

Understanding Family Roles and Potential Problematic Roles

**Fall 2025
SOWK 530
Week 07**

**Jacob Campbell, Ph.D. LICSW
at Heritage University**

Week Seven Plan

Agenda

Content for week seven

Family roles

Dysfunctional family roles

Learning Objectives

- Describe and differentiate types of family roles
- Critically evaluate the concept of dysfunctional family roles and identify the associated roles

Week Seven Content

What You Are Doing This Week

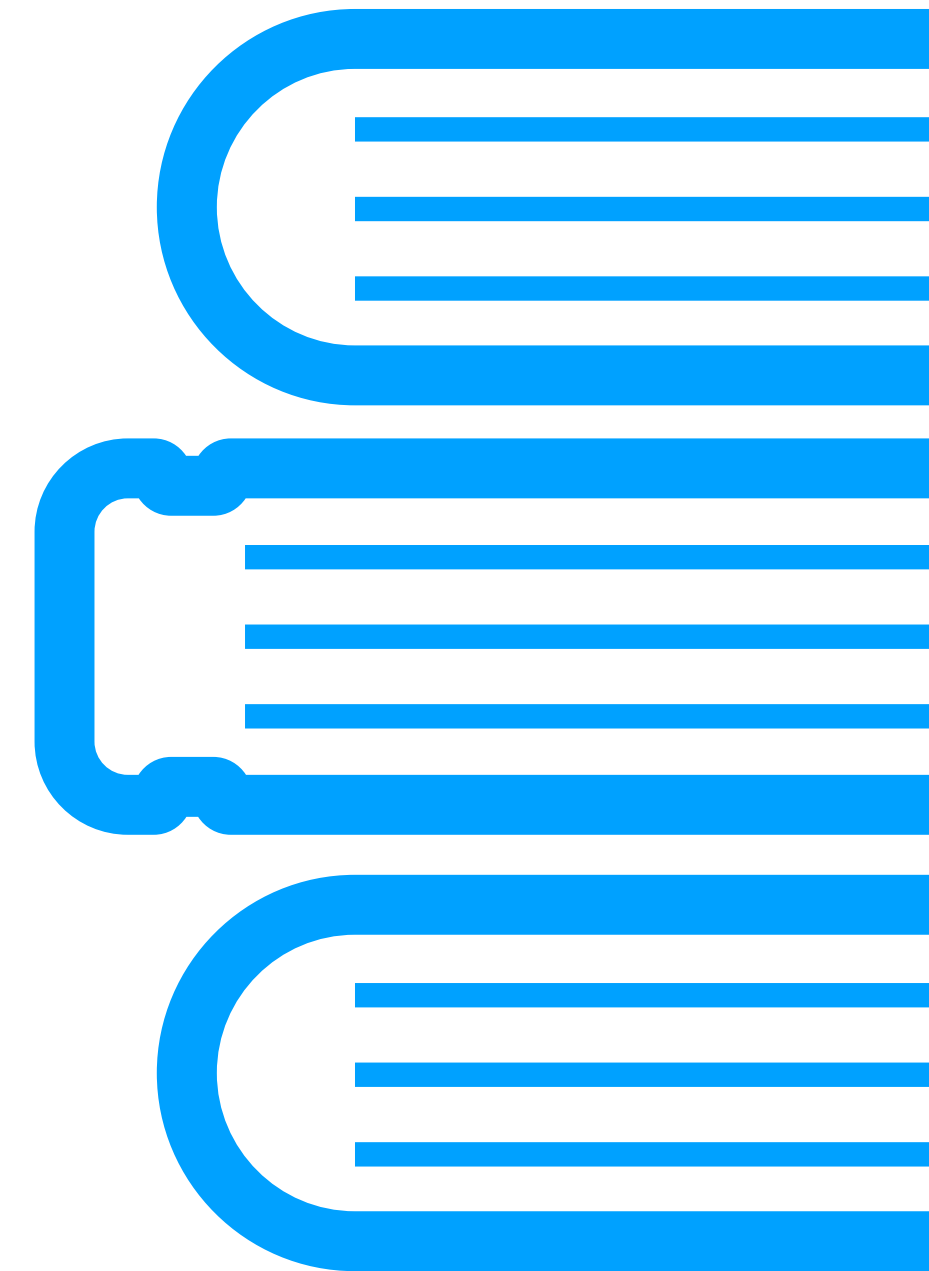
Write five replies

- Chapter 10 Content Discussion
- Family Rule Examples
- Family Systems Framework Assessment
- Factors Included in Assessment
- Communication Styles of Family Members
- Family Verbal and Nonverbal Communication

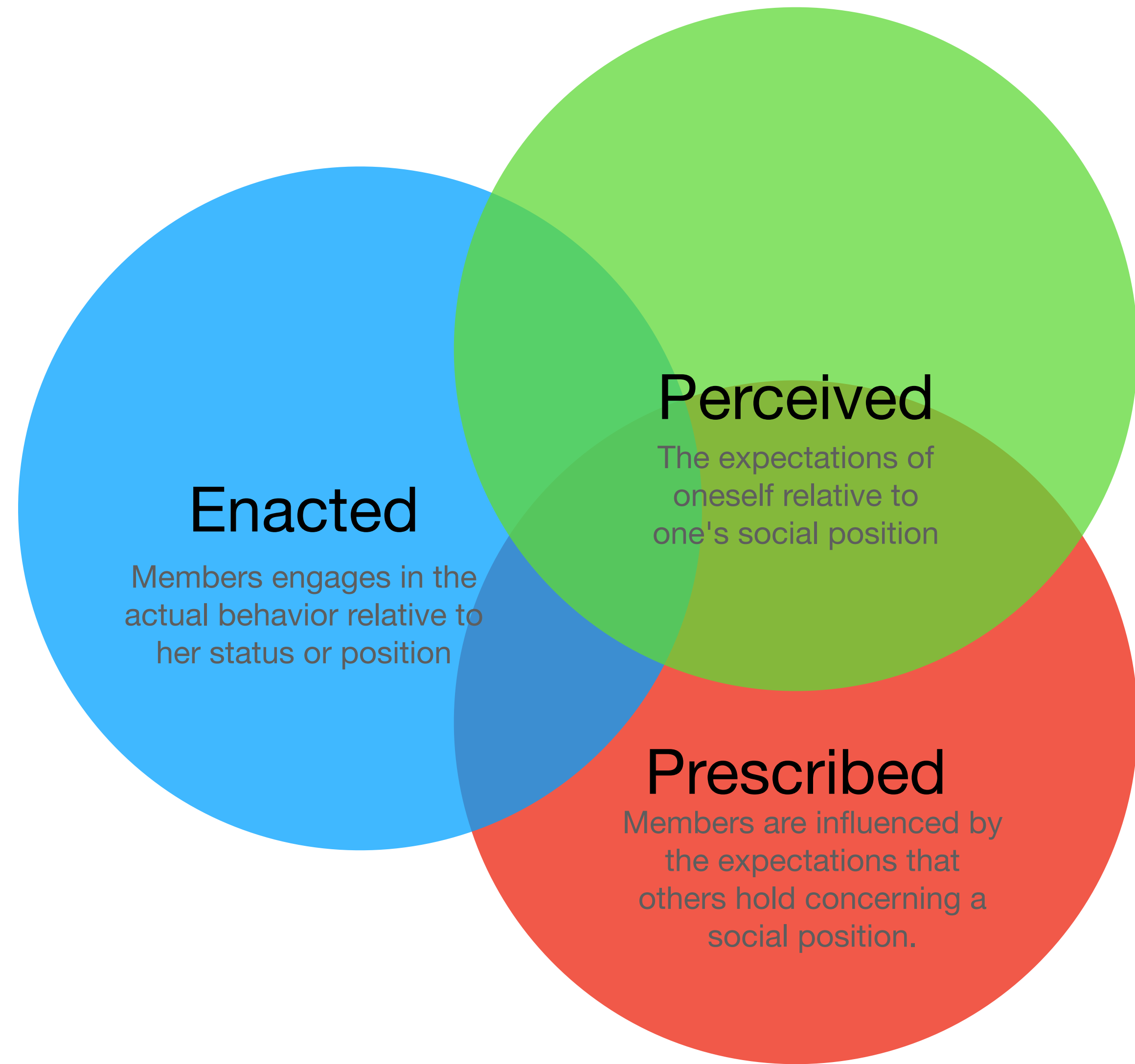
Submit

- Midterm Evaluation
- Assignment 04a:
Interviewing Skills Role-Play

Read Hepworth et al.
(2023) Chapter 10
*Assessing Families
Functioning in Diverse
Family and Cultural
Contexts*



Family Roles



Dysfunctional Family Roles

So common is this model of family dynamics that it has entered into the folk wisdom of the field of substance use counseling and self-help support groups for individuals coping with the long-term effects of growing up with an alcohol-dependent parent.

(Vernig, 2011, p. 535)

Dysfunctional Family Roles





The Addict
"The Victim"

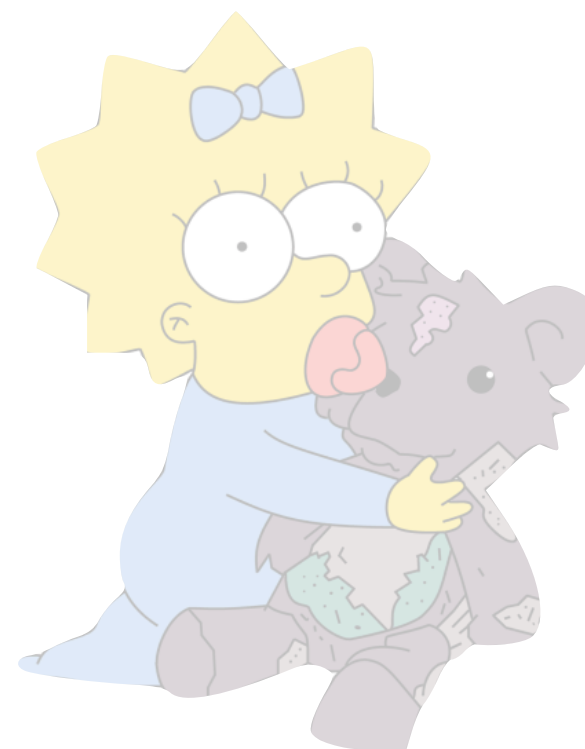


The Mascot



The Caretaker
"The Enabler"

The Lost Child
"Space Cadet"



The Hero
"The Good Child"

The Scapegoat
"The Screw Up"
"The Problem Child"





The Addict
"The Victim"

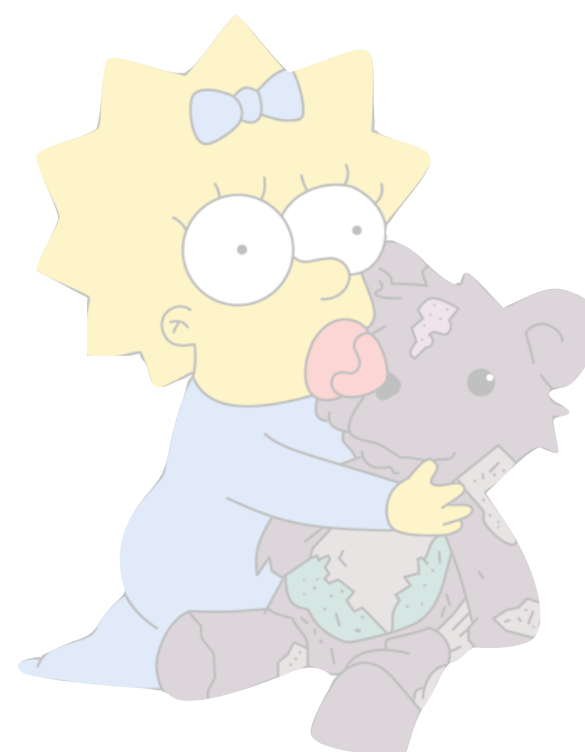


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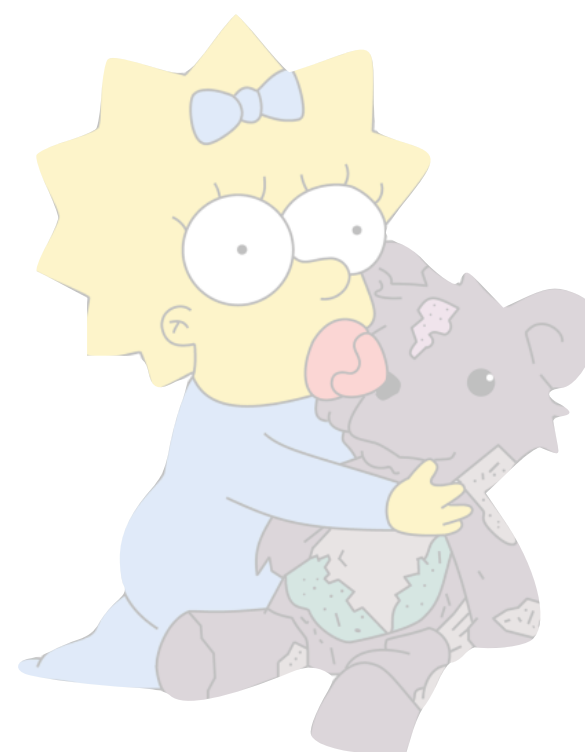


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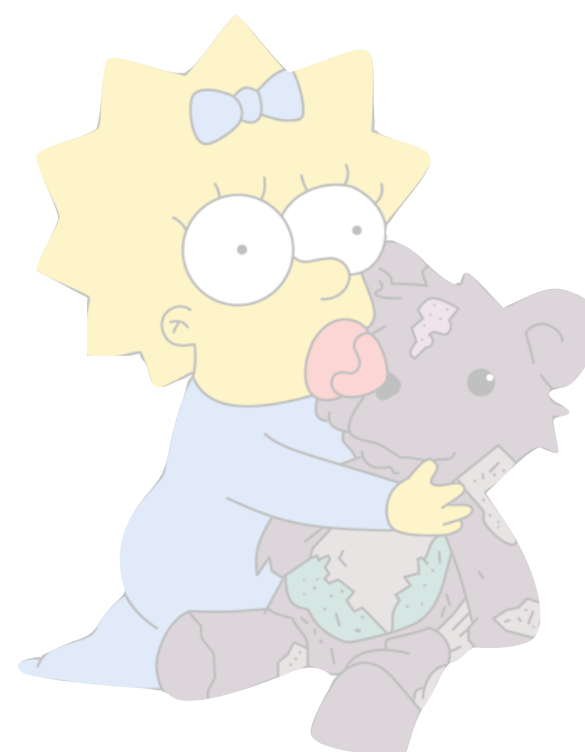


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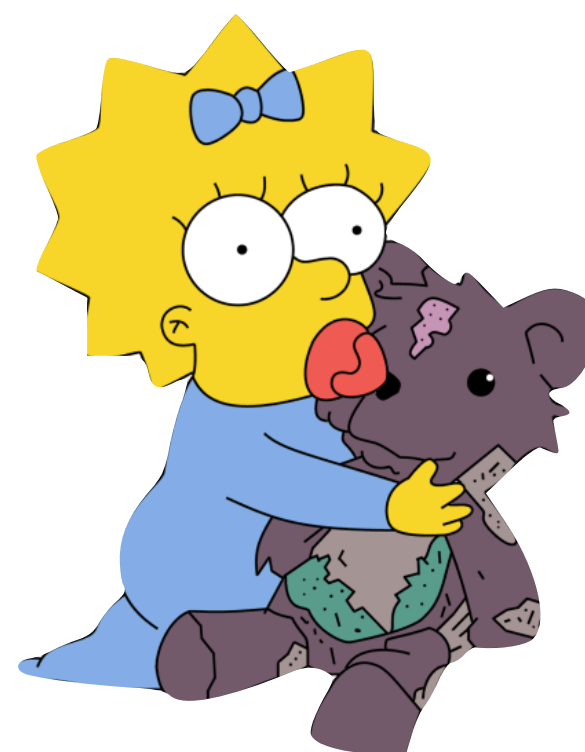


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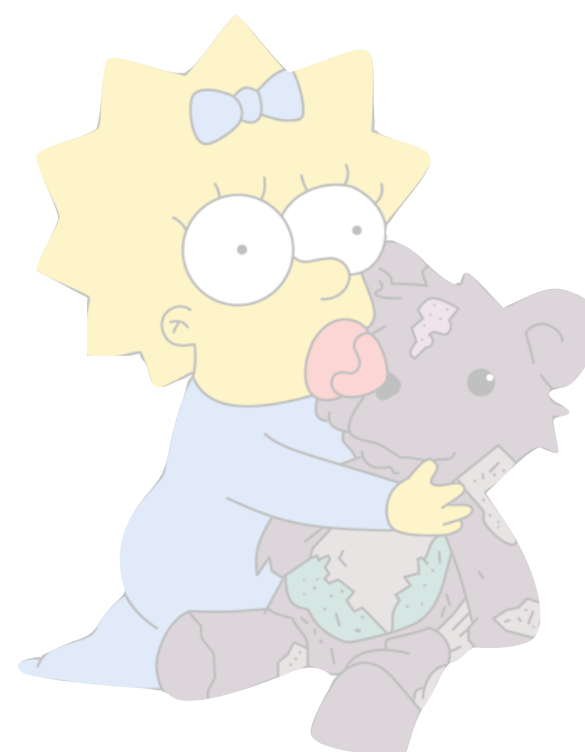


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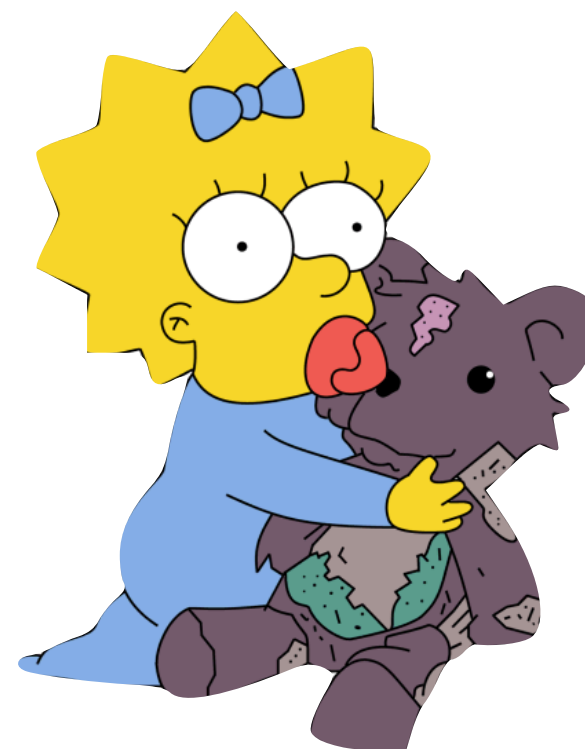


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