



Practicum Seminar II

Week 07 for SOWK 591.1

Agenda

Plan for week 07

Complete Midterm
Feedback

SLED: Planned Change
Process

Mindfulness Activity

Practice Learning
Reflection Group

Learning Objectives

- Students will provide feedback to help guide this course.
- Students will recognize the shared experiences of peers in their practicum and be able to use the group as a method for sharing and problem-solving.
- Students will analyze their practicum experience, reflecting on how it connects to their development and demonstration of competence.
- Students will actively practice a mindfulness activity.
- Students consider the planned change process and how that can be implemented.

As you come in, please
complete both surveys

SOWK 591 Survey



SOWK 596 Survey

Consider site visits
and learning
contracts

Links can
also be
found on
MyHeritage

Planned Change Process

Student **LEd** Discussion

GoNoodle®

Developed by teachers — alongside leading health care professionals — SuperNoodle helps Kindergarten - 5th grade teachers manage the energy in their classrooms.



SuperNoodle For Teachers

Change the energy in your classroom! SuperNoodle focuses on eight core competencies: Connection, Choice, Coping Skills, Creativity, Compassion, Curiosity, Confidence, and Collaboration.

SuperNoodle For Students

SuperNoodle's game-like curriculum — featuring GoNoodle's beloved Champs — makes learning feel fun.

SuperNoodle For Schools + Districts

Education leaders can feel confident in SuperNoodle's emotional literacy curriculum, developed by expert educators and informed by known frameworks such as CASEL and PBIS and delivered in a platform that is easy for teachers and fun for students.

SuperNoodle For Community Health

Now health care systems have a meaningful way to support and invest in the mental health outcomes of preschool - elementary-aged children.



Whale Breath



<https://www.gonoodle.com/videos/ywe97w/whale-breath>

Practice Learning Reflection Group

Group Check-in Question:

What is something you are doing to take care of yourself?

Practicum Discussion:

- Discuss things going on at your practicums.
- Explore client needs and group problem-solving.
- Share about the work you are doing with your clients.

Group Norms

- We will be respectful of each other
- We will approach our dialog with an open mind
- We will engage and fully participate
- We will keep our client's information confidential