

Advocacy and Social Action

with Populations at Risk

Spring 2026 SOWK 531 Week 10
Jacob Campbell, Ph.D. LICSW at Heritage University



Photo by [Nils Huenerfuerst](#) on [Unsplash](#)

Week 10 Plan

Agenda

- Course planning
- Legislative advocacy
- Participation action research

Learning Objectives

- Understand the basic structure of the United States Government and how to engage with the political process.
- Define participatory action research and describe its three core components of participation, research process, and collective action.



Did Not Submit Feedback

6

Submitted Feedback

9



Things Working

- Course content (forums, activities, podcast, lectures, presentations, recorded class sessions)
- Faculty support (responsiveness, feedback, flexibility/care/supportiveness)

Things Not Working

- Textbook reading
- More assignment support (prompts/outlines)
- Forum structure/visuals on presentations?
- Community impact project?

Potential Changes

- Group member feedback form

Midterm Feedback

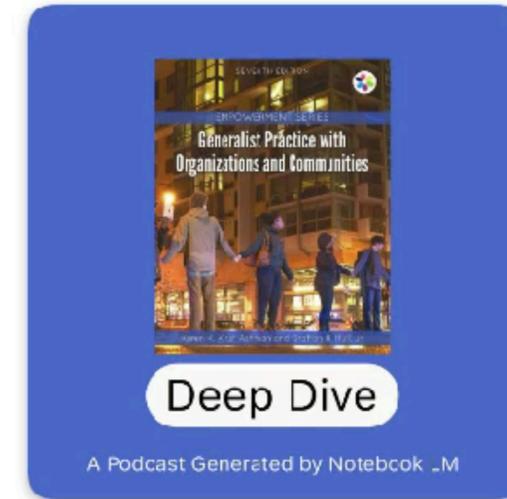




AI Hallucinations & Papers



Spring 2026 SOWK 531
Jacob Campbell, Ph.D. LICSW at Heritage University



Chapter 11: Advocacy and Social Action with Populations at Risk

VSP.INK – DEEP DIVE: KIRST-ASHMAN AND HU...
MARCH 25, 2026



Washington State Legislative

Congress (Washington, D.C.)

Senate: 100 total (Each state has 2 senators)

House of Representatives: 435 total

WA State: 10 Congressional Districts (1 representative for each district)

WA State Legislature (Olympia, WA)

49 legislative districts total

Senate: 49 total

1 member for each legislative district

House of Representatives: 98 total

2 members for each legislative district



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3 branches of government



JUDICIAL

INTERPRETS THE LAW

FEDERAL

Supreme Court (9 justices, nominated by the President, approved by Senate); lower federal courts handle appeals, tax, bankruptcy, etc.

STATE

State Supreme Court, Court of Appeals, trial courts, juvenile courts, family courts.

LOCAL

Municipal courts with specified jurisdictions.



LEGISLATIVE

CREATES THE LAW

FEDERAL

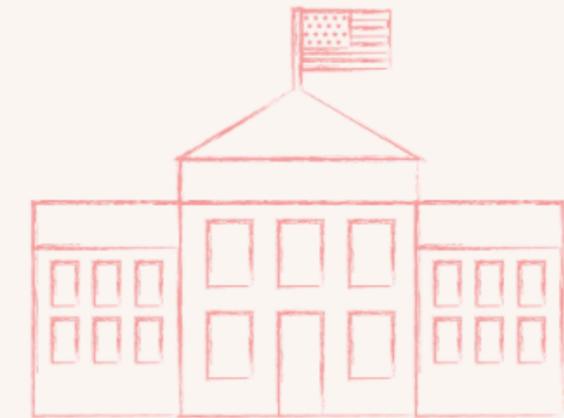
Senate (2 Senators per state) and House (435 voting, 6 nonvoting members, based on state population)

STATE

Bicameral legislative body with House & Senate (except Nebraska, with only Senators)

LOCAL

City councils, varying in size and in structure



EXECUTIVE

ENFORCES THE LAW

FEDERAL

President, Vice President, and 15 Cabinet Members

STATE

Governor, Lieutenant Governor, and State Cabinet Members

LOCAL

Mayor or City Council



Do you know your representatives?

1. Scan QR code
2. Enter your home address
3. Identify your Congressional (federal) representatives
4. Identify your Legislative (state) representatives
5. Share with someone next to you!



<https://app.leg.wa.gov/DistrictFinder/>

The 2026 Regular Session adjourned *sine die* on March 12

Without a day specified for a future meeting



SB 5828 - 2025-26

Concerning the Washington college grant and college bound scholarship program for students attending private four-year not-for-profit institutions of higher education in Washington.

Sponsors: [Nadine Yarnish](#), [Chairman Cameron Curtis](#), [Haley Krishnadasa](#), [Rivelli Trivedi](#), [Wibum C. Companion](#); bill: [HB 2567](#)

Bill status-at-a-glance

As of Friday, March 27, 2026 03:11 PM

Current version: **Substitute - SSB 5828**

Current status: **SRules 3**

[View as substitute](#)

Where is it in the process?



[Go to documents](#)
[Go to videos](#)

Bill history

[View all roll calls on this bill](#)

2026 Regular Session

In the Senate

- Dec 4 Prefiled for introduction.
- Jan 12 First reading, referred to Higher Education & Workforce Development. [View original bill](#)
- Jan 15 Public hearing in the Senate Committee on Higher Education & Workforce Development at 1:30 PM. [Committee materials](#)
- Jan 22 Executive action taken in the Senate Committee on Higher Education & Workforce Development at 1:30 PM. [Committee materials](#)
HEWD - Majority do pass. [Majority report](#)
And refer to Ways & Means.
Minority do not pass. [Minority report](#)
- Jan 23 Referred to Ways & Means.
- Feb 6 Public hearing in the Senate Committee on Ways & Means at 1:30 PM. [Committee materials](#)
- Feb 9 Executive action taken in the Senate Committee on Ways & Means at 10:30 AM. [Committee materials](#)
WM - Majority; 1st substitute bill be substituted, do pass. [View 1st substitute](#) [Majority report](#)
Minority; without recommendation. [Minority report](#)
Passed to Rules Committee for second reading.
- Feb 12 Place on second reading by Rules Committee.
- Feb 17 1st substitute bill substituted (WM26). [View 1st substitute](#)
Rules suspended. Place on Third Reading.
Third reading, passed; yeas, 41; nays, 7; absent, 0 excused, 1. [View 1st roll call](#)

In the House

- Feb 19 First reading, referred to Appropriations.
- Mar 2 Public hearing and executive action taken in the House Committee on Appropriations at 10:00 AM. [Committee materials](#)
APP - Majority; do pass with amendment(s). [Majority report](#)
Referred to Rules 2 Review.
- Mar 12 By resolution, returned to Senate Rules Committee for third reading.

Available documents

For a complete list of documents, go to Detailed Legislative Reports [Text of a legislative document](#).

- Bill documents**
 - [Original bill](#)
 - [Substitute bill](#)
- Bill reports**
 - [Senate bill report \(orig\)](#)
 - [Senate bill report](#)
 - [Substitute Senate bill report](#)
 - [Substitute House bill analysis 2025](#)
 - [Substitute House bill report](#)

Fiscal note

[Get fiscal note](#)

Amendments

Amendment	Number	Sponsor	Type	Description	Action
5328-S AMG RCDLSS002.1	655	Robinson	Floor	Page 2 line 00	Withdrawn 02/17/2026
5328-S AMH APP H0774.1		Appropriations	Committee	Strike	Not considered 03/12/2026
5328-S AMI POLLENB 157	2461	Pollet	Floor	Strike	Not considered 03/12/2026

Available videos

Video links take you to the TVW website. Live video is available at the stated time. Archived video becomes available approximately two hours after the close of the hearing or floor session.

- [Jan 15, 2026 Senate Higher Education & Workforce Development at 1:30 PM](#)
- [Jan 22, 2026 Senate Higher Education & Workforce Development at 1:30 PM](#)
- [Feb 6, 2026 Senate Ways & Means at 1:30 PM](#)
- [Feb 9, 2026 Senate Ways & Means at 10:30 AM](#)

- [Send comment to your legislators](#)
- [Get email notifications](#)
- [RSS notifications](#)
- [See topics related to this bill](#)

Important information about your representatives

Important information about bills

Representative Gloria Mendoza

Assistant Minority Whip

Chamber: House of Representatives | Party: Republican | District: [District 14](#) - Position 1



[Download print quality photo](#)

[Visit Representative Mendoza's website](#)

[About](#) [Contact](#) [Committee membership](#) [Voting records](#) [Bill sponsorship](#)

Contact

[Email Representative Gloria Mendoza](#)

Use our contact form to reach out to the office of Representative Gloria Mendoza to comment on a bill or initiative, or to send another message.

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Phone

[\(360\) 786-7960](#)

Legislative assistant(s)

Lupita Michel

Legislative Assistant

Committee membership

Transportation

House of Representatives
Committee Assistant Ranking Minority Member

Washington-Hyogo Friendship Council

Joint Committee
Committee Member

Postsecondary Education & Workforce

House of Representatives
Committee Member

Environment & Energy

House of Representatives
Committee Member

Sexual Assault Best Practices Advisory Group

Joint Committee
Committee Member

Washington Tourism Marketing Authority Board of Directors

Joint Committee
Committee Alternate

Voting records

Choose a year to see voting records in a new tab.

[2025](#)

Bill sponsorship

To see the bills for which Representative Gloria Mendoza was a primary or secondary sponsor, visit the [bill sponsorship](#) page.

Keeping Up with Information

Local Organizations I Follow

- NASW Washington
- Washington Association of State School Social Workers
- OneAmerica
- Children's Alliance
- WAISN | Washington Immigrant Solidarity Network
- Indivisible

Figure 11.1 Advocacy Organizations

- American Civil Liberties Union
- Child Welfare League of America
- Children's Rights, Inc.
- Children's Defense Fund
- Clean Water Action
- Community Organizations International
- Disabled Peoples' International
- National Center for Youth Law
- National Alliance on Mental Illness
- Occupy Wall Street
- Parents, Families and Friends of Lesbians and Gays (PFLAG)



UW List of Social Justice Organizations in Washington State, sorted by issue.

(Kirst-Ashman & Hull, 2018)



At Risk Groups

Who Do We Advocate For

This is not an exhaustive list of populations that may be at risk. Any marginalized group (i.e., those with less power and viewed as less important in society) is potentially a population at risk. Likewise, any group that other groups in our society believe to be "different" can be victimized. Those differences can be based on skin color, intellectual ability, belief systems, gender, age, sexual orientation, culture, political ideology, or class. (p. 418)

Working in small groups, discuss other potential populations that we can consider an at-risk group

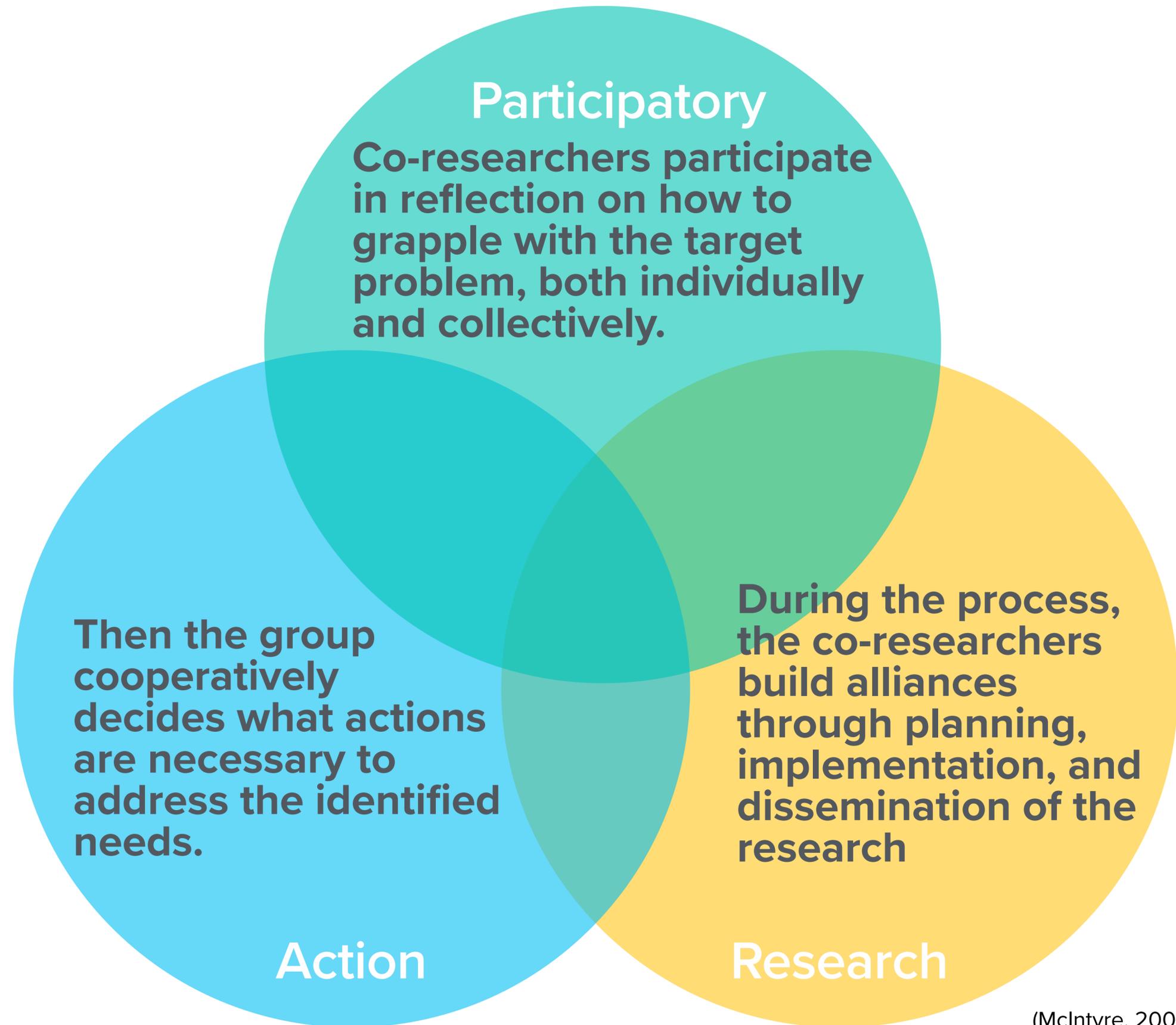
- African Americans
- Hispanic Americans
- First Nations Peoples (Native Americans)
- Asian Americans and Pacific Islanders
- Women
- Lesbian and Gay Persons
- Immigrants and Refugees
- Clients Receiving Public Assistance



WHAT IS PARTICIPATORY ACTION RESEARCH?

PAR is a qualitative methodology that includes collaboration at all levels of the research process and an intention to address a social problem that affects an underserved community.

(Creswell et al., 2007)



(McIntyre, 2008)

1 Orientation:
discussing PAR, its values, tenets, principles, practices, and processes

2 Entry interviews:
Co-researcher voice in developing agendas and describing needs

3 Six co-designed sessions:

- * Understand how trauma impacts students
- * Limiting re-traumatization within the classroom
- * Methods for increasing resiliency factors for students
- * Engaging in self-care and burnout prevention to reduce the impact of secondary trauma
- * Evaluate and implement ideas for promoting systematic changes within a classroom and school-wide
- * Develop a tool or recommendation for how other school staff could create similar growth in other schools



6 Co-Researchers
3 School Social Workers
2 Behavior Interventionist Teachers
1 Para Educator

OVERVIEW OF STUDY PHASES

(Campbell, 2023)

Embed in dialogues



Group Book Study



Self-Care Activity



Exploration, Reflection, and Action



COMPONENTS IN BUILDING A TRAUMA-INFORMED PLC