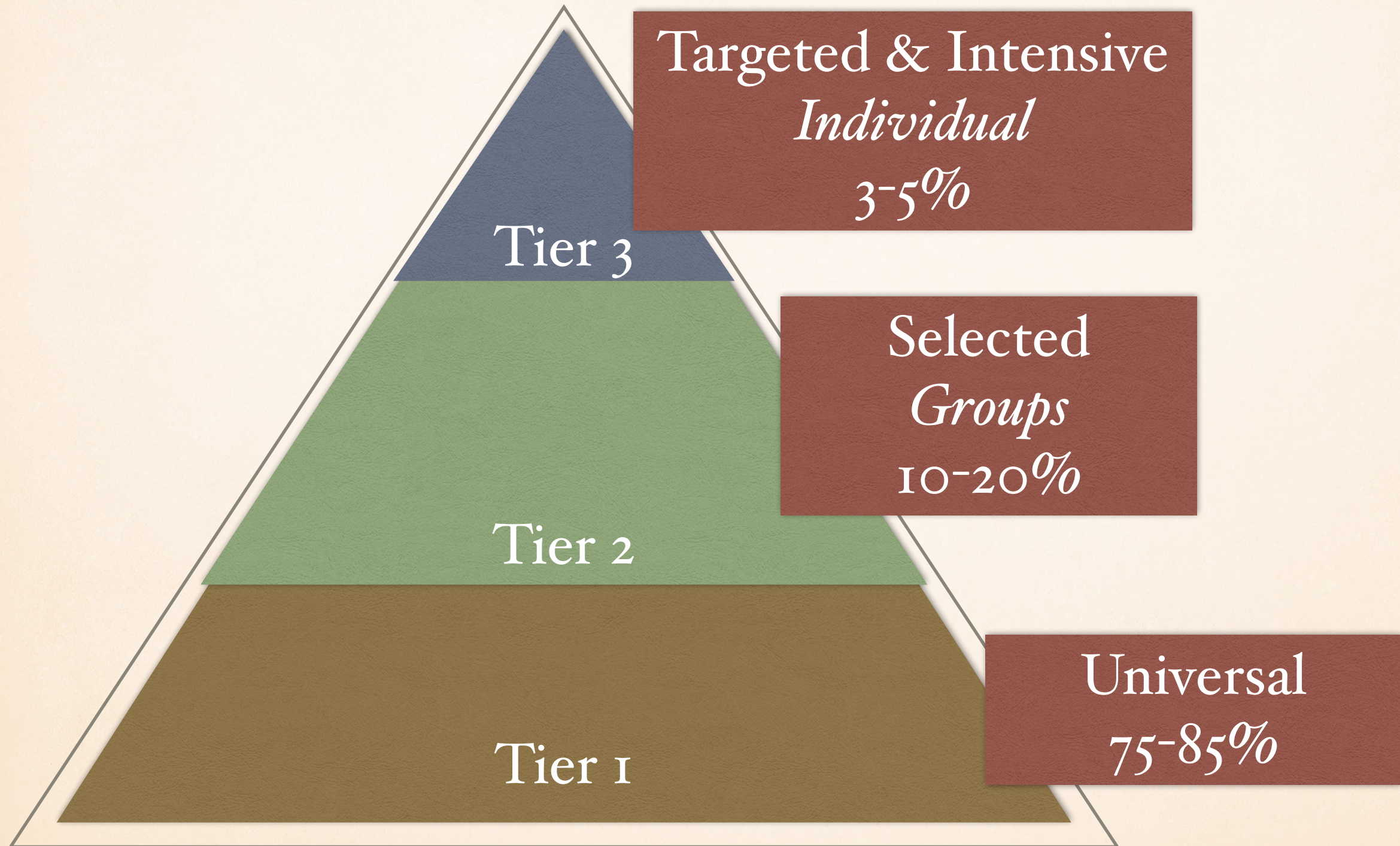
Human Development

Cultural Humility

Indicated

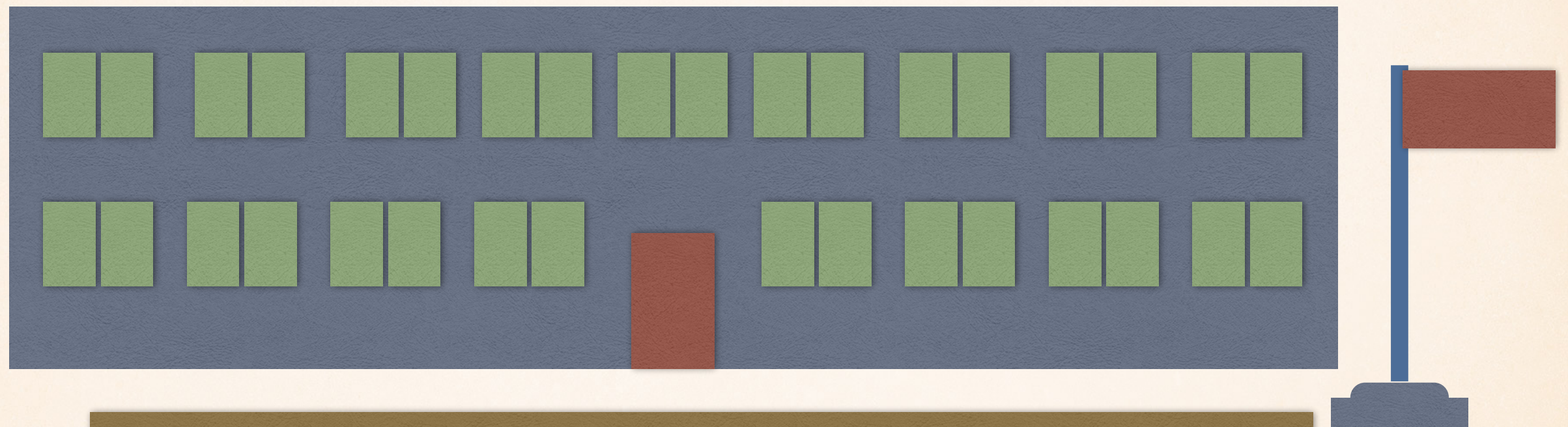


# PBIS PYRAMID





# PLAN A SCHOOL BASED INTERVENTION



- ❖ Defining the Target
- ❖ Understanding Risking and Protection
- ❖ Interrupting Risk and Building Protection
- ❖ Assessing the Effectiveness of Prevention



# PLAN A SCHOOL BASED INTERVENTION

*Mutual Aid*  
*Cognitive Behavioral Group Work*

Self-Help or Support  
Psychoeducation  
Prevention Group





IMPLEMENT IT